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## Rigidity Estimate for Two Incompatible Wells

by

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# Rigidity estimate for two incompatible wells 

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## 1 Introduction

Recently, Friesecke, James and Müller [8, 9] obtained the following interesting rigidity estimate in connection to their study in nonlinear plate theory.

Theorem 1. Let $\Omega \subset \mathbb{R}^{n}$ be a bounded Lipschitz domain, $n \geq 2$. There exists a constant $C(\Omega)$ with the property that for each $u \in W^{1,2}\left(\Omega, \mathbb{R}^{n}\right)$, there exists an associated rotation $R \in S O(n)$, such that

$$
\begin{equation*}
\|\nabla u-R\|_{L^{2}(\Omega)} \leq C(\Omega)\|\operatorname{dist}(\nabla u, S O(n))\|_{L^{2}(\Omega)} \tag{1}
\end{equation*}
$$

This generalizes a classical result of F. John [11] who derived an estimate of $\|\nabla u-R\|_{L^{2}}$ in terms of $\| \operatorname{dist}\left(\nabla u, S O(n) \|_{L^{\infty}}\right.$ for locally Bilipschitz maps $u$. In connection with mathematical models for materials undergoing solidsolid phase transformations $[1,2,4,7,17]$, one is interested in deformations $u$ whose gradient is close to a set $K:=\cup_{i=1}^{m} S O(n) U_{i}$, which consists of several copies of $S O(n)$ (so-called energy wells). Here we consider the twowell problem for two strongly incompatible wells. For further information on the two-well problem see $[6,15,22]$. Rigidity for a linearized version of the two-well problem is discussed in [5, 12]. We prove an estimate of the type (1) for two strongly incompatible wells.

Theorem 2. Let $\Omega \subset \mathbb{R}^{n}$ be a bounded Lipschitz domain, $n \geq 2$ and $K:=S O(n) \cup S O(n) H$, where $H=\operatorname{diag}\left(\lambda_{1}, \cdots \lambda_{n}\right), \quad \lambda_{i}>0$ such that $\sum_{i=1}^{n}\left(1-\lambda_{i}\right)\left(1-\operatorname{det} H / \lambda_{i}\right)>0$. There exists a positive constant $C(\Omega, H)$ with the following property. For each $u \in W^{1,2}\left(\Omega, \mathbb{R}^{n}\right)$ there is an associated $R:=R(u, \Omega) \in K$ such that

$$
\begin{equation*}
\|\nabla u-R\|_{L^{2}(\Omega)} \leq C(\Omega, H)\|\operatorname{dist}(\nabla u, K)\|_{L^{2}(\Omega)} \tag{2}
\end{equation*}
$$

Theorem 2 has interesting consequences for the scaling of the energy in thin martensitic films [3, 20] which will be discussed in a forthcoming paper.

## 2 Preliminary Results

To prove Theorem 2, we need some preliminary lemmas. The first lemma is due to J. P. Matos [15] and concerns construction of smooth uniformly convex function, which have quadratic growth and whose gradient is the cofactor on the set $K:=S O(n) \cup S O(n) H$.

Lemma 1 (Matos [15]). Let $K:=S O(n) \cup S O(n) H, H=\operatorname{diag}\left(\lambda_{1}, \cdots \lambda_{n}\right)$, $\lambda_{i}>0$. Then there exits a smooth function $W: \mathbb{R}^{n \times n} \rightarrow \mathbb{R}$, which is uniformly convex and has quadratic growth and satisfies $\nabla W=\nabla$ det $=\operatorname{cof}$ in $K$, if and only if $\sum_{i=1}^{n}\left(1-\lambda_{i}\right)\left(1-\operatorname{det} H / \lambda_{i}\right)>0$.

The following lemma is a version of the generalized Poincaré inequality, see Theorem 3.6.5 in [16].

Lemma 2. $\Omega \subset \mathbb{R}^{n}$, $n \geq 2$ be a bounded Lipschitz domain and $0<\delta \leq 1$. Suppose that $u \in W^{1,1}(\Omega)$ and $\mathcal{L}^{n}(\{x \in \Omega: u(x)=0\}) \geq \delta \mathcal{L}^{n}(\Omega)$. Then there exists $C(n, \delta, \Omega)>0$ such that

$$
\|u\|_{L^{n /(n-1)}(\Omega)} \leq C(n, \delta, \Omega)\|\nabla u\|_{L^{1}(\Omega)} .
$$

Next we state a variant of a lemma by Luckhaus [14] for bounded domains. This lemma is an important ingredient in the proof of our main Theorem.

Lemma 3. Let $\Omega \subset \mathbb{R}^{n}$ be a bounded Lipschitz domain, $n \geq 2$ and let $\chi: \Omega \rightarrow\{0,1\}$ be a characteristic function. Then there exists a constant $C(\Omega)>0$, such that for any $u \in W^{1,2}(\Omega)$
$\min \left(\int_{\Omega} \chi, \int_{\Omega} 1-\chi\right) \leq 16 \int_{\Omega}|u-\chi|^{2}+C(\Omega)\left(\int_{\Omega}|u-\chi|^{2} \int_{\Omega}|\nabla u|^{2}\right)^{n / 2(n-1)}$.
Proof. Let $u \in W^{1,2}(\Omega)$ and let $A:=\{x \in \Omega: u(x) \leq 1 / 2\}$. Suppose first that $\mathcal{L}^{n}(A) \geq 1 / 2 \mathcal{L}^{n}(\Omega)$. Define, $E:=\{x \in \Omega: \chi=1\}$ and $E_{u}:=$ $\{x \in E: u \geq 3 / 4\}$. On $E \backslash E_{u}$ the inequality $u<3 / 4$ implies $4|u-\chi| \geq \chi$ and hence

$$
\begin{equation*}
\int_{\Omega} \chi=\int_{E_{u}} \chi+\int_{E \backslash E_{u}} \chi \leq \int_{E_{u}} \chi+16 \int_{\Omega}|u-\chi|^{2} . \tag{3}
\end{equation*}
$$

To estimate the integral $\int_{E_{u}} \chi$, we define the function $\psi: \Omega \rightarrow \mathbb{R}$ by

$$
\psi(x):=\left(u(x)-\frac{1}{2}\right)_{+} \wedge \frac{1}{4},
$$

where $a \wedge b:=\min (a, b)$ and $a_{+}:=\max (a, 0)$. Observe that $\nabla \psi \equiv 0$ on $\{x \in \Omega: u(x) \geq 3 / 4\} \cup A$ and $\psi=0$ on $A$. Hence by Lemma 2, we have

$$
\begin{align*}
\int_{E_{u}} \chi & =\mathcal{L}^{n}\left(E_{u}\right) \\
& =4^{n /(n-1)} \int_{E_{u}}|\psi|^{n /(n-1)} d x \\
& \leq 4^{n /(n-1)} \int_{\Omega}|\psi|^{n /(n-1)} d x \\
& \leq C\left(\int_{\Omega}|\nabla \psi|\right)^{n /(n-1)} d x \\
& =C\left(\int_{\{1 / 2 \leq u \leq 3 / 4\}}|\nabla u| d x\right)^{n /(n-1)} \\
& \leq C\left(\mathcal{L}^{n}(\{1 / 2 \leq u \leq 3 / 4\}) \int_{\Omega}|\nabla u|^{2}\right)^{n / 2(n-1)} \\
& \leq 4^{n /(n-1)} C\left(\int_{\Omega}|u-\chi|^{2} \int_{\Omega}|\nabla u|^{2}\right)^{n / 2(n-1)} \tag{4}
\end{align*}
$$

Hence for the case $\mathcal{L}^{n}(A) \geq 1 / 2 \mathcal{L}^{n}(\Omega)$ we obtain from (3) and (4)

$$
\begin{equation*}
\int_{\Omega} \chi \leq 16 \int_{\Omega}|u-\chi|^{2}+C\left(\int_{\Omega}|u-\chi|^{2} \int_{\Omega}|\nabla u|^{2}\right)^{n / 2(n-1)} \tag{5}
\end{equation*}
$$

If $\mathcal{L}^{n}(A)<1 / 2 \mathcal{L}^{n}(\Omega)$, it suffices to replace $u$ by $1-u$ and $\chi$ by $1-\chi$.
Lemma 4. Let $\Omega \subset \mathbb{R}^{n}, n \geq 2$ be a bounded Lipschitz domain and let $K_{1}$, $K_{2}$ be compact disjoint subsets of $\mathbb{R}^{n \times n}$. Define, $\mathrm{d}_{P}(\cdot):=\operatorname{dist}(\cdot, P)$ and $K:=K_{1} \cup K_{2}$. Then there exists a constant $C:=C\left(K_{1}, K_{2}, \Omega\right)>0$, such that for any $w \in W^{2,2}\left(\Omega, \mathbb{R}^{n}\right)$

$$
\begin{align*}
\min \left(\int_{\Omega} \mathrm{d}_{K_{1}}^{2}(\nabla w), \int_{\Omega} \mathrm{d}_{K_{2}}^{2}(\nabla w)\right) \leq & C\left(\int_{\Omega} \mathrm{d}_{K}^{2}(\nabla w) \int_{\Omega}\left|\nabla^{2} w\right|^{2}\right)^{n / 2(n-1)} \\
& +C \int_{\Omega} \mathrm{d}_{K}^{2}(\nabla w) \tag{6}
\end{align*}
$$

Proof. Let $f: \mathbb{R}^{n \times n} \rightarrow[0,1]$ be the Lipschitz function defined by

$$
f(F):=\frac{\operatorname{dist}\left(F, K_{1}\right)}{\operatorname{dist}\left(F, K_{1}\right)+\operatorname{dist}\left(F, K_{2}\right)}
$$

Then $f=0$ in $K_{1}$ and $f=1$ in $K_{2}$. Let $u \in W^{1,2}(\Omega)$ and let $\chi$ be a characteristic function on $\Omega$. Then by Lemma 3, we have

$$
\begin{align*}
\int_{\Omega} \mathrm{d}^{2}(u,\{0\}) \bigwedge \int_{\Omega} \mathrm{d}^{2}(u,\{1\})= & \int_{\Omega}|u|^{2} \bigwedge \int_{\Omega}|u-1|^{2} \\
= & \int_{\Omega}|u-\chi+\chi|^{2} \bigwedge \int_{\Omega}|u-\chi+\chi-1|^{2} \\
\leq & 2 \int_{\Omega}\left(|u-\chi|^{2}+|\chi|\right) \bigwedge \int_{\Omega}\left(|u-\chi|^{2}+|\chi-1|\right) \\
= & 2\left[\int_{\Omega}|u-\chi|^{2}+\min \left(\int_{\Omega} \chi, \int_{\Omega} 1-\chi\right)\right] \\
\leq & 2 \int_{\Omega}|u-\chi|^{2}+16 \int_{\Omega}|u-\chi|^{2} \\
& +C(\Omega)\left(\int_{\Omega}|u-\chi|^{2} \int_{\Omega}|\nabla u|^{2}\right)^{n / 2(n-1)} \tag{7}
\end{align*}
$$

Let $w \in W^{2,2}\left(\Omega, \mathbb{R}^{n}\right)$, define $u: \Omega \rightarrow \mathbb{R}$ by $u(x):=f(\nabla w(x))$. Since $f$ is Lipschitz, $u \in W^{1,2}(\Omega)$. Define,

$$
\chi(x):= \begin{cases}0, & \text { if } u(x) \leq 1 / 2 \\ 1, & \text { if } u(x)>1 / 2 .\end{cases}
$$

Hence $\operatorname{dist}(u(x),\{0,1\})=|u(x)-\chi(x)|$. Now observe that for any $F \in$ $\mathbb{R}^{n \times n}, \operatorname{dist}(f(F),\{0,1\})=\operatorname{dist}(f(F), f(K)) \leq \operatorname{Lip}(f) \operatorname{dist}(F, K)$. Let $M:=$ $\max \left(\operatorname{diam}(K),|K|_{\infty}\right),|K|_{\infty}:=\max _{K}|F|, B(0, M):=\left\{F \in \mathbb{R}^{n \times n}:|F| \leq\right.$ $M\}$ and $C=C\left(K_{1}, K_{2}\right):=\sup _{B(0,2 M)}\left[\operatorname{dist}\left(F, K_{1}\right)+\operatorname{dist}\left(F, K_{2}\right)\right]$. Then on $B(0,2 M)$, $\operatorname{dist}\left(\cdot, K_{1}\right) \leq C f$ and $\operatorname{dist}\left(\cdot, K_{2}\right) \leq C(1-f)$. Note that for $|F| \geq 2 M, \operatorname{dist}(F, K) \geq M$ and hence $\operatorname{dist}\left(F, K_{i}\right) \leq 2 \operatorname{dist}(F, K) i=1,2$. Therefore by taking $u=f(\nabla w), w \in W^{2,2}\left(\Omega, \mathbb{R}^{n}\right)$, we obtain

$$
\begin{align*}
\int_{\Omega} \mathrm{d}_{K_{1}}^{2}(\nabla w) & =\int_{\{x \in \Omega:|\nabla w(x)| \leq 2 M\}} \mathrm{d}_{K_{1}}^{2}(\nabla w)+\int_{\{x \in \Omega:|\nabla w(x)|>2 M\}} \mathrm{d}_{K_{1}}^{2}(\nabla w) \\
& \leq C \int_{\{x \in \Omega:|\nabla w(x)| \leq 2 M\}}|f(\nabla w)|^{2}+4 \int_{\{x \in \Omega:|\nabla w(x)|>2 M\}} \mathrm{d}_{K}^{2}(\nabla w) \\
& \leq C \int_{\Omega}|u|^{2}+4 \int_{\Omega} \mathrm{d}_{K}^{2}(\nabla w) . \tag{8}
\end{align*}
$$

Similarly, we obtain

$$
\begin{equation*}
\int_{\Omega} \mathrm{d}_{K_{2}}^{2}(\nabla w) \leq C \int_{\Omega}|1-u|^{2}+4 \int_{\Omega} \mathrm{d}_{K}^{2}(\nabla w) . \tag{9}
\end{equation*}
$$

Hence the lemma follows from (7)-(9).
Remark 5. One easily sees that the best constant $C$ in Lemma 4 is invariant under uniform scaling and translation of the domain.

## 3 The Rigidity Theorem

We begin with an interior estimate.
Theorem 3.1. Let $\Omega \subset \mathbb{R}^{n}$ be a bounded Lipschitz domain, $n \geq 2$, and $U \subset \subset \Omega$. Let $K:=S O(n) \cup S O(n) H$, where $H=\operatorname{diag}\left(\lambda_{1}, \cdots \lambda_{n}\right), \lambda_{i}>0$ is such that $\sum_{i=1}^{n}\left(1-\lambda_{i}\right)\left(1-\operatorname{det} H / \lambda_{i}\right)>0$. Then there exists a positive constant $C(U, \Omega, H)$ with the following property. For each $u \in W^{1,2}\left(\Omega, \mathbb{R}^{n}\right)$ there is an associated $R \in K$ such that

$$
\begin{equation*}
\|\nabla u-R\|_{L^{2}(U)} \leq C(U, \Omega, H)\|\operatorname{dist}(\nabla u, K)\|_{L^{2}(\Omega)} \tag{10}
\end{equation*}
$$

Proof. First we note that, $|K|_{\infty}:=\max _{F \in K}|F|=\max \left(\sqrt{n},\left(\sum_{i=1}^{n} \lambda_{i}^{2}\right)^{1 / 2}\right)$. Throughout this proof $C$ is a generic absolute constant depending only on $n$, the $\lambda_{i}, \Omega$ and $U$. Its value can vary from line to line, but each line is valid with $C$ being a pure positive number. By a truncation argument, see Proposition A. 1 in [9] it is enough to prove the inequality (10) for maps with $\|\nabla u\|_{L^{\infty}(\Omega)} \leq M$, for some constant M depending only on $\Omega$ and the set $K$. To see this, first observe that $|F| \leq 2 \operatorname{dist}(F, K)$ if $|F| \geq 2|K|_{\infty}$. Hence by Proposition A. 1 in [9] applied with $\lambda=4|K|_{\infty}$, for each $u \in W^{1,2}\left(\Omega, \mathbb{R}^{n}\right)$ there exists a map $v \in W^{1, \infty}\left(\Omega, \mathbb{R}^{n}\right)$ satisfying

$$
\begin{aligned}
\|\nabla v\|_{L^{\infty}(\Omega)} & \leq 4 C|K|_{\infty}:=M \\
\|\nabla v-\nabla u\|_{L^{2}(\Omega)}^{2} & \leq C \int_{\{x \in \Omega:|\nabla u(x)|>2|K| \infty\}}|\nabla u|^{2} d x \\
& \leq 4 C \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) d x
\end{aligned}
$$

This in particular implies that $\|\operatorname{dist}(\nabla v, K)\|_{L^{2}(\Omega)} \leq(2 \sqrt{C}+1)\|\operatorname{dist}(\nabla u, K)\|_{L^{2}(\Omega)}$. Hence, if we prove the inequality (10) for $v$ the assertion for $u$ follows by the triangle inequality.

## Step 1. Elliptic estimate:

Let

$$
\begin{equation*}
\epsilon:=\|\operatorname{dist}(\nabla u, K)\|_{L^{2}(\Omega)} . \tag{11}
\end{equation*}
$$

Without loss of generality we may assume $\epsilon \leq 1$. By Lemma 1 , there exists a smooth function $W: \mathbb{R}^{n \times n} \rightarrow \mathbb{R}$ such that $W$ is uniformly convex and satisfies $|\nabla W(F)| \leq C(1+|F|),\left|\nabla^{2} W(F)\right| \leq C$ for all $F \in \mathbb{R}^{n \times n}$ and $\nabla W=$ cof on $K=S O(n) \cup S O(n) H$. Define $A: \mathbb{R}^{n \times n} \rightarrow \mathbb{R}^{n \times n}$ by $A:=\nabla W$. Then $A$ is a uniformly monotone vector field, i.e. $A(F)-A(G):$ $F-G \geq C|F-G|^{2}$, where $A: B:=\operatorname{tr}\left(A^{t} B\right)$. Now define $f: \mathbb{R}^{n \times n} \rightarrow \mathbb{R}^{n \times n}$ by

$$
f(F):=\operatorname{cof}(F)-A(F) .
$$

Since $f=0$ on $K$ and $\operatorname{div} \operatorname{cof} \nabla u=0$ (where div is taken by rows) we obtain

$$
\begin{equation*}
-\operatorname{div} A(\nabla u)=\operatorname{div} f(\nabla u) \tag{12}
\end{equation*}
$$

and

$$
\begin{equation*}
|f(F)|^{2} \leq C \operatorname{dist}^{2}(F, K) \text { whenever }|F| \leq M \tag{13}
\end{equation*}
$$

Let $w \in W^{1,2}\left(\Omega, \mathbb{R}^{n}\right)$ be a solution to,

$$
\left\{\begin{array}{lll}
\operatorname{div} A(\nabla w) & =0 \quad \text { in } \Omega  \tag{14}\\
w & =u, & \text { on } \partial \Omega
\end{array}\right.
$$

To see that (14) has a solution it suffices to minimize $v \mapsto \int_{\Omega} W(\nabla v)$ subject to $v=u$ on $\partial \Omega$. By the standard elliptic regularity (see e.g. Theorem 1.1, Chapter II in [10]), $w \in W_{\text {loc }}^{2,2}\left(\Omega, \mathbb{R}^{n}\right)$ and for each $x \in \Omega, 0<r<\frac{1}{2} \operatorname{dist}(x, \partial \Omega)$, we have

$$
\begin{equation*}
\int_{B(x, r)}\left|\nabla^{2} w\right|^{2} d x \leq \frac{C}{r^{2}} \int_{B(x, 2 r)}|\nabla w|^{2} d x . \tag{15}
\end{equation*}
$$

Let $z:=u-w$, then $z=0$ on $\partial \Omega$. Since

$$
-[\operatorname{div} A(\nabla u)-A(\nabla w)]=\operatorname{div} f(\nabla u) \text { in } \Omega,
$$

we obtain, by testing with $z=u-w$

$$
\begin{aligned}
\int_{\Omega} A(\nabla u)-A(\nabla w): \nabla u-\nabla w d x & =\int_{\Omega} f(\nabla u): \nabla w-\nabla u d x \\
& \leq\left(\int_{\Omega}|f(\nabla u)|^{2} d x \int_{\Omega}|\nabla u-\nabla w|^{2} d x\right)^{1 / 2}
\end{aligned}
$$

By monotonicity we have

$$
\begin{align*}
\int_{\Omega}|\nabla u-\nabla w|^{2} d x & \leq C \int_{\Omega}|f(\nabla u)|^{2} d x \\
& \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) d x \\
& =C \epsilon^{2} \tag{16}
\end{align*}
$$

Therefore it is enough to prove that there exists $R \in K$, such that

$$
\begin{equation*}
\int_{\Omega}|\nabla w-R|^{2} d x \leq C \epsilon^{2} \tag{17}
\end{equation*}
$$

## Step 2. Estimates in measure:

Let us define $E:=\{x \in \Omega: \operatorname{dist}(\nabla w(x), S O(n) H) \leq \rho\}$, where $2 \rho:=$ $\operatorname{dist}(S O(n), S O(n) H)$. Therefore $\operatorname{dist}(\nabla w(x), S O(n)) \geq \rho$ on the set $E$ and $\operatorname{dist}(\nabla w(x), S O(n)) \leq C \operatorname{dist}(\nabla w(x), K)$ in $\Omega \backslash E$. If $\mathcal{L}^{n}(E)=0$, then by Theorem 1 ( Theorem 3.1 in [9]), there exists $R \in S O(n)$ satisfying (17) and hence we are done in this case. Let $U$ be a relatively compact subset of $\Omega$. If $\mathcal{L}^{n}(E \cap U)=0$, trivially we obtain (10) and hence we assume $\mathcal{L}^{n}(E \cap U)>0$. Choose $0<s_{0}<1 / 2$, let $\alpha_{n}$ be the volume of the unit ball in $\mathbb{R}^{n}$ and let $\delta=\delta(U):=1 / 3 \operatorname{dist}(U, \partial \Omega)$. From (15) and (16) we obtain
$\int_{U}\left|\nabla^{2} w\right|^{2} \leq C(\delta, \Omega) \int_{\Omega}|\nabla w|^{2} \leq C(\delta, \Omega) \int_{\Omega}\left(|K|_{\infty}^{2}+\operatorname{dist}^{2}(\nabla w, K)\right) \leq C(\delta, \Omega, K)$.
Let $K_{1}:=S O(n), K_{2}:=S O(n) H$ and $\mathrm{d}_{P}(\cdot):=\operatorname{dist}(\cdot P)$. Therefore by Lemma 4, we have

$$
\begin{align*}
\mathcal{L}^{n}(E \cap U) \bigwedge \mathcal{L}^{n}(U \backslash E) & \leq \frac{1}{\rho^{2}}\left(\int_{U} \mathrm{~d}_{K_{1}}^{2}(\nabla w) \bigwedge \int_{U} \mathrm{~d}_{K_{2}}^{2}(\nabla w)\right) \\
& \leq C(n, U, K)\left[\epsilon^{2}+\left(\epsilon^{2} \int_{U}\left|\nabla^{2} w\right|^{2}\right)^{n / 2(n-1)}\right] \\
& \leq C(n, \delta, U, \Omega, K) \epsilon^{n /(n-1)} \\
& \leq \begin{cases}\alpha_{n} s_{0} \delta^{n}, & \text { if } \epsilon \leq \epsilon_{0} \\
\left(\alpha_{n} s_{0} / C\right)^{-(n-2) / n} \delta^{2-n} \epsilon^{2}, & \text { if } \epsilon \geq \epsilon_{0}\end{cases} \tag{18}
\end{align*}
$$

where $\epsilon_{0}:=\left(\alpha_{n} s_{0} / C\right)^{(n-1) / n} \delta^{n-1}$. If $\epsilon \geq \epsilon_{0}$, then we have a bound for $\int_{U} \mathrm{~d}_{K_{1}}^{2}(\nabla w)$ or $\int_{U} \mathrm{~d}_{K_{2}}^{2}(\nabla w)$ with the optimal scaling $\epsilon^{2}$ and hence the assertion follows from Theorem 1. Therefore, suppose $\epsilon \leq \epsilon_{0}$ and hence either $\mathcal{L}^{n}(E \cap U)$ or $\mathcal{L}^{n}(U \backslash E)$ is small.

## Step 3. Covering argument and the final estimate:

Let us first assume that $\mathcal{L}^{n}(E \cap U) \leq \alpha_{n} s_{0} \delta^{n}$. In this case we will prove that there exists a constant $C$, depending only on $n, \Omega$ and $K$, such that

$$
\begin{equation*}
\mathcal{L}^{n}(E \cap U) \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla w(x), K) d x \tag{19}
\end{equation*}
$$

By $\quad f_{E} f d x$ we denote the mean value $\left(\mathcal{L}^{n}(E)\right)^{-1} \int_{E} f d x$. Let $M$ be the Hardy maximal operator defined by

$$
M f(x):=\sup _{0<r<\infty} f_{B(x, r)}|f| d x
$$

Let $x \in \Omega$ and $0<r<\frac{1}{2} \operatorname{dist}(x, \partial \Omega)$ and $B(x, r) \subset \Omega$, be the ball of radius $r$, centered at $x$. Then by Remark 5 there exists $C:=C(n, K)>0$, such that

$$
\begin{align*}
C \int_{B(x, r)} \mathrm{d}_{K_{1}}^{2}(\nabla w) \bigwedge \int_{B(x, r)} \mathrm{d}_{K_{2}}^{2}(\nabla w) \leq & \left(\int_{B(x, r)} \mathrm{d}_{K}^{2}(\nabla w) \int_{B(x, r)}\left|\nabla^{2} w\right|^{2}\right)^{n / 2(n-1)} \\
& +\int_{B(x, r)} \mathrm{d}_{K}^{2}(\nabla w) \tag{20}
\end{align*}
$$

Substituting (15) in (20) and dividing both sides by $\mathcal{L}^{n}(B(x, r))$, we obtain

$$
\begin{align*}
C \oint_{B(x, r)} \mathrm{d}_{K_{1}}^{2}(\nabla w) \bigwedge \oint_{B(x, r)} \mathrm{d}_{K_{2}}^{2}(\nabla w) \leq & \left(\oint_{B(x, r)} \mathrm{d}_{K}^{2}(\nabla w) \oint_{B(x, 2 r)}|\nabla w|^{2}\right)^{n / 2(n-1)} \\
& +\oint_{B(x, r)} \mathrm{d}_{K}^{2}(\nabla w) \\
\leq & \left(M\left(|\nabla w|^{2}\right)(x) \oint_{B(x, r)} \mathrm{d}_{K}^{2}(\nabla w)\right)^{n / 2(n-1)} \\
& +\oint_{B(x, r)} \mathrm{d}_{K}^{2}(\nabla w) \tag{21}
\end{align*}
$$

Here and in the following we extend $|\nabla w|^{2}$ by zero outside $\Omega$. Define the set $A_{\infty}:=\left\{x \in \Omega: M\left(|\nabla w|^{2}(x)\right) \geq R^{2}\right\}$, where $R:=2 \sqrt{2}|K|_{\infty}$. We claim $A_{\infty} \subset\left\{x \in \Omega: M\left(\operatorname{dist}^{2}(\nabla w(x), K)\right) \geq R^{2} / 10\right\}$. Indeed observe that for each $x \in \Omega,|\nabla w(x)|^{2} \leq\left(|\nabla w(x)|^{2}-\frac{R^{2}}{2}\right)_{+}+\frac{R^{2}}{2}$ and hence $M\left(|\nabla w(x)|^{2}\right) \leq M\left(|\nabla w(x)|^{2}-\frac{R^{2}}{2}\right)_{+}+\frac{R^{2}}{2}$. Therefore, for each $x \in A_{\infty}$,
$M\left(|\nabla w(x)|^{2}-\frac{R^{2}}{2}\right)_{+} \geq \frac{R^{2}}{2}$. By the definition of $R$, it is easy to verify that $\left(|\nabla w(x)|^{2}-\frac{R^{2}}{2}\right)_{+} \leq 4 \operatorname{dist}^{2}(\nabla w(x), K)$. This yields the claim. Therefore by the weak $L^{1}$ estimate for the maximal function (e.g. see Theorem 7.4 in [19])

$$
\begin{equation*}
\mathcal{L}^{n}\left(A_{\infty}\right) \leq \mathcal{L}^{n}\left(\left\{M\left(\operatorname{dist}^{2}(\nabla w(x), K)\right) \geq R^{2} / 10\right\}\right) \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla w, K) \tag{22}
\end{equation*}
$$

If $\mathcal{L}^{n}\left(E \cap U \backslash A_{\infty}\right)=0$, then $\mathcal{L}^{n}(E \cap U)=\mathcal{L}^{n}\left(A_{\infty}\right)$ and hence (19) follows from (22). Suppose $\mathcal{L}^{n}\left(E \cap U \backslash A_{\infty}\right)>0$. By the Lebesgue point Theorem, there exists a set $N$ of measure zero, such that for each $x \in\left(E \cap U \backslash A_{\infty}\right) \backslash N$ there exists $r_{x}>0$ satisfying

$$
\begin{equation*}
\frac{\mathcal{L}^{n}\left(E \cap U \cap B\left(x, r_{x}\right)\right)}{\mathcal{L}^{n}\left(B\left(x, r_{x}\right)\right)}=s_{0} . \tag{23}
\end{equation*}
$$

By smallness of measure of $E \cap U$, it follows that $B\left(x, 2 r_{x}\right) \subset \Omega$. By Besicovitch covering Theorem there exists countable number of disjoint balls $B\left(x_{i}, r_{i}\right)$ satisfying (23) such that

$$
\begin{equation*}
\mathcal{L}^{n}\left(E \cap U \backslash A_{\infty}\right) \leq C \sum_{i \geq 1} \mathcal{L}^{n}\left(B\left(x_{i}, r_{i}\right)\right) \tag{24}
\end{equation*}
$$

Since for each $i \geq 1$ we have $\operatorname{dist}(\nabla w(x), S O(n) H) \geq \rho$ on $B\left(x_{i}, r_{i}\right) \backslash E$ we deduce from (21) that for each $x \in(E \cap U) \backslash A_{\infty}$

$$
\begin{align*}
s_{0} \rho^{2} & \leq \min \left(s_{0} \rho^{2},\left(1-s_{0}\right) \rho^{2}\right) \\
& \leq \min \left(f_{B\left(x_{i}, r_{i}\right)} \mathrm{d}_{K_{1}}^{2}(\nabla w), \oint_{B\left(x_{i}, r_{i}\right)} \mathrm{d}_{K_{2}}^{2}(\nabla w)\right) \\
& \leq C\left(\oint_{B\left(x_{i}, r_{i}\right)} \mathrm{d}_{K}^{2}(\nabla w)\right)^{n / 2(n-1)}+\oint_{B\left(x_{i}, r_{i}\right)} \mathrm{d}_{K}^{2}(\nabla w) \tag{25}
\end{align*}
$$

Since $r_{i}$ can be chosen smaller than 1 and $\int_{B\left(x_{i}, r_{i}\right)} \mathrm{d}_{K}^{2}(\nabla w) \leq C \epsilon^{2}$, from the above inequality we obtain

$$
\begin{equation*}
\int_{B\left(x_{i}, r_{i}\right)} \mathrm{d}_{K}^{2}(\nabla w) \geq C\left(s_{0} \rho^{2}\right)^{2(n-1) / n} \mathcal{L}^{n}\left(B\left(x_{i}, r_{i}\right)\right. \tag{26}
\end{equation*}
$$

Hence by summing over all $i$ and by (24), we obtain

$$
\begin{equation*}
\mathcal{L}^{n}\left(E \cap U \backslash A_{\infty}\right) \leq C \int_{\Omega} \mathrm{d}_{K}^{2}(\nabla w) \tag{27}
\end{equation*}
$$

Therefore the inequality (19) follows from (22) and (27). Now from (19), we obtain

$$
\begin{align*}
\int_{U} \operatorname{dist}^{2}(\nabla w, S O(n)) & =\int_{U \backslash E} \operatorname{dist}^{2}(\nabla w, S O(n))+\int_{U \cap E} \operatorname{dist}^{2}(\nabla w, S O(n)) \\
& \leq C \int_{U \backslash E} \operatorname{dist}^{2}(\nabla w, K)+C\left[\mathcal{L}^{n}(U \cap E)+\int_{U \cap E} \operatorname{dist}^{2}(\nabla w, K)\right] \\
& \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla w, K) \tag{28}
\end{align*}
$$

Now the desired estimate follows from Theorem 1. If $\mathcal{L}^{n}(U \backslash E) \leq \alpha_{n} s_{0} \delta^{n}$, we obtain the inequality (28) with $S O(n) H$ instead of $S O(n)$. This finishes the proof of the Theorem 3.1.

## Proof of Theorem 2.

To establish the estimate up to the boundary we proceed as in [9] and make use of the following cube decomposition of $\Omega$ (see Theorem 1 and Proposition 3, Chapter VI in [21] ).

Proposition 3.2. There exists a constant $N$, which depends only on the dimension $n$ and a collection $\mathcal{F}=\left\{Q_{1}, Q_{2} \cdots\right\}$ of closed cubes, whose sides are parallel to the axes and having disjoint interiors so that
(i) $\Omega=\cup_{k} Q_{k}$
(ii) $\operatorname{diam} Q_{k} \leq \operatorname{dist}\left(Q_{k}, \partial \Omega\right) \leq 4 \operatorname{diam} Q_{k}$
(iii) each point in $\Omega$ is contained in at most $N$ of the enlarged concentric cubes $Q_{k}^{*}$, where $Q_{k}^{*}:=x_{k}+\frac{9}{8}\left(Q_{k}-x_{k}\right)$ and where $x_{k}$ is the center of $Q_{k}$.

As in the proof of Theorem 3.1 we may assume $\|\nabla u\|_{L^{\infty}(\Omega)} \leq M, M$ being a constant depending on the domain $\Omega$ and the $\lambda_{i}$. We again use the decomposition $w=u-z$ as in the proof of Theorem 3.1. We now establish a weighted estimate for $\nabla^{2} w$ and then conclude by a weighted Poincaré inequality. Fix one of the cubes $Q:=\operatorname{int} Q_{k}=\bar{x}+\left(-\frac{r}{2}, \frac{r}{2}\right)^{n}$ of the above family $\mathcal{F}$ and denote $Q^{\mu}:=\bar{x}+\mu(Q-\bar{x})$ the concentric cube enlarged by a factor $\mu>1$. From the assertion (ii) of Proposition 3.2 it follows that the enlarged cube $Q^{\mu}$ is contained in $\Omega$ for every $1<\mu<2$. We choose $\mu>1$
such that $\mu^{2}<2$. Now apply the local estimate of Theorem 3.1 to $\Omega=Q^{\mu^{2}}$ and $U=Q^{\mu}$. Since the estimate (10) is invariant under dilations we get

$$
\begin{equation*}
\int_{Q^{\mu}}\left|\nabla u-R_{Q}\right|^{2} d x \leq C(H, \mu) \int_{Q^{\mu^{2}}} \operatorname{dist}^{2}(\nabla u, K) d x . \tag{29}
\end{equation*}
$$

By elliptic regularity we have

$$
\begin{equation*}
r^{2} \int_{Q}\left|\nabla^{2} w\right|^{2} d x \leq \frac{C}{(\mu-1)^{2}} \min _{F \in \mathbb{R}^{n \times n}} \int_{Q_{k}}|\nabla w-F|^{2} d x . \tag{30}
\end{equation*}
$$

Hence by using (29) and the decomposition $w=u-z$ we get

$$
\begin{equation*}
\int_{Q} r^{2}\left|\nabla^{2} w\right|^{2} d x \leq C(\mu, H) \int_{Q^{\mu^{2}}}\left(\operatorname{dist}^{2}(\nabla u, K)+|\nabla z|^{2}\right) d x \tag{31}
\end{equation*}
$$

Now let $\mu=\sqrt{\frac{9}{8}}$. Then assertion (ii) of Proposition 3.2 implies that

$$
\begin{align*}
\int_{Q_{k}}\left|\nabla^{2} w\right|^{2} \operatorname{dist}^{2}(x, \partial \Omega) d x & \leq C(n, H) \int_{Q_{k}^{*}}\left(\operatorname{dist}^{2}(\nabla u, K)+|\nabla z|^{2}\right) d x \\
& =C(n, H) \int_{\Omega}\left(\operatorname{dist}^{2}(\nabla u, K)+|\nabla z|^{2}\right) \chi_{Q_{k}^{*}}(x) d x \tag{32}
\end{align*}
$$

Summation over $k$ and the assertion (iii) of Proposition 3.2 and (16) yield

$$
\begin{align*}
\int_{\Omega}\left|\nabla^{2} w\right|^{2} \operatorname{dist}^{2}(x, \partial \Omega) d x & \leq C(n, H) N \int_{\Omega}\left(\operatorname{dist}^{2}(\nabla u, K)+|\nabla z|^{2}\right) d x \\
& \leq C(n, \Omega, H) \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) d x \tag{33}
\end{align*}
$$

To conclude the proof we write $f=\nabla w$ and use a weighted Poincaré inequality of the form

$$
\begin{equation*}
\min _{F \in \mathbb{R}^{n \times n}} \int|f(x)-F|^{2} d x \leq C(\Omega) \int_{\Omega}|\nabla f|^{2} \operatorname{dist}^{2}(x, \partial \Omega) d x \tag{34}
\end{equation*}
$$

which is valid for $f \in W^{1,2}\left(\Omega, \mathbb{R}^{n \times n}\right)$. This inequality is derived in [9] as an immediate consequence of the following estimate (see Theorem 1.5 of [18] or Theorem 8.8 of [13]):

$$
\int_{U}|g|^{2} d x \leq C(U) \int_{U}\left(|g|^{2}+|\nabla g|^{2}\right) \operatorname{dist}^{2}(x, \partial \Omega) d x
$$

for $g \in W_{\text {loc }}^{1,2}(U) \cap L^{2}(U)$. Apply the inequality (34) to (33) to obtain $F \in$ $\mathbb{R}^{n \times n}$ such that

$$
\begin{align*}
\int_{\Omega}|\nabla u-F|^{2} d x & \leq 2\left(\int_{\Omega}|\nabla w-F|^{2} d x+\int_{\Omega}|\nabla z|^{2} d x\right) \\
& \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) d x \tag{35}
\end{align*}
$$

If $F \in K$ we are done. Suppose $0<\delta:=\operatorname{dist}(F, K)=|F-R|, R \in K$. From (35) it easily follows that

$$
\mathcal{L}^{n}(\Omega) \delta^{2} \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) d x
$$

and hence

$$
\begin{align*}
\int_{\Omega}|\nabla u-R|^{2} d x & \leq 2 \int_{\Omega}|\nabla u-F|^{2} d x+2 \mathcal{L}^{n}(\Omega) \delta^{2} \\
& \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) d x \tag{36}
\end{align*}
$$

This finishes the proof of Theorem 2.

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