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# DERIVATION OF THE NONLINEAR BENDING-TORSION THEORY FOR INEXTENSIBLE RODS BY $\Gamma$ -CONVERGENCE

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## 1 Introduction

A fundamental problem in nonlinear elasticity is to understand the relation between three-dimensional theory and lower dimensional theories for domains which are thin in one or more dimensions. The derivation of such theories has a long history with contributions from many authors (we refer to S.S. Antman [1, 2] for a survey about one-dimensional models and a discussion of the history of the subject; see also [7], [11]). The derivations are usually based on some a priori assumptions leading to a variety of lower dimensional theories which are often not consistent with each other.

The starting point of our rigorous approach is the elastic energy

$$E^{(h)}(v) := \int_{\Omega_h} W(\nabla v(z)) dz \quad (1.1)$$

of a deformation  $v \in W^{1,2}(\Omega_h; \mathbb{R}^3)$ , where  $\Omega_h := (0, L) \times hS$  and  $S$  is an open subset of  $\mathbb{R}^2$ . Heuristically one expects that energies  $E^{(h)}$  of order  $h^2$  correspond to stretching and shearing deformations, leading to a *string theory*, while energies of order  $h^4$  correspond to bending flexures and torsions keeping the domain unextended, leading to a *rod theory*. The elastic theory for strings has been rigorously justified by E. Acerbi, G. Buttazzo, D. Percivale in [3] by means of  $\Gamma$ -convergence (see [5] for a comprehensive introduction to  $\Gamma$ -convergence). In this paper we rigorously derive the bending and torsion theory for rods through  $\Gamma$ -convergence. A very different approach to the rod equations, based on centre manifold theory, was pursued by A. Mielke (see [8]). He fixes the cross section and considers the limit  $L \rightarrow \infty$ . For  $\Omega = \mathbb{R} \times S$  he shows that all solutions whose strain is uniformly sufficiently small must lie on a 12-dimensional centre manifold and that the equation on the centre manifold is given by the Timoshenko beam equations. For related results in the context of linear elasticity see [4], [10].

To state our result it is convenient to introduce in (1.1) the following change of variables:

$$z_1 = x_1, \quad z_2 = hx_2, \quad z_3 = hx_3,$$

and to rescale deformations according to  $y(x) := v(z(x))$ , so that  $y$  belongs to  $W^{1,2}(\Omega; \mathbb{R}^3)$ , where  $\Omega := (0, L) \times S$ . We will use the notation

$$\nabla_h y := \left( y_{,1} \mid \frac{1}{h} y_{,2} \mid \frac{1}{h} y_{,3} \right),$$

so that

$$\frac{1}{h^2} E^{(h)}(v) = I^{(h)}(y) := \int_{\Omega} W(\nabla_h y(x)) \, dx.$$

We assume that the stored energy function  $W : \mathbb{M}^{3 \times 3} \rightarrow [0, +\infty]$  satisfies the following assumptions:

- i)  $W \in C^0(\mathbb{M}^{3 \times 3})$ ,  $W$  is of class  $C^2$  in a neighbourhood of  $\text{SO}(3)$ ;
- ii)  $W$  is frame-indifferent, i.e.,  $W(F) = W(RF)$  for every  $F \in \mathbb{M}^{3 \times 3}$  and  $R \in \text{SO}(3)$ ;
- iii)  $W(F) \geq C \, \text{dist}^2(F, \text{SO}(3))$ ,  $W(F) = 0$  if  $F \in \text{SO}(3)$ .

In Theorem 2.1 we show that for any sequence  $(y^{(h)})$  such that

$$\limsup_{h \rightarrow 0} \frac{1}{h^2} I^{(h)}(y^{(h)}) < +\infty,$$

there exists a subsequence such that  $\nabla_h y^{(h)} \rightarrow R$  strongly in  $L^2(\Omega)$ , where  $R = (y_{,1} \mid d_2 \mid d_3)$  and  $(y, d_2, d_3)$  belongs to the class

$$\begin{aligned} \mathcal{A} := \{ & (y, d_2, d_3) \in W^{2,2}(\Omega; \mathbb{R}^3) \times W^{1,2}(\Omega; \mathbb{R}^3) \times W^{1,2}(\Omega; \mathbb{R}^3) : \\ & y, d_2, d_3 \text{ do not depend on } x_2, x_3, \quad |y_{,1}| = |d_2| = |d_3| = 1, \\ & y_{,1} \cdot d_2 = y_{,1} \cdot d_3 = d_2 \cdot d_3 = 0 \}. \end{aligned}$$

In our main theorem (Theorem 3.1) we identify the  $\Gamma$ -limit of the sequence of functionals  $(\frac{1}{h^2} I^{(h)})$  with respect to the weak (and strong) topology of  $W^{1,2}$ . The limiting one-dimensional energy depends on  $(y, d_2, d_3)$  and is of the form

$$I(y, d_2, d_3) := \begin{cases} \frac{1}{2} \int_0^L Q_2(R^T R_{,1}) \, dx_1 & \text{if } (y, d_2, d_3) \in \mathcal{A}, \\ +\infty & \text{otherwise,} \end{cases}$$

where, as above,  $R := (y_{,1} \mid d_2 \mid d_3)$ , while  $Q_2$  is a quadratic form defined through a suitable minimization procedure involving the quadratic form of linearized elasticity  $Q_3(G) := \frac{\partial^2 W}{\partial F^2}(Id)(G, G)$  (see (3.1)). The limiting energy is thus finite only on isometric deformations of  $(0, L)$  and is a quadratic form in the entries of the matrix  $R^T R_{,1}$ . Note that, when  $y \in \mathcal{A}$ ,  $R^T R_{,1}$  is skew-symmetric. For  $k = 2, 3$

we have  $(R^T R_{,1})_{1k} = -(R^T R_{,1})_{k1} = y_{,1} \cdot d_{k,1}$ , and this is related to curvature (and therefore, to bending effects), while  $(R^T R_{,1})_{23} = -(R^T R_{,1})_{32} = d_2 \cdot d_{3,1}$  is related to torsion.

The key ingredient in the proofs is a geometric rigidity result, proved by G. Friesecke, R.D. James, and S. Müller in [6], which guarantees that low energy maps are close to a rigid motion (see Theorem 2.2) and provides the compactness result of Theorem 2.1.

In the last section of the paper we deal with a refined version of the  $\Gamma$ -convergence result: we let the functional  $I^{(h)}$  depend explicitly on some additional variables, as the averaged deformation gradient and the rescaled nonlinear strain. We obtain as  $\Gamma$ -limit a one-dimensional functional with a richer structure and an additional term related to stretching and shearing effects. This term may play a role if we consider for instance deformations of  $\Omega_h$ , whose energy is of order  $h^4$ , but which are only approximately isometries on the boundary.

After this work was finished, we have learnt that similar results have been obtained independently by O. Pantz [9].

## 2 Compactness

In the sequel  $S$  is a bounded open subset of  $\mathbb{R}^2$  with Lipschitz boundary and  $\Omega := (0, L) \times S$ . We denote the variables in  $S$  by  $x_2, x_3$  and we assume that  $\mathcal{L}^2(S) = 1$  and

$$\int_S x_2 x_3 \, dx_2 dx_3 = \int_S x_2 \, dx_2 dx_3 = \int_S x_3 \, dx_2 dx_3 = 0. \quad (2.1)$$

**Theorem 2.1** *Let  $(y^{(h)})$  be a sequence in  $W^{1,2}(\Omega; \mathbb{R}^3)$  such that*

$$\limsup_{h \rightarrow 0} \frac{1}{h^2} \int_{\Omega} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) \, dx < +\infty. \quad (2.2)$$

*Then, there exists a subsequence (not relabelled) such that*

$$\nabla_h y^{(h)} \rightarrow (y_{,1} \mid d_2 \mid d_3) \quad \text{in } L^2(\Omega), \quad (2.3)$$

*where  $y \in W^{2,2}(\Omega; \mathbb{R}^3)$ ,  $d_2, d_3 \in W^{1,2}(\Omega; \mathbb{R}^3)$ . Moreover,  $(y_{,1} \mid d_2 \mid d_3) \in \text{SO}(3)$  a.e. and is independent of  $x_2, x_3$ .*

The key ingredient in the proof is the following rigidity result, proved by G. Friesecke, R.D. James, and S. Müller in [6].

**Theorem 2.2** *Let  $U$  be a bounded Lipschitz domain in  $\mathbb{R}^n$ ,  $n \geq 2$ . Then there exists a constant  $C(U)$  with the following property: for every  $v \in W^{1,2}(U; \mathbb{R}^n)$  there is an associated rotation  $R \in \text{SO}(n)$  such that*

$$\|\nabla v - R\|_{L^2(U)} \leq C(U) \|\text{dist}(\nabla v, \text{SO}(n))\|_{L^2(U)}. \quad (2.4)$$

PROOF OF THEOREM 2.1. – The argument follows closely the proof of Theorem 4.1 in [6]. We include the details for the convenience of the reader. For every  $h > 0$  let  $k_h \in \mathbb{N}$  be such that  $h \leq L/k_h < 2h$ , and let

$$I_{a,k_h} := \left(a, a + \frac{L}{k_h}\right), \quad a \in [0, L) \cap \frac{L}{k_h}\mathbb{N}. \quad (2.5)$$

By applying Theorem 2.2 to the function  $v^{(h)}(z) := y^{(h)}(z_1, \frac{z_2}{h}, \frac{z_3}{h})$  restricted to the set  $(a, a+2h) \times S_h$  (when  $a < L - L/k_h$ ; to the set  $(L-2h, L) \times S_h$ , otherwise), we have that there exists a piecewise constant map  $R^{(h)} : [0, L] \rightarrow \text{SO}(3)$  such that

$$\int_{I_{a,k_h} \times S} |\nabla_h y^{(h)} - R^{(h)}|^2 dx \leq C \int_{(a,a+2h) \times S} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx, \quad (2.6)$$

(when  $a = L - L/k_h$  just replace the interval  $(a, a+2h)$  by  $(L-2h, L)$  in the second integral above). Summing over  $a$ , we obtain

$$\int_{\Omega} |\nabla_h y^{(h)} - R^{(h)}|^2 dx \leq C \int_{\Omega} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx \leq Ch^2. \quad (2.7)$$

Let now  $a \in [0, L) \cap \frac{L}{k_h}\mathbb{N}$  be such that  $(a, a+4h) \subset (0, L)$  and let  $b = a + L/k_h$ . Then, using the fact that  $I_{a,k_h}, I_{b,k_h}$  are contained in  $(a, a+4h)$ , the estimate (2.7), and its analog for the set  $(a, a+4h) \times S$ , we have

$$\frac{L}{k_h} |R^{(h)}(a) - R^{(h)}(b)|^2 \leq C \int_{(a,a+4h) \times S} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx.$$

Since  $R^{(h)}$  is piecewise constant, the inequality above can be rewritten as

$$\int_{I_{a,k_h}} |R^{(h)}(x_1) - R^{(h)}(x_1 + L/k_h)|^2 dx_1 \leq C \int_{(a,a+4h) \times S} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx.$$

Hence for every  $0 \leq \xi \leq L/k_h$ ,

$$\int_{I_{a,k_h}} |R^{(h)}(x_1 + \xi) - R^{(h)}(x_1)|^2 dx_1 \leq C \int_{(a,a+4h) \times S} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx. \quad (2.8)$$

In the same way one can show that for every  $a$  such that  $(a-2h, a+2h) \subset (0, L)$  and for every  $L/k_h \leq \xi \leq 0$ ,

$$\int_{I_{a,k_h}} |R^{(h)}(x_1 + \xi) - R^{(h)}(x_1)|^2 dx_1 \leq C \int_{(a-2h, a+2h) \times S} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx. \quad (2.9)$$

Now let  $I'$  be an open interval compactly contained in  $(0, L)$  and let  $\xi \in \mathbb{R}$  satisfy  $|\xi| \leq \text{dist}(I', \{0, L\})$ . Then iterative applications of the estimates (2.8) and (2.9) yield

$$\begin{aligned} \int_{I'} |R^{(h)}(x_1 + \xi) - R^{(h)}(x_1)|^2 dx_1 \\ \leq C \left( \frac{|\xi|}{h} + 1 \right)^2 \int_{\Omega} \text{dist}^2(\nabla_h y^{(h)}, \text{SO}(3)) dx \leq C(|\xi| + h)^2. \end{aligned} \quad (2.10)$$

Using the Fréchet-Kolmogorov criterion, one can deduce from this estimate that for any sequence  $h_j \rightarrow 0$  there exists a subsequence of  $(R^{(h_j)})$  strongly converging in  $L^2(I')$  to some  $\overline{R} \in L^2(I')$  with  $\overline{R}(x_1) \in \text{SO}(3)$  for a.e.  $x_1 \in I'$ .

From the bound (2.2) it follows that, up to subsequences,  $(\nabla_{h_j} y^{(h_j)})$  converges weakly in  $L^2(\Omega)$  to  $(y_{,1} | d_2 | d_3)$ . By (2.7) we have that  $R^{(h_j)} - \nabla_{h_j} y^{(h_j)} \rightarrow 0$  strongly in  $L^2(\Omega)$ , so that  $(y_{,1} | d_2 | d_3) = \overline{R}$  a.e. on  $I' \times S$ . In particular,  $(y_{,1} | d_2 | d_3)$  depends only on  $x_1$  and belongs to  $\text{SO}(3)$  for a.e.  $x_1 \in I'$ . Since  $I'$  is an arbitrary compact interval contained in  $(0, L)$ , the properties above hold in the whole  $(0, L)$ . Since  $\text{dist}(\nabla_{h_j} y^{(h_j)}, \text{SO}(3))$  tends to 0 in  $L^2(\Omega)$ , we have that  $|\nabla_{h_j} y^{(h_j)}|^2 \rightarrow 3 = |\overline{R}|^2$  in  $L^1(\Omega)$ , so that  $\|\nabla_{h_j} y^{(h_j)}\|_{L^2(\Omega)}$  converges to  $\|\overline{R}\|_{L^2(\Omega)}$ , which together with weak convergence in  $L^2(\Omega)$  implies strong convergence in  $L^2(\Omega)$ . Hence, by (2.7) the sequence  $(R^{(h)})$  is in fact converging to  $\overline{R}$  strongly in  $L^2(0, L)$ .

Finally, passing to the limit in (2.10) as  $h \rightarrow 0$ , we obtain

$$\int_{I'} \frac{|(y_{,1} | d_2 | d_3)(x_1 + \xi) - (y_{,1} | d_2 | d_3)(x_1)|^2}{|\xi|^2} dx_1 \leq C,$$

which implies  $(y_{,1} | d_2 | d_3) \in W^{1,2}(I'; \mathbb{M}^{3 \times 3})$ . Since  $C$  is independent of  $I'$ , we actually have that  $(y_{,1} | d_2 | d_3) \in W^{1,2}((0, L); \mathbb{M}^{3 \times 3})$ .  $\square$

### 3 $\Gamma$ -convergence

**Theorem 3.1** *As  $h \rightarrow 0$ , the functionals  $\frac{1}{h^2} I^{(h)}$  are  $\Gamma$ -convergent to the functional  $I$  given below, in the following sense:*

(i) (liminf inequality) *for every sequence of positive  $(h_j)$  converging to 0 and for every sequence  $(y^{(h_j)}) \subset W^{1,2}(\Omega; \mathbb{R}^3)$  such that  $y^{(h_j)} \rightarrow y$  in  $W^{1,2}$  and  $(\frac{1}{h_j} y_{,2}^{(h_j)}, \frac{1}{h_j} y_{,3}^{(h_j)}) \rightarrow (d_2, d_3)$  in  $L^2$ ,*

$$I(y, d_2, d_3) \leq \liminf_{j \rightarrow \infty} \frac{1}{h_j^2} I^{(h_j)}(y^{(h_j)});$$

(ii) (limsup inequality) *for every sequence of positive  $(h_j)$  converging to 0 and for every  $y \in W^{1,2}(\Omega; \mathbb{R}^3)$ ,  $d_2, d_3 \in L^2(\Omega; \mathbb{R}^3)$  there exists a sequence  $(y^{(h_j)}) \subset$*

$W^{1,2}(\Omega; \mathbb{R}^3)$  such that  $y^{(h_j)} \rightarrow y$  in  $W^{1,2}$ ,  $(\frac{1}{h_j}y_{,2}^{(h_j)}, \frac{1}{h_j}y_{,3}^{(h_j)}) \rightarrow (d_2, d_3)$  in  $L^2$ , and

$$\limsup_{j \rightarrow \infty} \frac{1}{h_j^2} I^{(h_j)}(y^{(h_j)}) = I(y, d_2, d_3).$$

The limit functional is defined as

$$I(y, d_2, d_3) := \begin{cases} \frac{1}{2} \int_0^L Q_2(R^T R_{,1}) dx_1 & \text{if } (y, d_2, d_3) \in \mathcal{A}, \\ +\infty & \text{otherwise,} \end{cases}$$

where  $R := (y, 1 \mid d_2 \mid d_3)$ , while the class  $\mathcal{A}$  is given by

$$\begin{aligned} \mathcal{A} := \{ (y, d_2, d_3) \in W^{2,2}(\Omega; \mathbb{R}^3) \times W^{1,2}(\Omega; \mathbb{R}^3) \times W^{1,2}(\Omega; \mathbb{R}^3) : \\ y, d_2, d_3 \text{ do not depend on } x_2, x_3, \quad |y_{,1}| = |d_2| = |d_3| = 1, \\ y_{,1} \cdot d_2 = y_{,1} \cdot d_3 = d_2 \cdot d_3 = 0 \}. \end{aligned}$$

The quadratic form  $Q_2 : \mathbb{M}_{skew}^{3 \times 3} \rightarrow [0, +\infty)$  is defined as

$$Q_2(A) := \min_{\alpha \in W^{1,2}(S; \mathbb{R}^3)} \int_S Q_3 \left( A \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} \middle| \alpha_{,2} \middle| \alpha_{,3} \right) dx_2 dx_3, \quad (3.1)$$

while

$$Q_3(G) = \frac{\partial^2 W}{\partial F^2}(Id)(G, G)$$

is twice the quadratic form of linearized elasticity.

**Remark 3.2** The result of the theorem remains valid if we replace the strong convergence in  $W^{1,2}$  and  $L^2$  of the sequences  $(y^{(h)})$  and  $(\frac{1}{h}y_{,2}^{(h)}, \frac{1}{h}y_{,3}^{(h)})$  by the weak convergence in the same spaces, as shown in the proof.

**Remark 3.3** Notice that when  $y \in \mathcal{A}$ , the matrix  $R$  belongs to  $SO(3)$ , so that  $R^T R_{,1}$  is skew-symmetric.

**Remark 3.4 (Euler-Lagrange equations)** By standard arguments one can prove that the minimum problem in (3.1) has a solution; indeed, it is easy to show that the minimum can be equivalently computed on the class of functions

$$V := \left\{ \alpha \in W^{1,2}(S; \mathbb{R}^3) : \int_S \alpha dx_2 dx_3 = \int_S \nabla \alpha dx_2 dx_3 = 0 \right\},$$

where the fact that  $Q_3$  is strictly positive definite on symmetric matrices is enough to guarantee compactness with respect to the weak topology of  $W^{1,2}$ . Moreover, the functional to minimize is lower semicontinuous with respect to this topology. The strict convexity of  $Q_3$  on symmetric matrices ensures also that the minimizer is unique in  $V$ .



In order to derive the Euler-Lagrange equations associated to the minimum problem, it is convenient to introduce some notation. Given a matrix  $G \in \mathbb{M}_{sym}^{3 \times 3}$ , we denote its entries as follows:

$$G = \begin{pmatrix} g_1 & g_2 & g_3 \\ g_2 & g_4 & g_5 \\ g_3 & g_5 & g_6 \end{pmatrix},$$

and we write the quadratic form  $Q_3$  in the following way:

$$Q_3(G) = \sum_{i,j \in \{1,4,6\}} \frac{1}{2} q_{ij} g_i g_j + \sum_{i,j \in \{2,3,5\}} 2q_{ij} g_i g_j + \sum_{i \in \{1,4,6\}} \sum_{j \in \{2,3,5\}} 2q_{ij} g_i g_j.$$

Note that the matrix  $Q := (q_{ij})_{i,j=1,\dots,6}$  is positive definite. If  $M$  is a matrix in  $\mathbb{M}^{n \times m}$ , we denote by  $M_{i_1 i_2}^{j_1 j_2}$  the  $(2 \times 2)$ -submatrix of  $M$  given by the  $i_1, i_2$ -th rows and the  $j_1, j_2$ -th columns of  $M$ . Using this notation one can show that the minimizer  $\alpha \in V$  of the problem (3.1) must satisfy the following Euler-Lagrange equations:

$$\begin{cases} \operatorname{div}(Q_{23}^{23} \nabla \alpha_1 + Q_{23}^{45} \nabla \alpha_2 + Q_{23}^{56} \nabla \alpha_3) = -a_{12} q_{12} - a_{13} q_{13} \\ \operatorname{div}(Q_{45}^{23} \nabla \alpha_1 + Q_{45}^{45} \nabla \alpha_2 + Q_{45}^{56} \nabla \alpha_3) = -a_{12} q_{14} - a_{13} q_{15} + a_{23}(q_{34} - q_{25}) \text{ in } S, \\ \operatorname{div}(Q_{56}^{23} \nabla \alpha_1 + Q_{56}^{45} \nabla \alpha_2 + Q_{56}^{56} \nabla \alpha_3) = -a_{12} q_{15} - a_{13} q_{16} + a_{23}(q_{35} - q_{26}) \end{cases} \quad (3.2)$$

with the following boundary conditions:

$$\begin{cases} (Q_{23}^{23} \nabla \alpha_1 + Q_{23}^{45} \nabla \alpha_2 + Q_{23}^{56} \nabla \alpha_3) \cdot \nu = -n_{23} \cdot \nu \\ (Q_{45}^{23} \nabla \alpha_1 + Q_{45}^{45} \nabla \alpha_2 + Q_{45}^{56} \nabla \alpha_3) \cdot \nu = -n_{45} \cdot \nu \\ (Q_{56}^{23} \nabla \alpha_1 + Q_{56}^{45} \nabla \alpha_2 + Q_{56}^{56} \nabla \alpha_3) \cdot \nu = -n_{56} \cdot \nu \end{cases} \text{ on } \partial S, \quad (3.3)$$

where we have set  $n_{ij}(x_2, x_3) := (a_{12}x_2 + a_{13}x_3)(q_{1i}, q_{1j}) + a_{23}Q_{ij}^{23}(x_3, -x_2)$ . It is clear that any solution  $\alpha$  to (3.2)-(3.3) depends linearly on the entries  $(a_{ij})$  of  $A$ . Hence  $Q_2$  is in fact a quadratic form of  $A$ .

The formulae (3.2) and (3.3) simplify considerably if  $W$  is isotropic or if  $\Omega$  has circular cross section (see Remarks 3.5 and 3.6 below).

PROOF OF THEOREM 3.1. – (i) Let  $(h_j)$  be a positive sequence converging to 0 and let  $(y^{(h_j)})$  be a sequence in  $W^{1,2}(\Omega; \mathbb{R}^3)$  such that  $(y^{(h_j)}) \rightharpoonup y$  in  $W^{1,2}$ ,  $(\frac{1}{h_j}y_{,2}^{(h_j)}, \frac{1}{h_j}y_{,3}^{(h_j)}) \rightharpoonup (d_2, d_3)$  in  $L^2$ , and

$$\liminf_{j \rightarrow \infty} \frac{1}{h_j^2} I^{(h_j)}(y^{(h_j)}) < +\infty.$$

Passing to a subsequence if needed, we can assume that  $\lim_{j \rightarrow \infty} \frac{1}{h_j^2} I^{(h_j)}(y^{(h_j)})$  exists and equals  $\liminf_{j \rightarrow \infty} \frac{1}{h_j^2} I^{(h_j)}(y^{(h_j)})$ .

By the proof of Theorem 2.1 we can construct a piecewise constant approximation  $R^{(h_j)} : (0, L) \rightarrow \text{SO}(3)$  satisfying (2.7). We consider the function  $G^{(h_j)} : \Omega \rightarrow \mathbb{M}^{3 \times 3}$  defined as

$$G^{(h_j)}(x) := \frac{R^{(h_j)}(x_1)^T \nabla_{h_j} y^{(h_j)}(x) - Id}{h_j}. \quad (3.4)$$

It follows from (2.7) that the  $L^2$ -norm of  $G^{(h_j)}$  in  $\Omega$  is bounded; therefore, up to subsequences, there exists  $G \in L^2(\Omega; \mathbb{M}^{3 \times 3})$  such that

$$G^{(h_j)} \rightharpoonup G \quad \text{in } L^2(\Omega). \quad (3.5)$$

By expanding  $W$  around the identity and by using the frame-indifference of  $W$  one can show that

$$\liminf_{j \rightarrow \infty} \frac{1}{h_j^2} \int_{\Omega} W(\nabla_{h_j} y^{(h_j)}) dx \geq \frac{1}{2} \int_{\Omega} Q_3(G) dx \quad (3.6)$$

(see the analogous argument in the proof of Theorem 6.1-(i) in [6]).

Now the main point is to identify  $G$  in terms of  $y, d_2, d_3$ . Let  $G_1^{(h_j)}$  and  $G_1$  denote the first column of  $G^{(h_j)}$  and  $G$ , respectively, and consider the difference quotients in the  $x_k$ -direction with  $k = 2, 3$ :

$$\begin{aligned} H_k^{(h_j)}(x) &:= \frac{G_1^{(h_j)}(x + te_k) - G_1^{(h_j)}(x)}{t} \\ &= R^{(h_j)}(x_1)^T \frac{y_{,1}^{(h_j)}(x + te_k) - y_{,1}^{(h_j)}(x)}{th_j}. \end{aligned}$$

Let  $S'$  be a compact subset of  $S$ , let  $t$  be such that  $|t| < \text{dist}(S', \partial S)$ , and let  $\Omega' := (0, L) \times S'$ . From (3.5) it follows that  $H_k^{(h_j)} \rightharpoonup H_k$  in  $L^2(\Omega')$ , where

$$H_k(x) := \frac{G_1(x + te_k) - G_1(x)}{t}.$$

From the proof of Theorem 2.1 we know that  $(R^{(h_j)})$  converges in  $L^2(\Omega)$  to  $R = (y_{,1} | d_2 | d_3)$ ; therefore,

$$\frac{y_{,1}^{(h_j)}(x + te_k) - y_{,1}^{(h_j)}(x)}{th_j} = R^{(h_j)} H_k^{(h_j)} \rightharpoonup R H_k \quad \text{in } L^2(\Omega'). \quad (3.7)$$

Note that the left-hand side can be rewritten as follows:

$$\frac{y_{,1}^{(h_j)}(x + te_k) - y_{,1}^{(h_j)}(x)}{th_j} = \partial_{x_1} \left( \frac{1}{t} \int_0^t \frac{1}{h_j} y_{,k}^{(h_j)}(x + se_k) ds \right). \quad (3.8)$$

By Theorem 2.1 we have that  $\frac{1}{h_j} y_{,k}^{(h_j)}$  converges strongly in  $L^2(\Omega)$  to  $d_k$ , hence the average  $\frac{1}{t} \int_0^t \frac{1}{h_j} y_{,k}^{(h_j)}(\cdot + se_k) ds$  converges strongly in  $L^2(\Omega')$  to  $\frac{1}{t} \int_0^t d_k(\cdot + se_k) ds$ , which is equal to  $d_k$ , since  $d_k$  does not depend on  $x_k$ . By (3.8) we obtain

$$\frac{y_{,1}^{(h_j)}(x + te_k) - y_{,1}^{(h_j)}(x)}{th_j} \rightharpoonup d_{k,1} \quad \text{in } W^{-1,2}(\Omega'). \quad (3.9)$$

Combining (3.7) and (3.9) we have  $H_k = R^T d_{k,1}$ . In particular,  $H_k$  is independent of  $x_2, x_3$  and hence

$$G_1(x) = G_1(x_1, x_2, 0) + x_3 H_3(x_1) = G_1(x_1, 0, 0) + x_2 H_2(x_1) + x_3 H_3(x_1).$$

Setting  $A(x_1) := R^T R_{,1}$  we have found that

$$G_1(x) = G_1(x_1, 0, 0) + A(x_1) \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix}. \quad (3.10)$$

In order to identify the remaining columns of  $G$ , let us define

$$\alpha^{(h_j)}(x) := \frac{R^{(h_j)}(x_1)^T \frac{1}{h_j} y^{(h_j)} - x_2 e_2 - x_3 e_3}{h_j}. \quad (3.11)$$

It is easy to check that

$$\alpha_{,k}^{(h_j)} = G_k^{(h_j)} \quad \text{for } k = 2, 3, \quad (3.12)$$

where  $G_k^{(h_j)}$  denotes the  $k$ -th column of  $G^{(h_j)}$ . If we set now  $\alpha_0^{(h_j)}(x_1) := \int_S \alpha^{(h_j)}(x) dx_2 dx_3$ , by Poincaré inequality we have that

$$\int_S |\alpha^{(h_j)}(x) - \alpha_0^{(h_j)}(x_1)|^2 dx_2 dx_3 \leq C \int_S (|\alpha_{,2}^{(h_j)}(x)|^2 + |\alpha_{,3}^{(h_j)}(x)|^2) dx_2 dx_3$$

for a.e.  $x_1 \in (0, L)$ . Integrating with respect to  $x_1$ , we deduce

$$\|\alpha^{(h_j)} - \alpha_0^{(h_j)}\|_{L^2(\Omega)}^2 \leq C(\|\alpha_{,2}^{(h_j)}\|_{L^2(\Omega)}^2 + \|\alpha_{,3}^{(h_j)}\|_{L^2(\Omega)}^2).$$

Since the right-hand side is bounded, we can conclude that  $\alpha^{(h_j)} - \alpha_0^{(h_j)}$  weakly converges to some  $\alpha$  in  $L^2(\Omega)$ . From (3.12) it follows that

$$\alpha_{,k} = G_k \quad \text{for } k = 2, 3 \quad (3.13)$$

and therefore  $\alpha_{,k} \in L^2(\Omega; \mathbb{R}^3)$  for  $k = 2, 3$ . Combining (3.10) and (3.13), and setting

$$\tilde{\alpha}(x_2, x_3) := \alpha(x_2, x_3) - x_2 \int_S \alpha_{,2} dx_2 dx_3 - x_3 \int_S \alpha_{,3} dx_2 dx_3, \quad (3.14)$$

we can write

$$G = \left( G_1(x_1, 0, 0) \mid \int_S \alpha_{,2} \mid \int_S \alpha_{,3} \right) + \left( A \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} \mid \tilde{\alpha}_{,2} \mid \tilde{\alpha}_{,3} \right). \quad (3.15)$$

By expanding the quadratic form  $Q_3$  and by using the fact that the first matrix on the right-hand side of (3.15) is independent of  $x_2, x_3$  and that  $\int_S \tilde{\alpha}_{,k} dx_2 dx_3 = 0$  for  $k = 2, 3$ , we find in combination with (2.1) that

$$\begin{aligned} \int_S Q_3(G(x)) dx_2 dx_3 &= \int_S Q_3 \left( G_1(x_1, 0, 0) \mid \int_S \alpha_{,2} \mid \int_S \alpha_{,3} \right) dx_2 dx_3 \\ &\quad + \int_S Q_3 \left( A \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} \mid \tilde{\alpha}_{,2} \mid \tilde{\alpha}_{,3} \right) dx_2 dx_3. \end{aligned} \quad (3.16)$$

Dropping the first term on the right-hand side, which is nonnegative, and using the definition of  $Q_2$ , we have

$$\int_{\Omega} Q_3(G(x)) dx \geq \int_0^L Q_2(A(x_1)) dx_1 = \int_0^L Q_2(R^T R_{,1}) dx_1,$$

where in the last equality we have simply applied the definition of the matrix  $A$ . This finishes the proof of the liminf estimate.

(ii) To prove the limsup estimate, let  $(y, d_2, d_3) \in \mathcal{A}$ . Assume in addition  $y \in C^2([0, L]; \mathbb{R}^3)$ ,  $d_2, d_3 \in C^1([0, L]; \mathbb{R}^3)$ . For every  $h > 0$  let us consider the function

$$y^{(h)}(x) := y(x_1) + hx_2 d_2(x_1) + hx_3 d_3(x_1) + h^2 \beta(x) \quad (3.17)$$

with  $\beta \in C^1(\bar{\Omega}; \mathbb{R}^3)$ . Then

$$\nabla_h y^{(h)} = R + h(x_2 d_{2,1} + x_3 d_{3,1} \mid \beta_{,2} \mid \beta_{,3}) + h^2(\beta_{,1} \mid 0 \mid 0).$$

If we set

$$\begin{aligned} B^{(h)} &:= \frac{R^T \nabla_h y^{(h)} - Id}{h} \\ &= R^T(x_2 d_{2,1} + x_3 d_{3,1} \mid \beta_{,2} \mid \beta_{,3}) + h R^T(\beta_{,1} \mid 0 \mid 0), \end{aligned}$$

then for  $h$  sufficiently small (in such a way that, for a.e.  $x \in \Omega$ , the matrix  $Id + hB^{(h)}(x)$  belongs to the neighbourhood of  $Id$  where  $W$  is of class  $C^2$ ) we have by Taylor expansion

$$\frac{1}{h^2} W(Id + hB^{(h)}) \rightarrow \frac{1}{2} Q_3(R^T(x_2 d_{2,1} + x_3 d_{3,1} \mid \beta_{,2} \mid \beta_{,3})) \quad \text{a.e.},$$

and

$$\frac{1}{h^2} W(Id + hB^{(h)}) \leq C|B^{(h)}|^2 \leq C(|d_{2,1}|^2 + |d_{3,1}|^2 + |\nabla \beta|^2) \in L^1(\Omega).$$

By the dominated convergence theorem

$$\begin{aligned} \lim_{h \rightarrow 0} \frac{1}{h^2} \int_{\Omega} W(\nabla_h y^{(h)}) dx &= \lim_{h \rightarrow 0} \frac{1}{h^2} \int_{\Omega} W(Id + hB^{(h)}) dx \\ &= \frac{1}{2} \int_{\Omega} Q_3(R^T(x_2 d_{2,1} + x_3 d_{3,1} | \beta_{,2} | \beta_{,3})) dx. \end{aligned} \quad (3.18)$$

Consider now the general case: let  $(y, d_2, d_3) \in \mathcal{A}$  and let  $\alpha(x_1, \cdot) \in V$  be the solution of the minimum problem defining  $Q_2(R^T R_{,1})$ . To conclude it remains to exhibit a sequence converging to  $(y, d_2, d_3)$  and whose energy converges to the right-hand side of (3.18) with  $R^T \beta$  replaced by  $\alpha$ . Since  $\alpha$  and  $\alpha_k$  (for  $k = 2, 3$ ) belong to  $L^2(\Omega; \mathbb{R}^3)$ , we can construct by convolution a sequence  $(\alpha^{(j)}) \subset C^1(\overline{\Omega}; \mathbb{R}^3)$  such that  $\alpha^{(j)} \rightarrow \alpha$ ,  $\alpha_k^{(j)} \rightarrow \alpha_k$  (for  $k = 2, 3$ ) in  $L^2(\Omega)$ . Moreover, we can find  $(\tilde{R}^{(j)}) \subset C^1([0, L]; \mathbb{M}^{3 \times 3})$  such that  $\tilde{R}^{(j)} \rightarrow R$  in  $W^{1,2}(0, L)$ ; by Sobolev embedding theorem this implies that  $\tilde{R}^{(j)} \rightarrow R$  uniformly on  $[0, L]$ . In order to obtain an approximating sequence of orthogonal matrices, we take  $R^{(j)} := \Pi \tilde{R}^{(j)}$ , where  $\Pi : \mathbb{M}^{3 \times 3} \rightarrow \mathbb{M}^{3 \times 3}$  is a smooth function defining a projection from a neighbourhood of  $SO(3)$  onto  $SO(3)$ , and we set

$$y^{(j)}(x_1) := \int_0^{x_1} R^{(j)}(s) e_1 ds, \quad d_k^{(j)}(x_1) := R^{(j)}(x_1) e_k \text{ for } k = 2, 3.$$

Then  $(y^{(j)}, d_2^{(j)}, d_3^{(j)}) \in \mathcal{A}$ ,  $y^{(j)} \in C^2([0, L]; \mathbb{R}^3)$ ,  $d_2^{(j)}, d_3^{(j)} \in C^1([0, L]; \mathbb{R}^3)$ , and  $(y_{,1}^{(j)} | d_2^{(j)} | d_3^{(j)}) = R^{(j)}$  is converging to  $R$  strongly in  $W^{1,2}(0, L)$  and uniformly on  $[0, L]$ . Finally, we can assume, up to subsequences, that

$$\begin{aligned} &\frac{1}{2} \int_{\Omega} Q_3(x_2 (R^{(j)})^T d_{2,1}^{(j)} + x_3 (R^{(j)})^T d_{3,1}^{(j)} | \alpha_{,2}^{(j)} | \alpha_{,3}^{(j)}) dx \\ &\leq \frac{1}{2} \int_{\Omega} Q_3(x_2 R^T d_{2,1} + x_3 R^T d_{3,1} | \alpha_{,2} | \alpha_{,3}) dx + \frac{1}{j} \\ &= I(y, d_2, d_3) + \frac{1}{j}; \end{aligned}$$

here we have used the fact that the functional on the left-hand side is continuous with respect to the kind of convergence we have shown for  $(R^{(j)})$  and  $(\alpha^{(j)})$ .

Now, given any positive  $(h_m)$  converging to 0, by (3.18) we can find a subsequence (that we denote by  $(h_j)$  with an abuse of notation) such that the sequence (3.17) with  $y = y^{(j)}$ ,  $d_k = d_k^{(j)}$ ,  $\beta = R^{(j)} \alpha^{(j)}$  and  $h = h_j$  satisfies

$$\frac{1}{h_j^2} I^{(h_j)}(y^{(h_j)}) \leq I(y, d_2, d_3) + \frac{2}{j},$$

and  $y^{(h_j)} \rightarrow y$  in  $W^{1,2}$ ,  $(\frac{1}{h_j} y_{,2}^{(h_j)}, \frac{1}{h_j} y_{,3}^{(h_j)}) \rightarrow (d_2, d_3)$  in  $L^2$ , as required.  $\square$

**Remark 3.5 (Isotropic case)** Assume that the stored energy function  $W$  in (1.1) is isotropic, that is,  $W$  satisfies the following condition:

iv)  $W(F) = W(FR)$  for every  $R \in \text{SO}(3)$ .

Then, the quadratic form  $Q_3$  is equal to

$$Q_3(G) = 2\mu \left| \frac{G + G^T}{2} \right|^2 + \lambda (\text{trace } G)^2$$

for some constants  $\lambda, \mu \in \mathbb{R}$ . In this case it is easy to find an explicit solution to the system (3.2)-(3.3) and therefore the explicit expression of  $Q_2$ .

Indeed the system of equations (3.2)-(3.3) splits in the two following systems:

$$\begin{cases} \Delta \alpha_1 = 0 & \text{in } S, \\ \partial_\nu \alpha_1 = -a_{23}(x_3, -x_2) \cdot \nu & \text{on } \partial S, \end{cases} \quad (3.19)$$

and

$$\begin{cases} \text{div}((2\mu + \lambda)\alpha_{2,2} + \lambda\alpha_{3,3}, \mu\alpha_{2,3} + \mu\alpha_{3,2}) = -\lambda a_{12} & \text{in } S, \\ \text{div}(\mu\alpha_{2,3} + \mu\alpha_{3,2}, \lambda\alpha_{2,2} + (2\mu + \lambda)\alpha_{3,3}) = -\lambda a_{13} & \text{in } S, \\ ((2\mu + \lambda)\alpha_{2,2} + \lambda\alpha_{3,3}, \mu\alpha_{2,3} + \mu\alpha_{3,2}) \cdot \nu = -\lambda(a_{12}x_2 + a_{13}x_3)\nu_2 & \text{on } \partial S, \\ (\mu\alpha_{2,3} + \mu\alpha_{3,2}, \lambda\alpha_{2,2} + (2\mu + \lambda)\alpha_{3,3}) \cdot \nu = -\lambda(a_{12}x_2 + a_{13}x_3)\nu_3 & \text{on } \partial S. \end{cases} \quad (3.20)$$

If we denote by  $\varphi$  the torsion function, i.e., a function solving the Neumann problem

$$\begin{cases} \Delta \varphi = 0 & \text{in } S, \\ \partial_\nu \varphi = -(x_3, -x_2) \cdot \nu & \text{on } \partial S, \end{cases}$$

then it is straightforward to show that the solution to (3.19)-(3.20) belonging to the space  $V$  is provided by  $\alpha_1(x_2, x_3) = a_{23} \varphi(x_2, x_3)$  and

$$\begin{aligned} \alpha_2(x_2, x_3) &= -\frac{1}{4} \frac{\lambda}{\lambda + \mu} (a_{12}x_2^2 - a_{12}x_3^2 + 2a_{13}x_2x_3), \\ \alpha_3(x_2, x_3) &= -\frac{1}{4} \frac{\lambda}{\lambda + \mu} (-a_{13}x_2^2 + a_{13}x_3^2 + 2a_{12}x_2x_3). \end{aligned}$$

Now, computing the value of the functional at the minimum point we have found, we obtain

$$Q_2(A) = \frac{\mu(3\lambda + 2\mu)}{\lambda + \mu} \left( a_{12}^2 \int_S x_2^2 dx_2 dx_3 + a_{13}^2 \int_S x_3^2 dx_2 dx_3 \right) + \mu \tau a_{23}^2,$$

where the constant  $\tau$  is the so-called torsional rigidity, defined as

$$\tau(S) := \int_S (x_2^2 + x_3^2 - x_2\varphi_{,3} + x_3\varphi_{,2}) dx_2 dx_3.$$

If, in addition,  $S$  has circular cross section, i.e.  $S = \{(x_2, x_3) : x_2^2 + x_3^2 = \frac{1}{\pi}\}$ , then  $\varphi = 0$  and  $\int_S x_2^2 dx_2 dx_3 = \frac{1}{4\pi}$ , so that

$$Q_2(A) = \frac{1}{2\pi} \frac{\mu(3\lambda + 2\mu)}{\lambda + \mu} (a_{12}^2 + a_{13}^2) + \frac{\mu}{2\pi} a_{23}^2.$$

**Remark 3.6 (Rods with circular cross section)** Assume  $S$  is a circle of radius  $1/\sqrt{\pi}$  centred at the origin. In this case the quadratic form  $Q_2$  can be computed by a pointwise minimization as follows:

$$Q_2(A) = \frac{1}{4\pi} \min_{u,v,w \in \mathbb{R}^3} Q_3 \begin{pmatrix} a_{12} & u_1 & v_1 \\ 0 & u_2 & v_2 \\ -a_{23} & u_3 & v_3 \end{pmatrix} + Q_3 \begin{pmatrix} a_{13} & v_1 & w_1 \\ a_{23} & v_2 & w_2 \\ 0 & v_3 & w_3 \end{pmatrix}. \quad (3.21)$$

Fix  $A \in \mathbb{M}_{skew}^{3 \times 3}$  and let  $\alpha$  be a function in  $V$ . For notation convenience we set

$$H^\alpha(x_2, x_3) := \begin{pmatrix} a_{12}x_2 + a_{13}x_3 & \alpha_{1,2} & \alpha_{1,3} \\ a_{23}x_3 & \alpha_{2,2} & \alpha_{2,3} \\ -a_{23}x_2 & \alpha_{3,2} & \alpha_{3,3} \end{pmatrix}.$$

Let us define the following vectors in  $\mathbb{R}^3$ :

$$\begin{aligned} B &:= 4\pi \int_S x_2 \alpha_{,2} dx_2 dx_3, & C &:= 4\pi \int_S x_2 \alpha_{,3} dx_2 dx_3, \\ D &:= 4\pi \int_S x_3 \alpha_{,2} dx_2 dx_3, & E &:= 4\pi \int_S x_3 \alpha_{,3} dx_2 dx_3. \end{aligned}$$

A crucial remark is that, since  $S$  is a circle, the two vectors  $C$  and  $D$  are in fact equal; indeed, by Green's formula we have

$$\int_S (-x_3 \alpha_{,2} + x_2 \alpha_{,3}) dx_2 dx_3 = \int_{\partial S} \alpha(-x_3, x_2) \cdot \nu d\sigma = 0,$$

where in the last equality we have used the fact that the normal vector  $\nu$  to  $\partial S$  at a point  $(x_2, x_3)$  is given by  $\sqrt{\pi}(x_2, x_3)$ . We now consider the function

$$\beta(x) := \frac{1}{2} B x_2^2 + C x_2 x_3 + \frac{1}{2} E x_3^2,$$

and we want to prove that

$$\int_S Q_3(H^\alpha) dx_2 dx_3 \geq \int_S Q_3(H^\beta) dx_2 dx_3. \quad (3.22)$$

If we write the quadratic form  $Q_3$  as

$$Q_3(G) = \sum_{i,j,k,l=1}^3 \tilde{q}_{ijkl} G_{ij} G_{kl} \quad \text{for every } G \in \mathbb{M}^{3 \times 3},$$

then we can expand  $Q_3(H^\alpha)$  as follows:

$$Q_3(H^\alpha) = Q_3(H^\beta) + Q_3(H^\alpha - H^\beta) + 2 \sum_{i,j,k,l=1}^3 \tilde{q}_{ijkl} H_{ij}^\beta (H_{kl}^\alpha - H_{kl}^\beta). \quad (3.23)$$

We claim that for every  $i, j$  and  $k, l$

$$\int_S \tilde{q}_{ijkl} H_{ij}^\beta (H_{kl}^\alpha - H_{kl}^\beta) dx_2 dx_3 = 0. \quad (3.24)$$

Indeed, since  $H_{ij}^\beta$  is a linear combination of  $x_2$  and  $x_3$  for every  $i, j$ , it is enough to show that

$$\int_S x_m (H_{kl}^\alpha - H_{kl}^\beta) dx_2 dx_3 = 0 \quad (3.25)$$

for  $m = 2, 3$  and for every  $k, l$ . For  $l = 1$  the assertion is trivial. For  $l = 2$  we have

$$\begin{aligned} & \int_S x_m (H_{k2}^\alpha - H_{k2}^\beta) dx_2 dx_3 \\ &= \int_S x_m \alpha_{k,2} dx_2 dx_3 - \int_S x_m B_k x_2 dx_2 dx_3 - \int_S x_m C_k x_3 dx_2 dx_3 \\ &= \int_S x_m \alpha_{k,2} dx_2 dx_3 - \frac{1}{4\pi} B_k \delta_{m2} - \frac{1}{4\pi} C_k \delta_{m3} = 0 \end{aligned}$$

since  $\int_S x_m x_l dx_2 dx_3 = \frac{1}{4\pi} \delta_{ml}$ . Similarly,

$$\begin{aligned} & \int_S x_m (H_{k3}^\alpha - H_{k3}^\beta) dx_2 dx_3 \\ &= \int_S x_m \alpha_{k,3} dx_2 dx_3 - \int_S x_m C_k x_2 dx_2 dx_3 - \int_S x_m E_k x_3 dx_2 dx_3 \\ &= \int_S x_m \alpha_{k,3} dx_2 dx_3 - \frac{1}{4\pi} C_k \delta_{m2} - \frac{1}{4\pi} E_k \delta_{m3} = 0. \end{aligned}$$

Thus, the claim (3.25) is proved.

From (3.23) and (3.24) it follows that

$$\begin{aligned} \int_S Q_3(H^\alpha) dx_2 dx_3 &= \int_S Q_3(H^\beta) dx_2 dx_3 + \int_S Q_3(H^\alpha - H^\beta) dx_2 dx_3 \\ &\geq \int_S Q_3(H^\beta) dx_2 dx_3, \end{aligned}$$

since  $Q_3$  is nonnegative. So, (3.22) is shown. This proves that, when  $S$  is a circle, it is enough to compute the minimum in (3.1) on the class of polynomials of degree 2 in  $x_2, x_3$ .



Now, if  $\alpha$  is any polynomial of degree 2 in  $x_2, x_3$ , i.e.,  $\alpha(x_2, x_3) = \frac{1}{2}u x_2^2 + v x_2 x_3 + \frac{1}{2}w x_3^2$  with  $u, v, w \in \mathbb{R}^3$ , then

$$H^\alpha(x_2, x_3) = \begin{pmatrix} a_{12}x_2 + a_{13}x_3 & u_1x_2 + v_1x_3 & v_1x_2 + w_1x_3 \\ a_{23}x_3 & u_2x_2 + v_2x_3 & v_2x_2 + w_2x_3 \\ -a_{23}x_2 & u_3x_2 + v_3x_3 & v_3x_2 + w_3x_3 \end{pmatrix}.$$

Expanding again  $Q_3$  and using the fact that  $\int_S x_2 x_3 dx_2 dx_3 = 0$  by (2.1), we obtain

$$\begin{aligned} & \int_S Q_3(H^\alpha) dx_2 dx_3 \\ &= \int_S x_2^2 dx_2 dx_3 Q_3 \begin{pmatrix} a_{12} & u_1 & v_1 \\ 0 & u_2 & v_2 \\ -a_{23} & u_3 & v_3 \end{pmatrix} + \int_S x_3^2 dx_2 dx_3 Q_3 \begin{pmatrix} a_{13} & v_1 & w_1 \\ a_{23} & v_2 & w_2 \\ 0 & v_3 & w_3 \end{pmatrix}, \end{aligned}$$

and this yields (3.21) since  $\int_S x_2^2 dx_2 dx_3 = \int_S x_3^2 dx_2 dx_3 = (4\pi)^{-1}$ .

## 4 Refined $\Gamma$ -convergence and director theories

In this section we reformulate the theorem of the previous section as a  $\Gamma$ -convergence result for a functional depending on more variables. We need to introduce some new definitions. Given a sequence  $(y^{(h)}) \subset W^{1,2}(\Omega; \mathbb{R}^3)$  we set

$$\begin{aligned} y_0^{(h)}(x_1) &:= \int_S y^{(h)}(x) dx_2 dx_3, & F^{(h)}(x_1) &:= \int_S \nabla_h y^{(h)}(x) dx_2 dx_3, \\ \beta^{(h)}(x) &:= \frac{y^{(h)}(x) - y_0^{(h)}(x_1)}{h^2} - \frac{1}{h} F^{(h)}(x_1) \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix}, \\ S^{(h)}(x_1) &:= \frac{[F^{(h)}(x_1)^T F^{(h)}(x_1)]^{1/2} - Id}{h}. \end{aligned} \tag{4.1}$$

**Theorem 4.1** *Let  $(y^{(h)})$  be a sequence in  $W^{1,2}(\Omega; \mathbb{R}^3)$  such that*

$$\limsup_{h \rightarrow 0} \frac{1}{h^2} \int_\Omega W(\nabla_h y^{(h)}) dx < +\infty. \tag{4.2}$$

*Then there exists a subsequence (not relabelled) such that the following properties are satisfied:*

- (1)  $y^{(h)} \rightarrow y$  in  $W^{1,2}(\Omega)$ ,  $y \in W^{2,2}(\Omega; \mathbb{R}^3)$ ,  $y_{,2} = y_{,3} = 0$ ;
- (2)  $F^{(h)} \rightarrow R$  in  $L^2(0, L)$ ,  $R \in W^{1,2}(\Omega; \mathbb{M}^{3 \times 3})$ ,  $Re_1 = y_{,1}$ ,  $R \in \text{SO}(3)$  a.e.;
- (3)  $\beta^{(h)} \rightharpoonup \beta$  in  $L^2(\Omega)$ ,  $\int_S \beta dx_2 dx_3 = \int_S \beta_{,k} dx_2 dx_3 = 0$  for  $k = 2, 3$ ;
- (4)  $S^{(h)} \rightharpoonup \overline{G}$  in  $L^p(0, L)$  for every  $p < 2$ ,  $\overline{G} \in \mathbb{M}_{sym}^{3 \times 3}$ .

Moreover,

$$\begin{aligned}
& \liminf_{h \rightarrow 0} \frac{1}{h^2} \int_{\Omega} W(\nabla_h y^{(h)}) dx \\
& \geq \frac{1}{2} \int_0^L Q_3(\overline{G}) dx_1 + \frac{1}{2} \int_{\Omega} Q_3 \left( R^T R_{,1} \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} \left| R^T \beta_{,2} \right| R^T \beta_{,3} \right) dx \\
& =: F(\overline{G}, R, \beta).
\end{aligned} \tag{4.3}$$

**Remark 4.2** As before the matrix  $R^T R_{,1}$  describes bending and torsion effects, averaged over the cross section. Concerning the new additional variables  $\overline{G}$  and  $\beta$ , the quantity  $\overline{G}_{11}$  is related to the scaled stretch, while  $\overline{G}_{21}, \overline{G}_{31}$  to the scaled shear; the remaining entries  $G_{ij}$ ,  $j \geq 2$ , and the function  $\beta$  take into account the scaled cross sectional deformations.

PROOF OF THEOREM 4.1. – Let  $(y^{(h)})$  be a sequence satisfying (4.2). From Theorem 2.1 it follows that  $\nabla_h y^{(h)} \rightarrow R$  in  $L^2(\Omega)$ , where  $R \in W^{1,2}(\Omega; \mathbb{M}^{3 \times 3})$ ,  $R \in \text{SO}(3)$  a.e., and  $R$  does not depend on  $x_2, x_3$ . So, properties (1) and (2) are proved.

Let  $R^{(h)}, G^{(h)}, \alpha^{(h)}, \alpha_0^{(h)}$  be as in the proof of Theorem 3.1-(i). By the definition of  $F^{(h)}$  we have that

$$(R^{(h)})^T F^{(h)} = Id + h \int_S G^{(h)} dx_2 dx_3 = Id + h \tilde{G}^{(h)}, \tag{4.4}$$

where we have set  $\tilde{G}^{(h)}(x_1) := \int_S G^{(h)}(x) dx_2 dx_3$ ; using (4.4) and (3.11) we can write

$$(R^{(h)})^T \beta^{(h)} = \alpha^{(h)} - \alpha_0^{(h)} - \tilde{G}^{(h)} \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix}. \tag{4.5}$$

In particular, we have  $(R^{(h)})^T \beta_k^{(h)} = \alpha_k^{(h)} - \tilde{G}_k^{(h)}$  for  $k = 2, 3$ . Since  $\alpha^{(h)} - \alpha_0^{(h)} \rightharpoonup \alpha$  in  $L^2(\Omega)$ ,  $G^{(h)} \rightharpoonup G$  in  $L^2(\Omega)$ , and  $R^{(h)} \rightarrow R$  in  $L^2(0, L)$ , the equality (4.5) implies that

$$\beta^{(h)} \rightharpoonup \beta := R\alpha - R\tilde{G} \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} \quad \text{in } L^2(\Omega),$$

where  $\tilde{G}(x_1) := \int_S G(x) dx_2 dx_3$ . Moreover,  $\beta_k^{(h)} \rightharpoonup \beta_k$  in  $L^2(\Omega)$  for  $k = 2, 3$ , since  $\alpha_k^{(h)} \rightharpoonup \alpha_k$  in  $L^2(\Omega)$  for  $k = 2, 3$ . It is easy to check that  $\int_S \beta^{(h)} dx_2 dx_3 = \int_S \beta_k^{(h)} dx_2 dx_3 = 0$  (for  $k = 2, 3$ ) for every  $h$ ; therefore, the same properties hold for  $\beta$ . Assertion (3) is proved. For further references we notice that  $\beta = \tilde{\alpha}$  by (3.13), where  $\tilde{\alpha}$  is the function defined in (3.14).

In order to show (4), let  $\Phi : \mathbb{M}^{3 \times 3} \rightarrow \mathbb{M}^{3 \times 3}$  be the function defined by  $\Phi(F) := (F^T F)^{1/2} - Id$ . By (4.4) we have  $S^{(h)} = \frac{1}{h} \Phi(Id + h \tilde{G}^{(h)})$ . Notice also

that  $\Phi$  is  $C^1$  in a neighbourhood of  $Id$  and globally Lipschitz continuous. Then, given any test function  $\varphi \in L^{p'}((0, L); \mathbb{M}^{3 \times 3})$  with  $p' > 2$ , we have

$$\begin{aligned}
\int_0^L S^{(h)} \varphi \, dx_1 &= \int_0^L \frac{1}{h} \Phi(Id + h\tilde{G}^{(h)}) \varphi \, dx_1 \\
&= \int_0^L \frac{\Phi(Id + h\tilde{G}^{(h)}) - \Phi(Id)}{h} \varphi \, dx_1 \\
&= \int_0^L \left( \frac{\Phi(Id + h\tilde{G}^{(h)}) - \Phi(Id)}{h} - \Phi'(Id)\tilde{G}^{(h)} \right) \varphi \, dx_1 \\
&\quad + \int_0^L \Phi'(Id)\tilde{G}^{(h)} \varphi \, dx_1.
\end{aligned} \tag{4.6}$$

The first integral on the last right-hand side converges to 0; indeed, since  $\Phi'$  is continuous in a neighbourhood of the identity and globally bounded, for every  $\varepsilon > 0$  we have that for some  $\delta = \delta(\varepsilon)$

$$\begin{aligned}
&\left| \int_0^L \left( \frac{\Phi(Id + h\tilde{G}^{(h)}) - \Phi(Id)}{h} - \Phi'(Id)\tilde{G}^{(h)} \right) \varphi \, dx_1 \right| \\
&\leq \varepsilon \int_{\{h|\tilde{G}^{(h)}| < \delta\}} |\tilde{G}^{(h)} \varphi| \, dx_1 + C \int_{\{h|\tilde{G}^{(h)}| \geq \delta\}} |\tilde{G}^{(h)} \varphi| \, dx_1 \\
&\leq C \|\varphi\|_{L^2} \varepsilon + C' \|\varphi\|_{L^{p'}} \mathcal{L}^1(\{h|\tilde{G}^{(h)}| \geq \delta\})^{\frac{2}{2-p}}.
\end{aligned}$$

Passing to the limit as  $h \rightarrow 0$  and using the fact that  $\varepsilon$  is arbitrary, we obtain the claim. As for the second integral in (4.6), since  $\tilde{G}^h \rightharpoonup \tilde{G}$  in  $L^2(0, L)$  and  $\Phi'(Id)F = \text{sym } F$ , we have

$$\lim_{h \rightarrow 0} \int_0^L \Phi'(Id)\tilde{G}^h \varphi \, dx_1 = \int_0^L \text{sym } \tilde{G} \varphi \, dx_1.$$

Therefore, property (4) is proved with  $\overline{G} = \text{sim } \tilde{G}$ .

To conclude it is enough to repeat the proof of Theorem 3.1-(i) up to the equality (3.16). From (3.15) it follows that

$$\tilde{G} = \left( G_1(x_1, 0, 0) \mid \int_S \alpha_{,2} \mid \int_S \alpha_{,3} \right).$$

Using this fact and the equalities  $A = R^T R_{,1}$  and  $\tilde{\alpha} = R^T \beta$ , (3.16) can be rewritten as

$$\int_{\Omega} Q_3(G(x)) \, dx = \int_0^L Q_3(\tilde{G}) \, dx_1 + \int_{\Omega} Q_3 \left( R^T R_{,1} \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} \mid R^T \beta_{,2} \mid R^T \beta_{,3} \right) \, dx.$$

Since  $Q_3(F)$  depends only on the symmetric part of  $F$ , we can replace  $\tilde{G}$  by  $\overline{G}$  in the equality above. The thesis follows now from (3.6).  $\square$

**Theorem 4.3** *Let  $y \in W^{2,2}((0, L); \mathbb{R}^3)$ , let  $R \in W^{1,2}((0, L); \mathbb{M}^{3 \times 3})$  be such that  $Re_1 = y_{,1}$  and  $R \in \text{SO}(3)$  a.e., let  $\beta \in L^2(\Omega; \mathbb{R}^3)$  be such that  $\int_S \beta dx_2 dx_3 = 0$ ,  $\beta_{,k} \in L^2(\Omega; \mathbb{R}^3)$  and  $\int_S \beta_{,k} dx_2 dx_3 = 0$  for  $k = 2, 3$ , and let  $\overline{G} \in L^2((0, L); \mathbb{M}^{3 \times 3})$  be symmetric. Then there exists a sequence  $(y^{(h)}) \subset W^{1,2}(\Omega; \mathbb{R}^3)$  such that the properties (1)-(4) of Theorem 4.1 are satisfied, and*

$$\lim_{h \rightarrow 0} \frac{1}{h^2} \int_{\Omega} W(\nabla_h y^{(h)}) dx = F(\overline{G}, R, \beta),$$

where  $F$  is the functional defined in (4.3).

PROOF. — Let the functions  $y, \beta, R, \overline{G}$  be as in the statement. Assume in addition that  $R, \overline{G} \in C^1([0, L]; \mathbb{M}^{3 \times 3})$  and  $\beta \in C^1(\overline{\Omega}; \mathbb{R}^3)$ . Set

$$\gamma(x_1) = \int_0^{x_1} R(s) \overline{G}_1(s) ds, \quad B_k(x_1) = R(x_1) \overline{G}_k(x_1) \text{ for } k = 2, 3.$$

For every  $h > 0$  consider the functions

$$y^{(h)}(x) = y(x_1) + h\gamma(x_1) + hR(x_1) \begin{pmatrix} 0 \\ x_2 \\ x_3 \end{pmatrix} + h^2\beta(x) + h^2B_2(x_1)x_2 + h^2B_3(x_1)x_3.$$

It is easy to see that  $(y^{(h)})$  satisfies all the properties (1)-(4). Moreover, using the Taylor expansion of  $W$  around the identity and the dominated convergence theorem, we obtain

$$\begin{aligned} \lim_{h \rightarrow 0} \frac{1}{h^2} \int_{\Omega} W(\nabla_h y^{(h)}) dx \\ = \frac{1}{2} \int_{\Omega} Q_3(R^T(x_2 R_{,1} e_2 + x_3 R_{,1} e_3 + \gamma_{,1} | \beta_{,2} + B_2 | \beta_{,3} + B_3)) dx. \end{aligned}$$

If we expand the quadratic form  $Q_3$  and we use the fact that  $\int_S \beta_{,k} dx_2 dx_3 = 0$  for  $k = 2, 3$ , we have

$$\begin{aligned} \int_{\Omega} Q_3(R^T(x_2 R_{,1} e_2 + x_3 R_{,1} e_3 + \gamma_{,1} | \beta_{,2} + B_2 | \beta_{,3} + B_3)) dx \\ = \int_0^L Q_3(R^T(\gamma_{,1} | B_2 | B_3)) dx_1 + \int_{\Omega} Q_3(R^T(x_2 R_{,1} e_2 + x_3 R_{,1} e_3 | \beta_{,2} | \beta_{,3})) dx \\ = \int_0^L Q_3(\overline{G}) dx_1 + \int_{\Omega} Q_3(R^T(x_2 R_{,1} e_2 + x_3 R_{,1} e_3 | \beta_{,2} | \beta_{,3})) dx. \end{aligned}$$

In the general case it is enough to act by density, that is, to show that for any  $y, \beta, R, \overline{G}$  as in the statement, we can construct approximating sequences  $(y^{(j)}), (\beta^{(j)}), (R^{(j)}), (\overline{G}^{(j)})$  satisfying the extra assumption of  $C^1$  regularity and such that

$$\lim_{j \rightarrow \infty} F(\overline{G}^{(j)}, R^{(j)}, \beta^{(j)}) = F(\overline{G}, R, \beta). \quad (4.7)$$

As in the proof of Theorem 3.1-(ii), we can construct  $(y^{(j)}) \subset C^2([0, L]; \mathbb{R}^3)$  and  $(R^{(j)}) \subset C^1([0, L]; \mathbb{M}^{3 \times 3})$  such that  $R^{(j)} e_1 = y_{,1}^{(j)}$ ,  $R^{(j)} \in \text{SO}(3)$  a.e., and  $R^{(j)} \rightarrow R$  in  $W^{1,2}(0, L)$ . By mollification we can find  $(G^{(j)}) \subset C^1([0, L]; \mathbb{M}^{3 \times 3})$  such that  $G^{(j)} \rightarrow \overline{G}$  in  $L^2(0, L)$ , and  $(\tilde{\beta}^{(j)}) \subset C^1(\overline{\Omega}; \mathbb{R}^3)$  such that  $\tilde{\beta}^{(j)} \rightarrow \beta$ ,  $\tilde{\beta}_{,k}^{(j)} \rightarrow \beta_{,k}$  (for  $k = 2, 3$ ) in  $L^2(\Omega)$ . Then we define  $\overline{G}^{(j)} := \text{sym } G^{(j)}$  and

$$\beta^{(j)} := \tilde{\beta}^{(j)} - \int_S \tilde{\beta}^{(j)} dx_2 dx_3 - x_2 \int_S \tilde{\beta}_{,2}^{(j)} dx_2 dx_3 - x_3 \int_S \tilde{\beta}_{,3}^{(j)} dx_2 dx_3.$$

Now it is easy to check that (4.7) is satisfied.  $\square$

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