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# Rigidity Estimate for Two Incompatible Wells

by

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## Rigidity estimate for two incompatible wells

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#### 1 Introduction

Recently, Friesecke, James and Müller [8, 9] obtained the following interesting rigidity estimate in connection to their study in nonlinear plate theory.

**Theorem 1.** Let  $\Omega \subset \mathbb{R}^n$  be a bounded Lipschitz domain,  $n \geq 2$ . There exists a constant  $C(\Omega)$  with the property that for each  $u \in W^{1,2}(\Omega, \mathbb{R}^n)$ , there exists an associated rotation  $R \in SO(n)$ , such that

$$\|\nabla u - R\|_{L^2(\Omega)} \le C(\Omega) \|\operatorname{dist}(\nabla u, SO(n))\|_{L^2(\Omega)}. \tag{1}$$

This generalizes a classical result of F. John [11] who derived an estimate of  $\|\nabla u - R\|_{L^2}$  in terms of  $\|\operatorname{dist}(\nabla u, SO(n)\|_{L^{\infty}}$  for locally Bilipschitz maps u. In connection with mathematical models for materials undergoing solid-solid phase transformations [1, 2, 4, 7, 17], one is interested in deformations u whose gradient is close to a set  $K := \bigcup_{i=1}^m SO(n)U_i$ , which consists of several copies of SO(n) (so-called energy wells). Here we consider the two-well problem for two strongly incompatible wells. For further information on the two-well problem see [6, 15, 22]. Rigidity for a linearized version of the two-well problem is discussed in [5, 12]. We prove an estimate of the type (1) for two strongly incompatible wells.

**Theorem 2.** Let  $\Omega \subset \mathbb{R}^n$  be a bounded Lipschitz domain,  $n \geq 2$  and  $K := SO(n) \cup SO(n) H$ , where  $H = \operatorname{diag}(\lambda_1, \dots, \lambda_n)$ ,  $\lambda_i > 0$  such that  $\sum_{i=1}^n (1 - \lambda_i) (1 - \det H/\lambda_i) > 0$ . There exists a positive constant  $C(\Omega, H)$  with the following property. For each  $u \in W^{1,2}(\Omega, \mathbb{R}^n)$  there is an associated  $R := R(u, \Omega) \in K$  such that

$$\|\nabla u - R\|_{L^2(\Omega)} \le C(\Omega, H) \|\operatorname{dist}(\nabla u, K)\|_{L^2(\Omega)}. \tag{2}$$

Theorem 2 has interesting consequences for the scaling of the energy in thin martensitic films [3, 20] which will be discussed in a forthcoming paper.

## 2 Preliminary Results

To prove Theorem 2, we need some preliminary lemmas. The first lemma is due to J. P. Matos [15] and concerns construction of smooth uniformly convex function, which have quadratic growth and whose gradient is the cofactor on the set  $K := SO(n) \cup SO(n) H$ .

**Lemma 1 (Matos [15]).** Let  $K := SO(n) \cup SO(n) H$ ,  $H = \operatorname{diag}(\lambda_1, \dots, \lambda_n)$ ,  $\lambda_i > 0$ . Then there exits a smooth function  $W : \mathbb{R}^{n \times n} \to \mathbb{R}$ , which is uniformly convex and has quadratic growth and satisfies  $\nabla W = \nabla \det = \operatorname{cof}$  in K, if and only if  $\sum_{i=1}^{n} (1 - \lambda_i) (1 - \det H/\lambda_i) > 0$ .

The following lemma is a version of the generalized Poincaré inequality, see Theorem 3.6.5 in [16].

**Lemma 2.**  $\Omega \subset \mathbb{R}^n$ ,  $n \geq 2$  be a bounded Lipschitz domain and  $0 < \delta \leq 1$ . Suppose that  $u \in W^{1,1}(\Omega)$  and  $\mathcal{L}^n(\{x \in \Omega : u(x) = 0\}) \geq \delta \mathcal{L}^n(\Omega)$ . Then there exists  $C(n, \delta, \Omega) > 0$  such that

$$||u||_{L^{n/(n-1)}(\Omega)} \le C(n,\delta,\Omega) ||\nabla u||_{L^1(\Omega)}.$$

Next we state a variant of a lemma by Luckhaus [14] for bounded domains. This lemma is an important ingredient in the proof of our main Theorem.

**Lemma 3.** Let  $\Omega \subset \mathbb{R}^n$  be a bounded Lipschitz domain,  $n \geq 2$  and let  $\chi : \Omega \to \{0, 1\}$  be a characteristic function. Then there exists a constant  $C(\Omega) > 0$ , such that for any  $u \in W^{1,2}(\Omega)$ 

$$\min\left(\int_{\Omega} \chi \,, \int_{\Omega} 1 - \chi\right) \leq 16 \int_{\Omega} |u - \chi|^2 + C(\Omega) \left(\int_{\Omega} |u - \chi|^2 \int_{\Omega} |\nabla u|^2\right)^{n/2(n-1)}$$

**Proof.** Let  $u \in W^{1,2}(\Omega)$  and let  $A := \{x \in \Omega : u(x) \le 1/2\}$ . Suppose first that  $\mathcal{L}^n(A) \ge 1/2 \mathcal{L}^n(\Omega)$ . Define,  $E := \{x \in \Omega : \chi = 1\}$  and  $E_u := \{x \in E : u \ge 3/4\}$ . On  $E \setminus E_u$  the inequality u < 3/4 implies  $4|u-\chi| \ge \chi$  and hence

$$\int_{\Omega} \chi = \int_{E_u} \chi + \int_{E \setminus E_u} \chi \le \int_{E_u} \chi + 16 \int_{\Omega} |u - \chi|^2.$$
 (3)

To estimate the integral  $\int_{E_n} \chi$ , we define the function  $\psi : \Omega \to \mathbb{R}$  by

$$\psi(x) := \left(u(x) - \frac{1}{2}\right)_+ \wedge \frac{1}{4},$$

where  $a \wedge b := \min(a, b)$  and  $a_+ := \max(a, 0)$ . Observe that  $\nabla \psi \equiv 0$  on  $\{x \in \Omega : u(x) \geq 3/4\} \cup A$  and  $\psi = 0$  on A. Hence by Lemma 2, we have

$$\int_{E_{u}} \chi = \mathcal{L}^{n}(E_{u}) 
= 4^{n/(n-1)} \int_{E_{u}} |\psi|^{n/(n-1)} dx 
\leq 4^{n/(n-1)} \int_{\Omega} |\psi|^{n/(n-1)} dx 
\leq C \left( \int_{\Omega} |\nabla \psi| \right)^{n/(n-1)} dx 
= C \left( \int_{\{1/2 \le u \le 3/4\}} |\nabla u| dx \right)^{n/(n-1)} 
\leq C \left( \mathcal{L}^{n}(\{1/2 \le u \le 3/4\}) \int_{\Omega} |\nabla u|^{2} \right)^{n/2(n-1)} 
\leq 4^{n/(n-1)} C \left( \int_{\Omega} |u - \chi|^{2} \int_{\Omega} |\nabla u|^{2} \right)^{n/2(n-1)} .$$
(4)

Hence for the case  $\mathcal{L}^n(A) \geq 1/2 \mathcal{L}^n(\Omega)$  we obtain from (3) and (4)

$$\int_{\Omega} \chi \le 16 \int_{\Omega} |u - \chi|^2 + C \left( \int_{\Omega} |u - \chi|^2 \int_{\Omega} |\nabla u|^2 \right)^{n/2(n-1)}. \tag{5}$$

If  $\mathcal{L}^n(A) < 1/2 \mathcal{L}^n(\Omega)$ , it suffices to replace u by 1 - u and  $\chi$  by  $1 - \chi$ .  $\square$ 

**Lemma 4.** Let  $\Omega \subset \mathbb{R}^n$ ,  $n \geq 2$  be a bounded Lipschitz domain and let  $K_1$ ,  $K_2$  be compact disjoint subsets of  $\mathbb{R}^{n \times n}$ . Define,  $d_P(\cdot) := dist(\cdot, P)$  and  $K := K_1 \cup K_2$ . Then there exists a constant  $C := C(K_1, K_2, \Omega) > 0$ , such that for any  $w \in W^{2,2}(\Omega, \mathbb{R}^n)$ 

$$\min \left( \int_{\Omega} d_{K_1}^2(\nabla w) , \int_{\Omega} d_{K_2}^2(\nabla w) \right) \le C \left( \int_{\Omega} d_K^2(\nabla w) \int_{\Omega} |\nabla^2 w|^2 \right)^{n/2(n-1)} + C \int_{\Omega} d_K^2(\nabla w) . \tag{6}$$

**Proof.** Let  $f: \mathbb{R}^{n \times n} \to [0,1]$  be the Lipschitz function defined by

$$f(F) := \frac{\operatorname{dist}(F, K_1)}{\operatorname{dist}(F, K_1) + \operatorname{dist}(F, K_2)}.$$

Then f = 0 in  $K_1$  and f = 1 in  $K_2$ . Let  $u \in W^{1,2}(\Omega)$  and let  $\chi$  be a characteristic function on  $\Omega$ . Then by Lemma 3, we have

$$\int_{\Omega} d^{2}(u, \{0\}) \bigwedge \int_{\Omega} d^{2}(u, \{1\}) = \int_{\Omega} |u|^{2} \bigwedge \int_{\Omega} |u - 1|^{2}$$

$$= \int_{\Omega} |u - \chi + \chi|^{2} \bigwedge \int_{\Omega} |u - \chi + \chi - 1|^{2}$$

$$\leq 2 \int_{\Omega} \left( |u - \chi|^{2} + |\chi| \right) \bigwedge \int_{\Omega} \left( |u - \chi|^{2} + |\chi - 1| \right)$$

$$= 2 \left[ \int_{\Omega} |u - \chi|^{2} + \min \left( \int_{\Omega} \chi, \int_{\Omega} 1 - \chi \right) \right]$$

$$\leq 2 \int_{\Omega} |u - \chi|^{2} + 16 \int_{\Omega} |u - \chi|^{2}$$

$$+ C(\Omega) \left( \int_{\Omega} |u - \chi|^{2} \int_{\Omega} |\nabla u|^{2} \right)^{n/2(n-1)} \tag{7}$$

Let  $w \in W^{2,2}(\Omega, \mathbb{R}^n)$ , define  $u : \Omega \to \mathbb{R}$  by  $u(x) := f(\nabla w(x))$ . Since f is Lipschitz,  $u \in W^{1,2}(\Omega)$ . Define,

$$\chi(x) := \left\{ \begin{array}{ll} 0, & \text{if} \quad u(x) \le 1/2 \\ 1, & \text{if} \quad u(x) > 1/2 \end{array} \right.$$

Hence  $\operatorname{dist}(u(x), \{0, 1\}) = |u(x) - \chi(x)|$ . Now observe that for any  $F \in \mathbb{R}^{n \times n}$ ,  $\operatorname{dist}(f(F), \{0, 1\}) = \operatorname{dist}(f(F), f(K)) \leq \operatorname{Lip}(f)\operatorname{dist}(F, K)$ . Let  $M := \max(\operatorname{diam}(K), |K|_{\infty})$ ,  $|K|_{\infty} := \max_{K} |F|$ ,  $B(0, M) := \{F \in \mathbb{R}^{n \times n} : |F| \leq M\}$  and  $C = C(K_1, K_2) := \sup_{B(0, 2M)} [\operatorname{dist}(F, K_1) + \operatorname{dist}(F, K_2)]$ . Then on B(0, 2M),  $\operatorname{dist}(\cdot, K_1) \leq C f$  and  $\operatorname{dist}(\cdot, K_2) \leq C (1 - f)$ . Note that for  $|F| \geq 2 M$ ,  $\operatorname{dist}(F, K) \geq M$  and hence  $\operatorname{dist}(F, K_i) \leq 2 \operatorname{dist}(F, K)$  i = 1, 2. Therefore by taking  $u = f(\nabla w)$ ,  $w \in W^{2,2}(\Omega, \mathbb{R}^n)$ , we obtain

$$\int_{\Omega} d_{K_{1}}^{2}(\nabla w) = \int_{\{x \in \Omega : |\nabla w(x)| \leq 2M\}} d_{K_{1}}^{2}(\nabla w) + \int_{\{x \in \Omega : |\nabla w(x)| > 2M\}} d_{K_{1}}^{2}(\nabla w) 
\leq C \int_{\{x \in \Omega : |\nabla w(x)| \leq 2M\}} |f(\nabla w)|^{2} + 4 \int_{\{x \in \Omega : |\nabla w(x)| > 2M\}} d_{K}^{2}(\nabla w) 
\leq C \int_{\Omega} |u|^{2} + 4 \int_{\Omega} d_{K}^{2}(\nabla w) .$$
(8)

Similarly, we obtain

$$\int_{\Omega} d_{K_2}^2(\nabla w) \le C \int_{\Omega} |1 - u|^2 + 4 \int_{\Omega} d_K^2(\nabla w). \tag{9}$$

Hence the lemma follows from (7)–(9).

**Remark 5.** One easily sees that the best constant C in Lemma 4 is invariant under uniform scaling and translation of the domain.

## 3 The Rigidity Theorem

We begin with an interior estimate.

**Theorem 3.1.** Let  $\Omega \subset \mathbb{R}^n$  be a bounded Lipschitz domain,  $n \geq 2$ , and  $U \subset\subset \Omega$ . Let  $K := SO(n) \cup SO(n) H$ , where  $H = \operatorname{diag}(\lambda_1, \dots, \lambda_n)$ ,  $\lambda_i > 0$  is such that  $\sum_{i=1}^n (1 - \lambda_i) (1 - \det H/\lambda_i) > 0$ . Then there exists a positive constant  $C(U, \Omega, H)$  with the following property. For each  $u \in W^{1,2}(\Omega, \mathbb{R}^n)$  there is an associated  $R \in K$  such that

$$\|\nabla u - R\|_{L^2(U)} \le C(U, \Omega, H) \|\operatorname{dist}(\nabla u, K)\|_{L^2(\Omega)}$$
 (10)

**Proof.** First we note that,  $|K|_{\infty} := \max_{F \in K} |F| = \max \left( \sqrt{n}, \left( \sum_{i=1}^n \lambda_i^2 \right)^{1/2} \right)$ . Throughout this proof C is a generic absolute constant depending only on n, the  $\lambda_i$ ,  $\Omega$  and U. Its value can vary from line to line, but each line is valid with C being a pure positive number. By a truncation argument, see Proposition A.1 in [9] it is enough to prove the inequality (10) for maps with  $\|\nabla u\|_{L^{\infty}(\Omega)} \leq M$ , for some constant M depending only on  $\Omega$  and the set K. To see this, first observe that  $|F| \leq 2 \operatorname{dist}(F, K)$  if  $|F| \geq 2 |K|_{\infty}$ . Hence by Proposition A.1 in [9] applied with  $\lambda = 4 |K|_{\infty}$ , for each  $u \in W^{1,2}(\Omega, \mathbb{R}^n)$  there exists a map  $v \in W^{1,\infty}(\Omega, \mathbb{R}^n)$  satisfying

$$\|\nabla v\|_{L^{\infty}(\Omega)} \le 4C|K|_{\infty} := M,$$

$$\|\nabla v - \nabla u\|_{L^{2}(\Omega)}^{2} \leq C \int_{\{x \in \Omega : |\nabla u(x)| > 2|K|_{\infty}\}} |\nabla u|^{2} dx$$
$$\leq 4 C \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) dx.$$

This in particular implies that  $\|\operatorname{dist}(\nabla v, K)\|_{L^2(\Omega)} \leq (2\sqrt{C}+1)\|\operatorname{dist}(\nabla u, K)\|_{L^2(\Omega)}$ . Hence, if we prove the inequality (10) for v the assertion for u follows by the triangle inequality.

#### Step 1. Elliptic estimate:

Let

$$\epsilon := \|\operatorname{dist}(\nabla u, K)\|_{L^2(\Omega)}. \tag{11}$$

Without loss of generality we may assume  $\epsilon \leq 1$ . By Lemma 1, there exists a smooth function  $W: \mathbb{R}^{n\times n} \to \mathbb{R}$  such that W is uniformly convex and satisfies  $|\nabla W(F)| \leq C(1+|F|), |\nabla^2 W(F)| \leq C$  for all  $F \in \mathbb{R}^{n\times n}$  and  $\nabla W = \text{cof on } K = SO(n) \cup SO(n) H$ . Define  $A: \mathbb{R}^{n\times n} \to \mathbb{R}^{n\times n}$  by  $A:=\nabla W$ . Then A is a uniformly monotone vector field, i.e.  $A(F)-A(G): F-G \geq C|F-G|^2$ , where  $A: B:= \text{tr}(A^tB)$ . Now define  $f: \mathbb{R}^{n\times n} \to \mathbb{R}^{n\times n}$  by

$$f(F) := cof(F) - A(F).$$

Since f = 0 on K and div  $cof \nabla u = 0$  (where div is taken by rows) we obtain

$$-\operatorname{div} A(\nabla u) = \operatorname{div} f(\nabla u) \tag{12}$$

and

$$|f(F)|^2 \le C \operatorname{dist}^2(F, K) \text{ whenever } |F| \le M.$$
 (13)

Let  $w \in W^{1,2}(\Omega, \mathbb{R}^n)$  be a solution to,

$$\begin{cases} \operatorname{div} A(\nabla w) &= 0 & \text{in } \Omega, \\ w &= u, & \text{on } \partial\Omega. \end{cases}$$
(14)

To see that (14) has a solution it suffices to minimize  $v \mapsto \int_{\Omega} W(\nabla v)$  subject to v = u on  $\partial\Omega$ . By the standard elliptic regularity (see e.g. Theorem 1.1, Chapter II in [10]),  $w \in W^{2,2}_{loc}(\Omega, \mathbb{R}^n)$  and for each  $x \in \Omega$ ,  $0 < r < \frac{1}{2}\operatorname{dist}(x, \partial\Omega)$ , we have

$$\int_{B(x,r)} |\nabla^2 w|^2 \, dx \, \le \, \frac{C}{r^2} \int_{B(x,2r)} |\nabla w|^2 \, dx \,. \tag{15}$$

Let z := u - w, then z = 0 on  $\partial \Omega$ . Since

$$-\left[\operatorname{div} A(\nabla u) - A(\nabla w)\right] = \operatorname{div} f(\nabla u) \text{ in } \Omega,$$

we obtain, by testing with z = u - w

$$\int_{\Omega} A(\nabla u) - A(\nabla w) : \nabla u - \nabla w \, dx = \int_{\Omega} f(\nabla u) : \nabla w - \nabla u \, dx 
\leq \left( \int_{\Omega} |f(\nabla u)|^2 \, dx \int_{\Omega} |\nabla u - \nabla w|^2 \, dx \right)^{1/2}.$$

By monotonicity we have

$$\int_{\Omega} |\nabla u - \nabla w|^2 dx \le C \int_{\Omega} |f(\nabla u)|^2 dx$$

$$\le C \int_{\Omega} \operatorname{dist}^2(\nabla u, K) dx$$

$$= C \epsilon^2.$$
(16)

Therefore it is enough to prove that there exists  $R \in K$ , such that

$$\int_{\Omega} |\nabla w - R|^2 \, dx \, \le \, C \, \epsilon^2 \,. \tag{17}$$

#### Step 2. Estimates in measure:

Let us define  $E := \{x \in \Omega : \operatorname{dist}(\nabla w(x), SO(n)H) \leq \rho \}$ , where  $2\rho := \operatorname{dist}(SO(n), SO(n)H)$ . Therefore  $\operatorname{dist}(\nabla w(x), SO(n)) \geq \rho$  on the set E and  $\operatorname{dist}(\nabla w(x), SO(n)) \leq C \operatorname{dist}(\nabla w(x), K)$  in  $\Omega \setminus E$ . If  $\mathcal{L}^n(E) = 0$ , then by Theorem 1 (Theorem 3.1 in [9]), there exists  $R \in SO(n)$  satisfying (17) and hence we are done in this case. Let U be a relatively compact subset of  $\Omega$ . If  $\mathcal{L}^n(E \cap U) = 0$ , trivially we obtain (10) and hence we assume  $\mathcal{L}^n(E \cap U) > 0$ . Choose  $0 < s_0 < 1/2$ , let  $\alpha_n$  be the volume of the unit ball in  $\mathbb{R}^n$  and let  $\delta = \delta(U) := 1/3 \operatorname{dist}(U, \partial\Omega)$ . From (15) and (16) we obtain

$$\int_{U} |\nabla^{2} w|^{2} \leq C(\delta, \Omega) \int_{\Omega} |\nabla w|^{2} \leq C(\delta, \Omega) \int_{\Omega} \left( |K|_{\infty}^{2} + \operatorname{dist}^{2}(\nabla w, K) \right) \leq C(\delta, \Omega, K).$$

Let  $K_1 := SO(n)$ ,  $K_2 := SO(n) H$  and  $d_P(\cdot) := \operatorname{dist}(\cdot P)$ . Therefore by Lemma 4, we have

$$\mathcal{L}^{n}(E \cap U) \bigwedge \mathcal{L}^{n}(U \setminus E) \leq \frac{1}{\rho^{2}} \left( \int_{U} d_{K_{1}}^{2}(\nabla w) \bigwedge \int_{U} d_{K_{2}}^{2}(\nabla w) \right) 
\leq C(n, U, K) \left[ \epsilon^{2} + \left( \epsilon^{2} \int_{U} |\nabla^{2} w|^{2} \right)^{n/2(n-1)} \right] 
\leq C(n, \delta, U, \Omega, K) \epsilon^{n/(n-1)} 
\leq \begin{cases} \alpha_{n} s_{0} \delta^{n}, & \text{if } \epsilon \leq \epsilon_{0} \\ (\alpha_{n} s_{0}/C)^{-(n-2)/n} \delta^{2-n} \epsilon^{2}, & \text{if } \epsilon \geq \epsilon_{0}, \end{cases}$$
(18)

where  $\epsilon_0 := (\alpha_n s_0/C)^{(n-1)/n} \delta^{n-1}$ . If  $\epsilon \geq \epsilon_0$ , then we have a bound for  $\int_U \mathrm{d}^2_{K_1}(\nabla w)$  or  $\int_U \mathrm{d}^2_{K_2}(\nabla w)$  with the optimal scaling  $\epsilon^2$  and hence the assertion follows from Theorem 1. Therefore, suppose  $\epsilon \leq \epsilon_0$  and hence either  $\mathcal{L}^n(E \cap U)$  or  $\mathcal{L}^n(U \setminus E)$  is small.

#### Step 3. Covering argument and the final estimate:

Let us first assume that  $\mathcal{L}^n(E \cap U) \leq \alpha_n s_0 \delta^n$ . In this case we will prove that there exists a constant C, depending only on n,  $\Omega$  and K, such that

$$\mathcal{L}^{n}(E \cap U) \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla w(x), K) \, dx \,. \tag{19}$$

By  $\oint_E f dx$  we denote the mean value  $(\mathcal{L}^n(E))^{-1} \int_E f dx$ . Let M be the *Hardy maximal operator* defined by

$$Mf(x) := \sup_{0 < r < \infty} \int_{B(x,r)} |f| dx.$$

Let  $x \in \Omega$  and  $0 < r < \frac{1}{2} \mathrm{dist}(x, \partial \Omega)$  and  $B(x, r) \subset \Omega$ , be the ball of radius r, centered at x. Then by Remark 5 there exists C := C(n, K) > 0, such that

$$C \int_{B(x,r)} d_{K_1}^2(\nabla w) \bigwedge \int_{B(x,r)} d_{K_2}^2(\nabla w) \le \left( \int_{B(x,r)} d_K^2(\nabla w) \int_{B(x,r)} |\nabla^2 w|^2 \right)^{n/2(n-1)} + \int_{B(x,r)} d_K^2(\nabla w).$$

$$(20)$$

Substituting (15) in (20) and dividing both sides by  $\mathcal{L}^n(B(x,r))$ , we obtain

$$C \oint_{B(x,r)} d_{K_1}^2(\nabla w) \bigwedge \oint_{B(x,r)} d_{K_2}^2(\nabla w) \le \left( \oint_{B(x,r)} d_K^2(\nabla w) \oint_{B(x,2r)} |\nabla w|^2 \right)^{n/2(n-1)}$$

$$+ \oint_{B(x,r)} d_K^2(\nabla w)$$

$$\le \left( M(|\nabla w|^2)(x) \oint_{B(x,r)} d_K^2(\nabla w) \right)^{n/2(n-1)}$$

$$+ \oint_{B(x,r)} d_K^2(\nabla w)$$

$$(21)$$

Here and in the following we extend  $|\nabla w|^2$  by zero outside  $\Omega$ . Define the set  $A_{\infty}:=\{x\in\Omega:M(|\nabla w|^2(x))\geq R^2\}$ , where  $R:=2\sqrt{2}|K|_{\infty}$ . We claim  $A_{\infty}\subset\{x\in\Omega:M({\rm dist}^2(\nabla w(x),K))\geq R^2/10\}$ . Indeed observe that for each  $x\in\Omega, |\nabla w(x)|^2\leq \left(|\nabla w(x)|^2-\frac{R^2}{2}\right)_++\frac{R^2}{2}$  and hence  $M(|\nabla w(x)|^2)\leq M\left(|\nabla w(x)|^2-\frac{R^2}{2}\right)_++\frac{R^2}{2}$ . Therefore, for each  $x\in A_{\infty}$ ,

 $M\left(|\nabla w(x)|^2 - \frac{R^2}{2}\right)_+ \ge \frac{R^2}{2}$ . By the definition of R, it is easy to verify that  $\left(|\nabla w(x)|^2 - \frac{R^2}{2}\right)_+ \le 4\operatorname{dist}^2(\nabla w(x), K)$ . This yields the claim. Therefore by the weak  $L^1$  estimate for the maximal function (e.g. see Theorem 7.4 in [19])

$$\mathcal{L}^{n}(A_{\infty}) \leq \mathcal{L}^{n}\left(\left\{M(\operatorname{dist}^{2}(\nabla w(x), K)) \geq R^{2}/10\right\}\right) \leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla w, K).$$
(22)

If  $\mathcal{L}^n(E \cap U \setminus A_\infty) = 0$ , then  $\mathcal{L}^n(E \cap U) = \mathcal{L}^n(A_\infty)$  and hence (19) follows from (22). Suppose  $\mathcal{L}^n(E \cap U \setminus A_\infty) > 0$ . By the Lebesgue point Theorem, there exists a set N of measure zero, such that for each  $x \in (E \cap U \setminus A_\infty) \setminus N$  there exists  $r_x > 0$  satisfying

$$\frac{\mathcal{L}^n(E \cap U \cap B(x, r_x))}{\mathcal{L}^n(B(x, r_x))} = s_0.$$
 (23)

By smallness of measure of  $E \cap U$ , it follows that  $B(x, 2r_x) \subset \Omega$ . By Besicovitch covering Theorem there exists countable number of disjoint balls  $B(x_i, r_i)$  satisfying (23) such that

$$\mathcal{L}^{n}(E \cap U \setminus A_{\infty}) \leq C \sum_{i>1} \mathcal{L}^{n}(B(x_{i}, r_{i})).$$
 (24)

Since for each  $i \geq 1$  we have  $\operatorname{dist}(\nabla w(x), SO(n)H) \geq \rho$  on  $B(x_i, r_i) \setminus E$  we deduce from (21) that for each  $x \in (E \cap U) \setminus A_{\infty}$ 

$$s_{0}\rho^{2} \leq \min(s_{0}\rho^{2}, (1-s_{0})\rho^{2})$$

$$\leq \min\left(\int_{B(x_{i},r_{i})} d_{K_{1}}^{2}(\nabla w), \int_{B(x_{i},r_{i})} d_{K_{2}}^{2}(\nabla w)\right)$$

$$\leq C\left(\int_{B(x_{i},r_{i})} d_{K}^{2}(\nabla w)\right)^{n/2(n-1)} + \int_{B(x_{i},r_{i})} d_{K}^{2}(\nabla w) \qquad (25)$$

Since  $r_i$  can be chosen smaller than 1 and  $\int_{B(x_i,r_i)} d_K^2(\nabla w) \leq C\epsilon^2$ , from the above inequality we obtain

$$\int_{B(x_i, r_i)} d_K^2(\nabla w) \ge C \left( s_0 \rho^2 \right)^{2(n-1)/n} \mathcal{L}^n(B(x_i, r_i)). \tag{26}$$

Hence by summing over all i and by (24), we obtain

$$\mathcal{L}^{n}(E \cap U \setminus A_{\infty}) \leq C \int_{\Omega} d_{K}^{2}(\nabla w). \tag{27}$$

Therefore the inequality (19) follows from (22) and (27). Now from (19), we obtain

$$\int_{U} \operatorname{dist}^{2}(\nabla w, SO(n)) = \int_{U \setminus E} \operatorname{dist}^{2}(\nabla w, SO(n)) + \int_{U \cap E} \operatorname{dist}^{2}(\nabla w, SO(n)) 
\leq C \int_{U \setminus E} \operatorname{dist}^{2}(\nabla w, K) + C \left[ \mathcal{L}^{n}(U \cap E) + \int_{U \cap E} \operatorname{dist}^{2}(\nabla w, K) \right] 
\leq C \int_{\Omega} \operatorname{dist}^{2}(\nabla w, K) .$$
(28)

Now the desired estimate follows from Theorem 1. If  $\mathcal{L}^n(U \setminus E) \leq \alpha_n s_0 \delta^n$ , we obtain the inequality (28) with SO(n)H instead of SO(n). This finishes the proof of the Theorem 3.1.

#### Proof of Theorem 2.

To establish the estimate up to the boundary we proceed as in [9] and make use of the following cube decomposition of  $\Omega$  (see Theorem 1 and Proposition 3, Chapter VI in [21]).

**Proposition 3.2.** There exists a constant N, which depends only on the dimension n and a collection  $\mathcal{F} = \{Q_1, Q_2 \cdots\}$  of closed cubes, whose sides are parallel to the axes and having disjoint interiors so that

- (i)  $\Omega = \bigcup_k Q_k$
- (ii)  $\operatorname{diam}Q_k \leq \operatorname{dist}(Q_k, \partial\Omega) \leq 4 \operatorname{diam}Q_k$
- (iii) each point in  $\Omega$  is contained in at most N of the enlarged concentric cubes  $Q_k^*$ , where  $Q_k^* := x_k + \frac{9}{8}(Q_k x_k)$  and where  $x_k$  is the center of  $Q_k$ .

As in the proof of Theorem 3.1 we may assume  $\|\nabla u\|_{L^{\infty}(\Omega)} \leq M$ , M being a constant depending on the domain  $\Omega$  and the  $\lambda_i$ . We again use the decomposition w = u - z as in the proof of Theorem 3.1. We now establish a weighted estimate for  $\nabla^2 w$  and then conclude by a weighted Poincaré inequality. Fix one of the cubes  $Q := \operatorname{int} Q_k = \bar{x} + \left(-\frac{r}{2}, \frac{r}{2}\right)^n$  of the above family  $\mathcal{F}$  and denote  $Q^{\mu} := \bar{x} + \mu(Q - \bar{x})$  the concentric cube enlarged by a factor  $\mu > 1$ . From the assertion (ii) of Proposition 3.2 it follows that the enlarged cube  $Q^{\mu}$  is contained in  $\Omega$  for every  $1 < \mu < 2$ . We choose  $\mu > 1$ 

such that  $\mu^2 < 2$ . Now apply the local estimate of Theorem 3.1 to  $\Omega = Q^{\mu^2}$  and  $U = Q^{\mu}$ . Since the estimate (10) is invariant under dilations we get

$$\int_{Q^{\mu}} |\nabla u - R_Q|^2 \, dx \, \le \, C(H, \mu) \int_{Q^{\mu^2}} \operatorname{dist}^2(\nabla u, K) \, dx \,. \tag{29}$$

By elliptic regularity we have

$$r^{2} \int_{Q} |\nabla^{2} w|^{2} dx \leq \frac{C}{(\mu - 1)^{2}} \min_{F \in \mathbb{R}^{n \times n}} \int_{Q_{k}} |\nabla w - F|^{2} dx.$$
 (30)

Hence by using (29) and the decomposition w = u - z we get

$$\int_{O} r^{2} |\nabla^{2} w|^{2} dx \leq C(\mu, H) \int_{O^{\mu^{2}}} \left( \operatorname{dist}^{2}(\nabla u, K) + |\nabla z|^{2} \right) dx. \tag{31}$$

Now let  $\mu = \sqrt{\frac{9}{8}}$ . Then assertion (ii) of Proposition 3.2 implies that

$$\int_{Q_k} |\nabla^2 w|^2 \operatorname{dist}^2(x, \partial \Omega) \, dx \le C(n, H) \int_{Q_k^*} \left( \operatorname{dist}^2(\nabla u, K) + |\nabla z|^2 \right) \, dx$$

$$= C(n, H) \int_{\Omega} \left( \operatorname{dist}^2(\nabla u, K) + |\nabla z|^2 \right) \chi_{Q_k^*}(x) \, dx \, .$$
(32)

Summation over k and the assertion (iii) of Proposition 3.2 and (16) yield

$$\int_{\Omega} |\nabla^{2} w|^{2} \operatorname{dist}^{2}(x, \partial \Omega) dx \leq C(n, H) N \int_{\Omega} \left( \operatorname{dist}^{2}(\nabla u, K) + |\nabla z|^{2} \right) dx 
\leq C(n, \Omega, H) \int_{\Omega} \operatorname{dist}^{2}(\nabla u, K) dx.$$
(33)

To conclude the proof we write  $f = \nabla w$  and use a weighted Poincaré inequality of the form

$$\min_{F \in \mathbb{R}^{n \times n}} \int |f(x) - F|^2 dx \le C(\Omega) \int_{\Omega} |\nabla f|^2 \operatorname{dist}^2(x, \partial \Omega) dx, \qquad (34)$$

which is valid for  $f \in W^{1,2}(\Omega, \mathbb{R}^{n \times n})$ . This inequality is derived in [9] as an immediate consequence of the following estimate (see Theorem 1.5 of [18] or Theorem 8.8 of [13]):

$$\int_{U} |g|^{2} dx \leq C(U) \int_{U} (|g|^{2} + |\nabla g|^{2}) \operatorname{dist}^{2}(x, \partial \Omega) dx$$

for  $g \in W^{1,2}_{loc}(U) \cap L^2(U)$ . Apply the inequality (34) to (33) to obtain  $F \in \mathbb{R}^{n \times n}$  such that

$$\int_{\Omega} |\nabla u - F|^2 dx \le 2 \left( \int_{\Omega} |\nabla w - F|^2 dx + \int_{\Omega} |\nabla z|^2 dx \right) 
\le C \int_{\Omega} \operatorname{dist}^2(\nabla u, K) dx.$$
(35)

If  $F \in K$  we are done. Suppose  $0 < \delta := \operatorname{dist}(F, K) = |F - R|, R \in K$ . From (35) it easily follows that

$$\mathcal{L}^n(\Omega) \, \delta^2 \leq C \int_{\Omega} \operatorname{dist}^2(\nabla u, K) \, dx \,,$$

and hence

$$\int_{\Omega} |\nabla u - R|^2 dx \leq 2 \int_{\Omega} |\nabla u - F|^2 dx + 2\mathcal{L}^n(\Omega) \delta^2 
\leq C \int_{\Omega} \operatorname{dist}^2(\nabla u, K) dx.$$
(36)

This finishes the proof of Theorem 2.

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