# Max-Planck-Institut für Mathematik in den Naturwissenschaften Leipzig

# Moment bounds on the corrector of stochastic homogenization of non-symmetric elliptic finite difference equations

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by

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**Abstract.** We consider the corrector equation from the stochastic homogenization of uniformly elliptic finite-difference equations with random, possibly non-symmetric coefficients. Under the assumption that the coefficients are stationary and ergodic in the quantitative form of a Logarithmic Sobolev inequality (LSI), we obtain optimal bounds on the corrector and its gradient in dimensions  $d \geq 2$ . Similar estimates have recently been obtained in the special case of diagonal coefficients making extensive use of the maximum principle and scalar techniques. Our new method only invokes arguments that are also available for elliptic systems and does not use the maximum principle. In particular, our proof relies on the LSI to quantify ergodicity and on regularity estimates on the derivative of the discrete Green's function in weighted spaces. In the critical case d=2 our argument for the estimate on the gradient of the elliptic Green's function uses a Calderón-Zygmund estimate in discrete weighted spaces, which we state and prove.

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## 1 Introduction

We study the modified corrector equation

$$\frac{1}{T}\phi_T + \nabla^*(a\nabla\phi_T) = -\nabla^*(a\xi) \quad \text{in } \mathbb{Z}^d, \ d \ge 2,$$
 (1)

which is a discrete elliptic finite-difference equation for the real valued function  $\phi_T$ , called the modified corrector. As we explain below, it arises in stochastic homogenization. The symbols  $\nabla$  and  $\nabla^*$  denote the discrete (finite-difference) gradient and the negative divergence, see Section 2 below for the precise definition. In the modified corrector equation T denotes a positive "cut-off" parameter (which we think of to be very large), and  $\xi \in \mathbb{R}^d$  is a vector, fixed throughout this paper. We consider (1) with a random, uniformly elliptic field of coefficients  $a: \mathbb{Z}^d \to \mathbb{R}^{d \times d}$ . To be precise, for a fixed constant of ellipticity  $\lambda > 0$  we denote by  $\Omega_0$  those matrices  $a_0 \in \mathbb{R}^{d \times d}$  that are uniformly elliptic in the sense that

$$\forall v \in \mathbb{R}^d : \quad v \cdot a_0 v \ge \lambda |v|^2 \quad \text{and} \quad |a_0 v| \le |v|, \tag{2}$$

and define the set of admissible coefficient fields

$$\Omega := \Omega_0^{\mathbb{Z}^d} = \{ a : \mathbb{Z}^d \to \Omega_0 \}.$$

In this paper we derive optimal bounds for finite moments of the modified corrector and its gradient, under the assumption that the coefficients are distributed according to a stationary and ergodic law on  $\Omega$ , where ergodicity holds in the quantitative form of a Logarithmic Sobolev Inequality (LSI), see Definition 1 below. Our main results are presented in Theorems 1 and 2 below. For easy reference, let us state them already here, somewhat informally. Throughout the paper, we write  $\langle \cdot \rangle$  for the expected value associated to the law on  $\Omega$ .

The first result concerns a bound on all moments of the gradient of the corrector. Under the assumptions of stationarity and LSI, we have for all  $1 \le p < \infty$  and  $T \ge 2$  that

$$\langle |\nabla \phi_T(0) + \xi|^{2p} \rangle \le C|\xi|^{2p},$$

where the constant C is independent of T. (Note that here and throughout the paper the constant "2" in " $T \geq 2$ " has no special meaning. In fact, since we are interested in the behavior  $T \uparrow \infty$ , we could replace "2" with any number greater than 1).

The second result is a bound on the corrector itself. Under the same assumptions (even under a slightly weaker assumption than LSI, see Theorem 2 below), we have that

$$\langle |\phi_T(0)|^{2p} \rangle \le C \langle |\nabla \phi_T(0) + \xi|^{2p} \rangle \times \begin{cases} (\log T)^p & \text{for } d = 2, \\ 1 & \text{for } d > 2. \end{cases}$$

These estimates are optimal, even in dimension d=2 where we recover the optimal logarithmic rate of divergence of the moment of  $\phi_T$ . While the first result is relatively easy to proof, the argument for the second result is substantially harder and the main purpose of our paper. Let us emphasize that the coefficients in (1) are not assumed to be symmetric or even diagonal. Thus, equation (1) in general does not enjoy a maximum principle; this constitutes a major difference to previous works where the maximum principle played a major role and exclusively the case of diagonal coefficients was studied, see e.g. [23, 24, 20]. In fact, the method presented in this paper only relies on arguments that are also available in the case of elliptic systems. The extension of our findings to discrete systems, in particular a discrete version of linear elasticity, is work in progress. Very recently, Bella and Otto considered in [6] systems of elliptic equations (on  $\mathbb{R}^d$ ) with periodic (but still random) coefficients. As a main result, they obtain moment bounds on the gradient of the corrector with help of an argument that avoids the maximum principle and even the use of Green's functions. Still, the derivation of moment bounds on the corrector itself – which is the main purpose of our paper – remains open.

Relation to stochastic homogenization. The modified corrector equation (1) appears in stochastic homogenization: For  $\varepsilon > 0$  and  $a \in \Omega$  distributed according to  $\langle \cdot \rangle$ , we consider the equation

$$\nabla^*(a\nabla u^{\varepsilon}) = \varepsilon^2 f(\varepsilon) \quad \text{in } \mathbb{Z}^d.$$
 (3)

For simplicity we suppose that the right-hand side  $f: \mathbb{R}^d \to \mathbb{R}$  is smooth, compactly supported, deterministic and has zero spatial average, so that (3) admits a unique, decaying solution  $u^{\varepsilon}(a;\cdot): \mathbb{Z}^d \to \mathbb{R}$ . As shown in [37, 27, 28, 30], in the homogenization limit  $\varepsilon \downarrow 0$  the rescaled solution  $u^{\varepsilon}(a;\frac{\cdot}{\varepsilon})$  converges for almost every  $a \in \Omega$  to the unique decaying solution  $u^0: \mathbb{R}^d \to \mathbb{R}$  of the homogenized equation

$$-\operatorname{div}(a_{\text{hom}}\nabla u_{\text{hom}}) = f \quad \text{in } \mathbb{R}^d.$$

Here  $a_{\text{hom}} \in \Omega_0$  is deterministic and determined by the formula

$$e_i \cdot a_{\text{hom}} e_j = \lim_{T \uparrow \infty} \left\langle (e_i + \nabla \phi_{T,i}(0)) \cdot a(0) (e_j + \nabla \phi_{T,j}(0)) \right\rangle, \tag{4}$$

where  $\phi_{T,j}$  is the solution to (1) with  $\xi = e_j$ . Let us comment on the appearance of the limit as  $T \uparrow \infty$  in this formula. Formally, and in analogy to periodic homogenization, we expect that

$$e_i \cdot a_{\text{hom}} e_j = \langle (e_i + \nabla \phi_i(0)) \cdot a(0) (e_j + \nabla \phi_j(0)) \rangle,$$

where  $\phi_i$  is a solution to the corrector equation

$$\nabla^*(a(\nabla\phi_i + e_i)) = 0 \quad \text{in } \mathbb{Z}^d, \tag{5}$$

that is *stationary* in the sense of

$$\phi_i(a; x+z) = \phi_i(a(\cdot + z); x)$$
  $\langle \cdot \rangle$ -almost every  $a \in \Omega$  and all  $x, z \in \mathbb{Z}^d$ . (6)

Furthermore, a formal calculation suggests the two-scale expansion

$$u^{\varepsilon} \approx u_{\text{hom}}(\varepsilon \cdot) + \varepsilon \sum_{j=1}^{d} \phi_j \partial_j u_{\text{hom}}(\varepsilon \cdot).$$
 (7)

In the case of deterministic, periodic homogenization, it suffices to solve (5) on the reference torus of periodicity and existence essentially follows from Poincaré's inequality on the torus. In the stochastic case, the corrector equation (5) has to be solved on the infinite space  $\mathbb{Z}^d$  subject to the stationarity condition (6). Since this is not possible in general, the corrector equation (5) is typically regularized by adding the zeroth-order term  $\frac{1}{T}\phi_i$  with parameter  $T\gg 1$ . In fact this was already done in the pioneering work of Papanicolaou and Varadhan [37] and leads to the modified corrector equation (1), which in contrast to (5), admits for all  $a\in\Omega$  a unique bounded solution  $\phi_T(a;\cdot)\in\ell^\infty(\mathbb{Z}^d)$  that automatically is stationary, see Lemma 2 below. While simple energy bounds, cf. (50), make it relatively easy to pass to the regularization-limit  $T\uparrow\infty$  on the level of  $\nabla\phi_T$  (and thus in the homogenization formula (4)), it is difficult, and in general even impossible, to do the same on the level of  $\phi_T$  itself. For similar reasons (and in contrast to the periodic case), it is difficult to quantify errors in stochastic homogenization, such as the homogenization error  $u_{\varepsilon} - u_{\text{hom}}$  or the expansion (7).

Previous quantitative results and novelty of the paper. For periodic homogenization the quantitative behavior of (3) and the expansion (7) is reasonably well understood (e.g. see [5, 2, 17]). In the stochastic case, due to the lack of compactness, the quantitative understanding of (3) is less developed and in most cases only suboptimal estimates are obtained, see [40, 36, 12, 13, 11, 9, 4]. In particular, the first quantitative result is due to Yurinskii [40] who proved an algebraic rate of convergence (with an suboptimal exponent) for the homogenization error  $u_{\varepsilon} - u_{\text{hom}}$  in dimensions d > 2 for algebraically mixing coefficients. For refinements and extensions to dimensions  $d \geq 2$  we refer to the inspiring work by Naddaf and Spencer [36], and the recent works by Conlon and Naddaf [12] and Conlon and Spencer [13]. Most recently, Armstrong and Smart [4] obtained the first result on the homogenization error for the stochastic homogenization of convex minimization problems. Their approach, which builds up on ideas of Avellaneda and Lin [5], substantially differs from what has been done before in stochastic homogenization of divergence form equations. It in particular applies to the continuum version of (3) with symmetric coefficients, and potentially extends to symmetric systems (at least under sufficiently strong ellipticity assumptions). For results on non-divergence form elliptic equations see [10, 3].

While qualitative stochastic homogenization only requires  $\langle \cdot \rangle$  to be stationary and ergodic, the derivation of error estimates requires a quantification of ergodicity. Persuing optimal error bounds, in a series of papers [23, 24, 25, 20, 22, 33, 31, 35] (initiated by Gloria and Otto) a quantitative theory for (3) is developed based on *Spectral Gap* (SG) and LSI as tools to quantify ergodicity. In contrast to earlier results, the estimates in the papers mentioned above are optimal: E.g. [20] contains a complete and optimal analysis of the

approximation of  $a_{\text{hom}}$  via periodic representative volume elements and [22] establishes optimal estimates for the homogenization error and the expansion in (7). A fundamental step in the derivation of these results are optimal moment bounds for the corrector, see [23, 24, 20]. The extension to the continuum case has been discussed in recent papers: In [25] moment bounds on the corrector and its gradient have been obtained for scalar equations with elliptic coefficients.

In the present contribution we continue the theme of quantitative stochastic homogenization and present a new approach that relies on methods, that – we believe – extend with only few modifications to the case of systems satisfying sufficiently strong ellipticity assumptions. In the works discussed above, arguments restricted to scalar equations are used at central places. Most significantly, Green's function estimates are required and derived via De Giorgi-Nash-Moser regularity theory (e.g. see [20, Theorem 3]). This method is based on the maximum principle, which holds for diagonal coefficients, but not for general symmetric or possibly non-symmetric coefficients as considered here. In fact, in our case the Green's function is not in general positive everywhere. We derive the required estimates on the gradient of the Green's function from the corresponding estimate on the constant coefficient Green's function by a perturbation argument that invokes a Helmholtz projection; this is inspired by [14]. Secondly, previous works rely on a gain of stochastic integrability obtained by a nonlinear Caccioppoli inequality (see Lemma 2.7 in [23]). In the present contribution we appeal to an alternative argument that invokes the LSI instead. While SG, which is weaker than LSI (see [18]), has been introduced into the field of stochastic homogenization by Naddaf and Spencer [36, Theorem 1] (in form of the Brascamp-Lieb inequality), the LSI has been used in [33] in the context of stochastic homogenization to obtain optimal annealed estimates on the gradient of the Green's function and bounds on the random part of the homogenization error  $u_{\varepsilon} - \langle u_{\varepsilon} \rangle$ .

Note that in the special case of diagonal coefficients (i.e. when the maximum principle and the De Giorgi-Nash-Moser regularity theory is available) our results are not new: The T-independent results on  $\phi_T$  and  $\nabla \phi_T$  in d > 2 dimensions have already been established in [23, 20] under the slightly weaker assumption SG on the statistics (see (10) below), and the estimate on the corrector in the optimal form of  $\langle |\phi_T|^{2p} \rangle \leq C(\log T)^p$  with a constant independent of T is obtained in [20].

Relation to random walks in random environments. There is a strong link between stochastic homogenization and random walks in random environments (see [8] and [29] for recent surveys). Suppose for a moment that  $\langle \cdot \rangle$  concentrates on diagonal matrices. Then for each diagonal-matrix-valued field  $a: \mathbb{Z}^d \to \in \mathbb{R}^{d \times d}$ , we may interpret (3) as a conductance network, where each edge  $[x, x + e_i]$  ( $x \in \mathbb{Z}^d$ , i = 1, ..., d) is endowed with the conductance  $a_{ii}(x)$ . The elliptic operator  $\nabla^*(a\nabla)$  generates a stochastic process, called the variable speed random walk  $X = (X_a(t))_{t \geq 0}$  in a random environment with law  $\langle \cdot \rangle$ . Using arguments from stochastic homogenization, Kipnis and Varadhan [26] (see also [30] for an earlier result) show that the law of the rescaled process  $\sqrt{\varepsilon}X(\varepsilon t)$  converges weakly to that of a Brownian motion with covariance  $2a_{\text{hom}}$ . This annealed invariance principle for X has been upgraded to a quenched result by Sidoravicious and Sznitman [38]. The key ingredient in their argument is to prove that the "anchored corrector" (i.e. the function  $\varphi$  introduced in Corollary 1 (a) below) satisfies a quenched sublinear growth property. The quantitative analysis derived in the present paper is stronger.

Indeed, our estimate on  $\nabla \phi_T$  almost immediately implies that the anchored corrector grows sublinearly. On top of that in dimensions d > 2 the moment bound on  $\phi_T$  implies that the anchored corrector is almost bounded, in the sense that it grows *slower than any rate*, see Corollary 1 and the subsequent remark.

If the coefficients are not diagonal, then (3) is not any longer related to a random conductance model. As mentioned before, for non-symmetric a (and even for certain symmetric coefficients) the maximum principle for  $\nabla^*(a\nabla)$  generally fails to hold. In that case the semigroup generated by  $\nabla^*(a\nabla)$  is not a Markov process and there is no natural probabilistic interpretation for (3). This may also be seen in terms of Dirichlet forms. While the (non-symmetric) elliptic operator  $-\operatorname{div}(a_{\text{hom}}\nabla)$  acting on functions on  $\mathbb{R}^d$  generates a Dirichlet form  $\int_{\mathbb{R}^d} \nabla u \cdot a_{\text{hom}} \nabla v dx$  in the sense of [32, Definition I.4.5] and a corresponding Markov process, the discrete operator  $\nabla^*(a\nabla)$  with associated bilinear form  $\sum_{\mathbb{Z}^d} \nabla u \cdot a \nabla v$  defined on  $\ell^2(\mathbb{Z}^d) \times \ell^2(\mathbb{Z}^d)$  does not. Indeed, the contraction property (4.4) in [32] (which encodes a maximum principle) generally fails to hold in the non-diagonal discrete case. However, the limiting process can be approximated by (non-symmetric) Markov processes, see [16] for a recent construction.

Let us finally remark that we do not use any ingredients from probability theory except for the quantification of ergodicity via SG and LSI in this paper. Furthermore, since we view our present contribution as a first step towards systems (which certainly are unrelated to probability theory), we do not further investigate the connection to random walks in the present paper.

**Outline of the paper.** In Section 2, we present the main results of our paper and give a brief sketch of our proof. The proof of the main result and auxiliary lemmas are contained in Section 3. Let us mention that in the critical dimension d = 2, we invoke a Calderón-Zygmund estimate on weighted  $\ell^p$ -spaces on  $\mathbb{Z}^d$ . We give a proof of this estimate, which may be of independent interest, in Section 4.

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# 2 Main results and sketch of proof

#### 2.1 General framework

Discrete functions and derivatives. Let  $\{e_i\}_{i=1}^d$  denote the canonical basis of  $\mathbb{R}^d$ . For a scalar function  $u: \mathbb{Z}^d \to \mathbb{R}$  and a vector field  $g: \mathbb{Z}^d \to \mathbb{R}^d$  with components  $g = (g_1, \ldots, g_d)$  we define the discrete gradient  $\nabla u: \mathbb{Z}^d \to \mathbb{R}^d$  and negative divergence  $\nabla^* g: \mathbb{Z}^d \to \mathbb{R}$  as follows:

$$\nabla u := (\nabla_1 u, \dots, \nabla_d u), \qquad \nabla^* g := \sum_{i=1}^d \nabla_i^* g_i, \qquad \text{where}$$

$$\nabla_i u(x) := u(x + e_i) - u(x), \qquad \nabla_i^* u(x) := u(x - e_i) - u(x).$$

We denote by  $\ell^p(\mathbb{Z}^d)$ ,  $1 \leq p \leq \infty$ , the space of functions  $u : \mathbb{Z}^d \to \mathbb{R}$  with  $||u||_{\ell^p} < \infty$ , where  $||u||_{\ell^p} := \left(\sum_{x \in \mathbb{Z}^d} |u(x)|^p\right)^{\frac{1}{p}}$  for  $p < \infty$  and  $||u||_{\ell^\infty} := \sup_{x \in \mathbb{Z}^d} |u(x)|$ . Note that  $\nabla$  and  $\nabla^*$  are adjoint: We have the discrete integration by parts formula

$$\sum_{x \in \mathbb{Z}^d} \nabla u(x) \cdot g(x) = \sum_{x \in \mathbb{Z}^d} u(x) \nabla^* g(x)$$

for all exponents  $1 \leq p, q \leq \infty$  such that  $1 = \frac{1}{p} + \frac{1}{q}$  and all functions  $u \in \ell^p(\mathbb{Z}^d)$  and  $g \in \ell^q(\mathbb{Z}^d, \mathbb{R}^d)$ .

Random coefficients and quantitative ergodicity. In order to describe random coefficients, we endow  $\Omega$  with the product topology induced by  $\mathbb{R}^{d\times d}$  and denote by  $C_b(\Omega)$  the set of continuous functions  $\zeta:\Omega\to\mathbb{R}$  that are uniformly bounded in the sense that

$$\|\zeta\|_{\infty} := \sup_{a \in \Omega} |\zeta(a)| < \infty.$$

Throughout this work, we consider a probability measure on  $\Omega$  with respect to the Borel- $\sigma$ -algebra. Following the convention in statistical mechanics, we call this probability measure an *ensemble* and write  $\langle \cdot \rangle$  for the associated expected value, the ensemble average. We assume that  $\langle \cdot \rangle$  is *stationary* w. r. t. translation on  $\mathbb{Z}^d$ , i.e. for all  $x \in \mathbb{Z}^d$ , the mapping  $\tau_x : \Omega \to \Omega$ ,  $a \mapsto a(\cdot + x)$  is measurable and measure preserving:

$$\forall \zeta : \Omega \to \mathbb{R} : \langle \zeta(\tau_x \cdot) \rangle = \langle \zeta(\cdot) \rangle.$$

Our key assumption is that  $\langle \cdot \rangle$  is *quantitatively ergodic* where the ergodicity is quantified through either LSI or SG. To be precise, we make the following definitions:

**Definition 1** (Definition 1 in [33]). We say that  $\langle \cdot \rangle$  satisfies the LSI with constant  $\rho > 0$  if

$$\left\langle \zeta^2 \log \frac{\zeta^2}{\langle \zeta^2 \rangle} \right\rangle \le \frac{1}{2\rho} \left\langle \sum_{x \in \mathbb{Z}^d} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^2 \right\rangle.$$
 (8)

for all  $\zeta \in C_b(\Omega)$ .

Here the oscillation of a function  $\zeta \in C_b(\Omega)$  is defined by taking the oscillation over all  $\tilde{a} \in \Omega$  that coincide with a outside of  $x \in \mathbb{Z}^d$ , i.e.

$$\operatorname{osc}_{a(x)} \zeta(a) := \sup \{ \zeta(\tilde{a}) \mid \tilde{a} \in \Omega \text{ s.t. } \tilde{a}(y) = a(y) \ \forall y \neq x \} \\
- \inf \{ \zeta(\tilde{a}) \mid \tilde{a} \in \Omega \text{ s.t. } \tilde{a}(y) = a(y) \ \forall y \neq x \}. \quad (9)$$

The continuity assumption on  $\zeta$  ensures that the oscillation is well-defined. A weaker form of quantitative ergodicity is the SG which is defined as follows.

**Definition 2.** We say that  $\langle \cdot \rangle$  satisfies the SG with constant  $\rho > 0$  if

$$\left\langle (\varphi - \langle \varphi \rangle)^2 \right\rangle \le \frac{1}{\rho} \left\langle \sum_{x \in \mathbb{Z}^d} \left( \underset{a(x)}{\operatorname{osc}} \varphi \right)^2 \right\rangle$$
 (10)

for all  $\varphi \in C_b(\Omega)$ .

The SG (10) is automatically satisfied if LSI (8) holds, which may be seen by expanding  $\zeta = 1 + \epsilon \varphi$  in powers of  $\epsilon$ . Moreover, LSI and SG are satisfied in the case of independently and identically distributed coefficients, i.e. when  $\langle \cdot \rangle$  is the  $\mathbb{Z}^d$ -fold product of a probability measure on  $\Omega_0$ , cf. [33, Lemma 1]. We refer to [18] for a recent exposition on LSI and to [20] for a systematic application of SG to stochastic homogenization.

#### 2.2 Main results

Throughout this paper the modified corrector  $\phi_T$  is defined as the unique bounded solution to (1), see Lemma 2 below for details. Our first result yields boundedness of the finite moments of  $\nabla \phi_T$ .

**Theorem 1.** Assume that  $\langle \cdot \rangle$  is stationary and satisfies LSI (8) with constant  $\rho > 0$ . Then the modified corrector defined via (1) satisfies

$$\langle |\nabla \phi_T(x) + \xi|^{2p} \rangle \le C(d, \lambda, p, \rho) |\xi|^{2p} \tag{11}$$

for all  $x \in \mathbb{Z}^d$ ,  $p < \infty$  and  $T \geq 2$ . Here and throughout this work,  $C(d, \lambda, p, \rho)$  stands for a constant which may change from line to line and that only depends on the exponent p, the LSI-constant  $\rho$ , the ellipticity ratio  $\lambda$  and the dimension d.

As already mentioned earlier, the lower bound "2" for T is arbitrary and may be replaced by any other constant greater than 1. The second result establishes moment bounds on the corrector itself. More precisely, we establish control of moments of  $\phi_T$  by moments of  $\nabla \phi_T$ . As opposed to Theorem 1, we just need to assume that the ensemble satisfies SG, i.e. Definition 2.

**Theorem 2.** Assume that  $\langle \cdot \rangle$  is stationary and satisfies SG (10) with constant  $\rho > 0$ . There exists  $p_0 = p_0(d, \lambda)$  such that the modified corrector defined via (1) satisfies

$$\langle |\phi_T(x)|^{2p} \rangle \le C(d, \lambda, p, \rho) \left\langle |\nabla \phi_T(x) + \xi|^{2p} \right\rangle \times \begin{cases} (\log T)^p & \text{for } d = 2, \\ 1 & \text{for } d > 2, \end{cases}$$
 (12)

for all  $x \in \mathbb{Z}^d$ ,  $p \ge p_0$  and  $T \ge 2$ .

By letting  $T \uparrow \infty$ , we obtain the following estimate for the (unmodified) corrector.

**Corollary 1.** Assume that  $\langle \cdot \rangle$  is stationary and satisfies LSI (8) with constant  $\rho > 0$ . Then:

- (a) In dimensions  $d \geq 2$  there exists a unique measurable function  $\varphi : \Omega \times \mathbb{Z}^d \to \mathbb{R}$  that solves (5) for  $\langle \cdot \rangle$ -almost every  $a \in \Omega$  and
  - (a1)  $\varphi$  satisfies the anchoring condition  $\varphi(a,0) = 0$  for  $\langle \cdot \rangle$ -almost every  $a \in \Omega$ ,
  - (a2)  $\nabla \varphi$  is stationary in the sense of (6) and  $\langle \nabla \varphi(x) \rangle = 0$  for all  $x \in \mathbb{Z}^d$ ,
  - (a3)  $\langle |\nabla \varphi(x)|^p \rangle < \infty$  for all  $x \in \mathbb{Z}^d$  and  $p < \infty$ .
- (b) In dimensions d > 2 there exists a unique measurable function  $\phi : \Omega \times \mathbb{Z}^d \to \mathbb{R}$  that solves (5) for  $\langle \cdot \rangle$ -almost every  $a \in \Omega$ , and

- (b1)  $\phi$  is stationary in the sense of (6),
- (b2)  $\langle |\phi(x)|^p \rangle < \infty$  for all  $x \in \mathbb{Z}^d$  and  $p < \infty$ .
- Remark 1. The "anchored corrector"  $\varphi$  defined in Corollary 1 (a) has already been considered in the seminal works by Papanicolaou and Varadhan [37] and Kozlov [27]. In fact, for existence and uniqueness which can be proved by soft arguments only (a1) and (a2) are required. The new estimate (a3) follows from Theorem 1 in the limit  $T \uparrow \infty$ . Note that (a3) implies (by a short ergodicity argument) sublinearity of the anchored corrector in the sense that

$$\lim_{R \uparrow \infty} \max_{|x| < R} \frac{|\varphi(a, x)|}{R} = 0$$

for  $\langle \cdot \rangle$ -almost every  $a \in \Omega$ .

• Existence, uniqueness and moment bounds of the "stationary corrector"  $\phi$  defined in Corollary 1 (b) have been obtained in the case of diagonal coefficients in [23], see also [20]. Note that the anchored corrector  $\varphi$  can be obtained from  $\phi$  via  $\varphi(x,a) := \phi(a,x) - \phi(a,0)$ , and, as explained in the discussion below [31, Corollary 1], the moment bound (b2) implies that

$$\forall \theta \in (0,1] : \lim_{R \uparrow \infty} \max_{|x| < R} \frac{|\varphi(a,x)|}{R^{\theta}} = 0$$

for  $\langle \cdot \rangle$ -almost every  $a \in \Omega$ .

**Remark 2.** Instead of the modified corrector, one might consider the periodic corrector which in the stochastic context is defined as follows: For  $L \in \mathbb{N}$  let

$$\Omega_L := \{ a \in \Omega : a(\cdot + Lz) = a \text{ for all } z \in \mathbb{Z}^d \}$$

denote the set of L-periodic coefficient fields. In the L-periodic case, one considers the corrector equation (5) together with an L-periodic ensemble, i. e. a stationary probability measure on  $\Omega_L$ . In that case, equation (5) admits a unique solution  $\phi_L$  with  $\sum_{x \in ([0,L) \cap \mathbb{Z})^d} \phi_L(x) = 0$  for all  $a \in \Omega_L$ . The L-periodic versions of LSI and SG are obtained by replacing the sum  $\sum_{x \in \mathbb{Z}^d}$  in (8) and (10) by  $\sum_{x \in ([0,L) \cap \mathbb{Z})^d}$ . With these modifications, Theorem 1 and Theorem 2 extend to the L-periodic case (with  $L = \sqrt{T}$  since the cut-off term involving T effectively restricts the equation to a domain of side length  $\sqrt{T}$ ). In particular, if the L-periodic ensemble satisfies an L-periodic LSI with constant  $\rho > 0$ , then the L-periodic corrector satisfies for all  $p < \infty$ 

$$\langle \phi_L^{2p} \rangle^{\frac{1}{2p}} \lesssim \begin{cases} (\log L)^{\frac{1}{2}} & \text{for } d = 2, \\ 1 & \text{otherwise.} \end{cases}$$

The proof follows along the same lines and can easily be adapted. For estimates on the periodic corrector  $\phi_L$  in the case of diagonal coefficients, see [20].

### 2.3 Sketch of proof of Theorem 1

Theorem 1 is relatively straight-forward to prove. We simply follow the approach developed in [33] and use the LSI (8) of Definition 1 to upgrade a lower order  $L^2_{\langle \cdot \rangle}(\Omega)$ -bound to a bound in  $L^{2p}_{\langle \cdot \rangle}(\Omega)$ . Note that by stationarity of  $\langle \cdot \rangle$  and  $\phi_T$ , see (6), it suffices to prove the estimates (11) at x = 0. The lower order bound

$$\langle |\nabla \phi_T(0) + \xi|^2 \rangle \le C(d, \lambda) |\xi|^2, \quad \text{cf. (50)},$$

follows from a simple energy argument, i.e. an  $L^2$ -estimate obtained by testing the equation for  $\phi_T$  with  $\phi_T$  itself. The integral here is the ensemble average and not the sum over  $\mathbb{Z}^d$ ; this is possible thanks to stationarity of  $\phi_T$ . For details, we refer to Step 1 in the proof of Theorem 1. This bound is then upgraded via the following consequence of LSI (8):

$$\langle |\nabla \phi_T(0) + \xi|^{2p} \rangle \le C(d, p, \rho, \delta) \langle |\nabla \phi_T(0) + \xi|^2 \rangle^p + \delta \left\langle \left( \sum_{x \in \mathbb{Z}^d} \left| \underset{a(x)}{\operatorname{osc}} \nabla \phi(0) \right|^2 \right) \right\rangle$$

for all  $\delta > 0$ , where we have implicitly taken the oscillation of the vector  $\nabla \phi_T$  componentwise. This reverse Jensen inequality is the content of Lemma 5 below. Next, we need an expression for  $\operatorname{osc}_{a(x)} \nabla \phi_T$ . In Lemma 3 we will show that the response to a variation at x in the coefficient field is given via the Green's function  $G_T$  as:

$$\underset{a(x)}{\operatorname{osc}}(\nabla_j \phi_T(a; 0) + \xi_j) \le C(d, \lambda) |\nabla \nabla G_T(a; 0, x)| |\nabla \phi_T(a; x) + \xi|,$$

where  $G_T$  is the Green's function associated to (1), see Definition 3. Throughout this work,  $\nabla \nabla G_T(x,y) = \nabla_x \nabla_y G_T(x,y) \in \mathbb{R}^{d\times d}$  denotes the mixed derivative and we use the spectral norm on  $\mathbb{R}^{d\times d}$ . The above estimate on the oscillation then yields

$$\left\langle \left( \sum_{x \in \mathbb{Z}^d} \left| \underset{a(x)}{\operatorname{osc}} \nabla \phi(0) \right|^2 \right) \right\rangle \leq C(d, \lambda, p) \left\langle \left( \sum_{x \in \mathbb{Z}^d} |\nabla \nabla G_T(a; 0, x)|^2 |\nabla \phi_T(a; x) + \xi|^2 \right) \right\rangle$$

$$\leq C(d, \lambda, p) \left\langle |\nabla \phi_T(a; 0) + \xi|^2 \right\rangle,$$

where in Step 2 of the proof of Theorem 1, we will obtain the last inequality from stationarity and the energy estimate (26), i.e.

$$\sum_{x \in \mathbb{Z}^d} |\nabla \nabla G_T(x, y)|^2 \le C(d, \lambda),$$

which holds in any dimension  $d \geq 2$ .

# 2.4 Sketch of proof of Theorem 2

By stationarity of  $\langle \cdot \rangle$  and  $\phi_T$ , it suffices to prove (12) at x = 0. In contrast to Theorem 1, the proof of Theorem 2 only requires the weaker ergodicity assumption SG of Definition 2, which we will use in form of

$$\langle |\phi_T(0)|^{2p} \rangle \le C(p,\rho) \left\langle \left( \sum_{x \in \mathbb{Z}^d} \left( \underset{a(x)}{\operatorname{osc}} \phi_T(0) \right)^2 \right)^p \right\rangle,$$

see Lemma 6 below. Again, we require an estimate on the oscillation, which we shall obtain in Lemma 3 and which yields

$$\operatorname*{osc}_{a(x)} \phi_T(a;0) \leq C(d,\lambda) |\nabla_x G_T(a;0,x)| |\nabla \phi_T(a;x) + \xi|.$$

Again, this will be substituted in the above SG-type inequality. In contrast to the proof of Theorem 1, where a simple  $\ell^2$ -estimate of  $\nabla \nabla G_T$  sufficed, we will see that we require a bound on  $\nabla G_T$  including weights: In Lemma 4, we show that

$$\sum_{x \in \mathbb{Z}^d} |\nabla_x G_T(a; 0, x)|^{2q} \omega_q(x) \le C(d, \lambda, q) \begin{cases} \log T & \text{for } d = 2, \\ 1 & \text{for } d > 2 \end{cases}$$

for all  $q \geq 1$  close enough to 1, and weight  $\omega_q$  given by

$$\omega_q(x) := \begin{cases} (|x|+1)^{2(q-1)} + T^{1-q}(|x|+1)^{4(q-1)} & \text{for } d=2, \\ (|x|+1)^{2d(q-1)} & \text{for } d>2. \end{cases}$$

The case d > 2 is relatively straight-forward and follows by testing the equation with weights and applying Hardy's inequality. The case d = 2 is critical for this estimate and we will prove it by reducing the problem via a perturbation argument to the constant-coefficient case; this approach involves a Helmholtz projection and is inspired by the work [14]. To make it rigorous, we require a Calderón-Zygmund estimate in discrete weighted spaces which may be of independent interest and which is proved in Section 4. With this estimate at hand, we may smuggle in the weight  $\omega_q$  and apply Hölder's inequality with  $q \approx 1$  and large dual exponent p to obtain

$$\left\langle \left( \sum_{x \in \mathbb{Z}^d} |\nabla_x G_T(a; 0, x)|^2 |\nabla \phi_T(a; x) + \xi|^2 \right) \right\rangle$$

$$\leq C(d, \lambda, q) \left\langle |\nabla \phi_T(a; x) + \xi|^{2p} \right\rangle \begin{cases} \log T & \text{for } d = 2, \\ 1 & \text{for } d > 2 \end{cases}$$

as long as p is large enough such that  $\sum_{x} \omega_q^{1-p}(x) < \infty$ .

# 3 Auxiliary results and proofs

In this section we first present and prove some auxiliary results and then turn to the actual proof of our main results. We start in Section 3.1 with the definition of the modified corrector and prove its existence and some continuity properties. This invokes the elliptic Green's function, which we introduce in the same section. Section 3.2 and Section 3.3 contain the two key ingredients of our approach: In Section 3.2, we prove estimates on the oscillation of the corrector and estimates on the gradient of the Green's function; in Section 3.3, we revisit LSI and SG, which quantify ergodicity and are the only ingredients from probability theory in our approach. Finally in Sections 3.4 and 3.5, we present the proofs of Theorems 1 and 2.

### 3.1 Well-posedness of the modified corrector

We define the modified corrector  $\phi_T: \Omega \times \mathbb{Z}^d \to \mathbb{R}$  as the unique bounded solution to (1), i.e. for each  $a \in \Omega$ , we require  $\phi_T(a,\cdot): \mathbb{Z}^d \to \mathbb{R}$  to solve (1) and to be bounded, see Lemma 2 for details. Note that this definition is *pointwise in*  $a \in \Omega$  and does not invoke any probability measure on  $\Omega$ . This is in contrast to what is typically done in stochastic homogenization (e.g. in the seminal work [37], where  $\phi_T$  is unambigously defined through an equation on the probability space  $L^2_{\langle \cdot \rangle}(\Omega)$ ). We opt for the "non-probabilistic" definition, since later we need to estimate the oscillation in a of  $\phi_T$ , which is most conveniently done when  $\phi_T$  is defined for all  $a \in \Omega$  and not only  $\langle \cdot \rangle$ -almost surely. However, since the right-hand side of (1) is only in  $\ell^\infty(\mathbb{Z}^d)$ , it is not clear a-priori whether (1) admits a bounded solution. To settle this question we consider the elliptic Green's function  $G_T: \Omega \times \mathbb{Z}^d \times \mathbb{Z}^d \to \mathbb{R}$  and prove integrability of  $G_T$  in Lemma 1 below. The latter then implies existence of  $\phi_T$  together with some continuity properties, see Lemma 2 below.

**Definition 3** (Green's function). Given  $a \in \Omega$  and  $y \in \mathbb{Z}^d$ , the Green's function  $G_T(a; x, y)$  associated to equation (1) is the unique solution in  $\ell^2(\mathbb{Z}^d)$  to

$$\frac{1}{T}G_T(a;\cdot,y) + \nabla^*(a\nabla G_T(a;\cdot,y)) = \delta(\cdot - y) \quad \text{in } \mathbb{Z}^d,$$
(13)

where  $\delta: \mathbb{Z}^d \to \{0,1\}$  denotes the Dirac function centered at 0.

Equation (13) can also be expressed in its "weak" formulation: For all  $w \in \ell^2(\mathbb{Z}^d)$  we have that

$$\frac{1}{T} \sum_{x \in \mathbb{Z}^d} G_T(a; x, y) w(x) + \sum_{x \in \mathbb{Z}^d} \nabla w(x) \cdot a(x) \nabla_x G_T(a; x, y) = w(y). \tag{14}$$

It immediately follows from the unique characterization of  $G_T$  through (13) that the Green's function is stationary:

$$\nabla \nabla G_T(a, x+z, y+z) = \nabla \nabla G_T(a(\cdot + z), x, y). \tag{15}$$

Furthermore it is symmetric in the sense that

$$\nabla \nabla G_T(a; y', y) = \nabla \nabla G_T(a^t; y, y'), \tag{16}$$

where  $a^t$  denotes the transpose of a in  $\mathbb{R}^{d\times d}$ . This can be seen from applying (14) to  $w(x) = G_T(a^t; x, y')$ , yielding the representation

$$G_T(a^t; y, y') = \frac{1}{T} \sum_x G_T(a^t; x, y') G_T(a; x, y) + \sum_x \nabla_x G_T(a^t; x, y') \cdot a(x) \nabla_x G_T(a; x, y).$$

On the other hand, choosing  $w(x) = G_T(a; x, y)$  in the definition for  $G_T(a^t; \cdot, \cdot)$  shows

$$G_T(a; y', y) = \frac{1}{T} \sum_x G_T(a; x, y) G_T(a^t; x, y') + \sum_x \nabla_x G_T(a; x, y) \cdot a^t(x) \nabla_x G_T(a^t; x, y').$$

By definition of the transpose  $a^t$ , this shows  $G_T(a; y, y') = G_T(a^t; y', y)$  and hence (16).

The Green's function is useful since by linearity it encodes all the information for the solution u to the equation

$$\frac{1}{T}u + \nabla^*(a\nabla u) = f \quad \text{in } \mathbb{Z}^d.$$
 (17)

Indeed, testing (1) with  $G_T(a;\cdot,y)$  and integrating by parts formally yields

$$u(a;x) = \sum_{y \in \mathbb{Z}^d} G_T(a;x,y) f(y). \tag{18}$$

Of course, to make sense of this for  $f = \nabla^*(a\xi) \in \ell^{\infty}(\mathbb{Z}^d)$ , we need  $G_T$  in  $\ell^1(\mathbb{Z}^d)$ . On the other hand, the definition of the Green's function only yields  $G_T(\cdot, y) \in \ell^2(\mathbb{Z}^d)$  but this is not enough to establish well-posedness of (1). It is not difficult to establish that  $\sum_x G_T(x,y) = T$  for all  $y \in \mathbb{Z}^d$  and  $a \in \Omega$  but without the maximum principle,  $G_T$  may be negative and it does not follow that  $G_T$  is in  $\ell^1(\mathbb{Z}^d)$ . Therefore we need another argument to establish well-posedness of (1). This is provided by the following lemma, which shows exponential decay of  $G_T$  and in particular that  $G_T$  is in  $\ell^1(\mathbb{Z}^d)$ .

**Lemma 1.** There exist a large constant  $C = C(d, \lambda, T) < \infty$  and a small constant  $\delta = \delta(d, \lambda, T) > 0$ , both only depending on  $d, \lambda$  and T, such that

$$\sum_{x \in \mathbb{Z}^d} \left( |G_T(a; x, y)|^2 + |\nabla_x G_T(a; x, y)|^2 \right) e^{\delta(d, \lambda, T)|x - y|} \le C(d, \lambda, T)$$

for all  $a \in \Omega$  and  $y \in \mathbb{Z}^d$ .

Since we could not find a suitable reference for this estimate in the discrete, non-symmetric case, we present a proof in the appendix. The proof uses Agmon's positivity method [1] and in the discrete setting is inspired by [19, Proof of Lemma 3]. With this result at hand, we can provide well-posedness of the modified corrector  $\phi_T$ . In addition to well-posedness, Lemma 1 allows us to deduce  $\phi_T(0) = \phi_T(a; 0) \in C_b(\Omega)$ , which is necessary for the application of LSI (8) and SG (10) to  $\phi_T$ .

**Lemma 2** (Modified corrector). For all  $a \in \Omega$  the modified corrector equation (1) admits a unique bounded solution  $\phi_T(a;\cdot) \in \ell^{\infty}(\mathbb{Z}^d)$ . The so defined modified corrector  $\phi_T : \Omega \times \mathbb{Z}^d \to \mathbb{R}$  satisfies  $\phi_T(\cdot, x) \in C_b(\Omega)$  for all  $x \in \mathbb{Z}^d$ , and

$$|\phi_T(a;x)| \le C(T,\lambda,d)|\xi|$$
 for all  $a \in \Omega$  and all  $x \in \mathbb{Z}^d$ . (19)

Furthermore,  $\phi_T$  is stationary, i.e.

$$\phi_T(a; x+z) = \phi_T(a(\cdot + z); x)$$
 for all  $a \in \Omega$  and all  $x, z \in \mathbb{Z}^d$ . (20)

Proof. Step 1. Existence and uniqueness of  $\phi_T$ : In this step, we argue that for arbitrary  $f \in \ell^{\infty}(\mathbb{Z}^d)$  equation (17) admits a unique solution u and u can be represented as in (18). The existence and uniqueness of  $\phi_T$  then follows by setting  $f := -\nabla^*(a\xi)$ . For the argument, note that by Lemma 1 we have  $G_T(a; \cdot, y) \in \ell^1(\mathbb{Z}^d)$ . Hence, for every

 $f \in \ell^{\infty}(\mathbb{Z}^d)$ , equation (18) defines a function  $u(a;\cdot) \in \ell^{\infty}(\mathbb{Z}^d)$  that solves (17). For the uniqueness, let  $\tilde{u} \in \ell^{\infty}(\mathbb{Z}^d)$  solve (17). Testing (17) with  $G_T(a^t;\cdot,x)$  yields

$$\sum_{y \in \mathbb{Z}^d} G_T(a^t; y, x) f(y) = \sum_{y \in \mathbb{Z}^d} G_T(a^t; y, x) \left(\frac{1}{T} + \nabla^*(a\nabla)\right) \tilde{u}(y)$$

$$= \sum_{y \in \mathbb{Z}^d} \left(\frac{1}{T} + \nabla^*(a^t\nabla)\right) G_T(a^t; y, x) \tilde{u}(y)$$

$$= \sum_{y \in \mathbb{Z}^d} \delta(x - y) \tilde{u}(y) = \tilde{u}(x).$$

By symmetry the left-hand side is equal to  $\sum_{y\in\mathbb{Z}^d} G_T(a;x,y) f(y) = u(a;x)$  and thus  $u(a;\cdot) = \tilde{u}(\cdot)$  follows.

Step 2. Argument for (19) and (20): The stationarity property (20) directly follows from uniqueness and the stationarity of the operator and the right-hand side  $-\nabla^*(a\xi)$ . We turn to estimate (19). By the Green's representation (18), which is valid by Step 1, and an integration by parts (possible since  $G_T(x,\cdot) \in \ell^1(\mathbb{Z}^d)$ ), we have

$$\phi_T(a; x) = \sum_{y \in \mathbb{Z}^d} \nabla_y G_T(a; x, y) \cdot a(y) \xi.$$

We smuggle in the exponential weight from Lemma 1, use uniform ellipticity and the Cauchy-Schwarz inequality to get

$$|\phi_T(a;x)| \le \sum_{y \in \mathbb{Z}^d} \left( |\nabla_y G_T(a;x,y)| e^{\frac{\delta}{2}|y|} \right) \left( |a(y)\xi| e^{-\frac{\delta}{2}|y|} \right)$$

$$\le \left( \sum_{y \in \mathbb{Z}^d} |\nabla_y G_T(a;x,y)|^2 e^{\delta|y|} \right)^{\frac{1}{2}} \left( \sum_{y \in \mathbb{Z}^d} e^{-\delta|y|} \right)^{\frac{1}{2}} |\xi|,$$

where  $\delta > 0$  is given in Lemma 1. By symmetry, cf. (16), and Lemma 1, the right-hand side is bounded by  $C(d, \lambda, T)|\xi|$  and (19) follows.

**Step 3**. Argument for  $\phi_T(\cdot;x) \in C_b(\Omega)$ : Thanks to (19), we only need to show that  $\phi_T(a;x)$  is continuous in a. Furthermore, by stationarity, cf. (20), it suffices to consider  $\phi_T(a;0)$ . Now, consider a sequence  $a_n \in \Omega$  that converges to some  $a \in \Omega$  in the product topology. We need to show that  $\phi_T(a_n;0) \to \phi_T(a;0)$ . To that end, consider the function

$$\psi_n(x) := \phi_T(a_n; x) - \phi_T(a; x),$$

which can be characterized as the unique bounded solution to

$$\frac{1}{T}\psi_n + \nabla^*(a_n\nabla\psi_n) = \nabla^*((a - a_n)(\nabla\phi_T(a, \cdot) + \xi)) \quad \text{in } \mathbb{Z}^d.$$

Hence, by Step 1 we have

$$\psi_n(0) = \sum_{y \in \mathbb{Z}^d} \nabla_y G_T(a_n; 0, y) \cdot (a(y) - a_n(y)) (\nabla \phi_T(a, y) + \xi),$$

and thus Lemma 1 and the result of Step 2 yield

$$|\psi_n(0)| \le \left(\sup_{y \in \mathbb{Z}^d} \sup_{a \in \Omega} |\nabla \phi_T(a, y) + \xi|\right)$$

$$\times \left(\sum_{y \in \mathbb{Z}^d} |\nabla_y G_T(a_n; 0, y)|^2 e^{\delta|y|}\right)^{\frac{1}{2}} \left(\sum_{y \in \mathbb{Z}^d} e^{-\delta|y|} |a(y) - a_n(y)|^2\right)^{\frac{1}{2}}$$

$$\le C(T, \lambda, d) \left(\sum_{y \in \mathbb{Z}^d} e^{-\delta|y|} |a(y) - a_n(y)|^2\right)^{\frac{1}{2}}.$$

Since  $a_n \to a$  in the product topology, i.e.  $a_n(y) \to a(y)$  for all  $y \in \mathbb{Z}^d$ , the right-hand side vanishes as  $n \to \infty$  by dominated convergence.

#### 3.2 Oscillations and Green's function estimates

In this section, we estimate the oscillation of the corrector and its gradient, see Lemma 3 below, and establish estimates on the gradient of the elliptic Green's functions, see Lemma 4 below. These bounds are at the core of our analysis. Indeed, the proofs of Theorem 1 and Theorem 2 start with an application of quantitative ergodicity: In Theorem 1, the LSI (8) in form of Lemma 5 is applied to  $\zeta = \nabla_j \phi_T(0) + \xi_j$ , while in Theorem 2, the SG (10) in form of Lemma 6 is applied to  $\zeta = \phi_T(0)$ . Hence we require estimates for  $\operatorname{osc}_{a(x)}(\nabla_j \phi_T(a;0) + \xi_j)$  and  $\operatorname{osc}_{a(x)} \phi_T(a;0)$ . Following [23], these expressions are related to the elliptic Green's function:

**Lemma 3.** For all T > 0,  $a \in \Omega$ ,  $x \in \mathbb{Z}^d$  and  $j = 1, \ldots, d$  we have

$$\operatorname*{osc}_{a(x)} \phi_T(a;0) \le C(d,\lambda) |\nabla_x G_T(a;0,x)| |\nabla \phi_T(a;x) + \xi|, \tag{21a}$$

$$\underset{a(x)}{\operatorname{osc}}(\nabla_j \phi_T(a; 0) + \xi_j) \le C(d, \lambda) |\nabla \nabla G_T(a; 0, x)| |\nabla \phi_T(a; x) + \xi|. \tag{21b}$$

*Proof.* Let  $a \in \Omega$  and  $x \in \mathbb{Z}^d$  be fixed. As in the definition of the oscillation, let  $\tilde{a} \in \Omega$  denote an arbitrary coefficient field that differs from a only at x, i.e.  $\tilde{a}(y) = a(y)$  for all  $y \neq x$ . We consider the difference  $\phi_T(\tilde{a}; x) - \phi_T(a; x)$ . Equation (1) yields

$$\frac{1}{T}(\phi_T(\tilde{a};\cdot) - \phi_T(a;\cdot)) + \nabla^*(\tilde{a}(\cdot)(\nabla\phi_T(\tilde{a};\cdot) - \nabla\phi_T(a;\cdot))) = \nabla^*((a-\tilde{a})(\cdot)(\nabla\phi_T(a;\cdot) + \xi))$$

and consequently the Green's function representation (14) yields

$$\phi_T(\tilde{a}; y) - \phi_T(a; y) = \nabla_x G_T(\tilde{a}; y, x) \cdot (a(x) - \tilde{a}(x))(\nabla \phi_T(a; x) + \xi) \tag{22}$$

for all  $y \in \mathbb{Z}^d$ . In particular, taking the gradient w. r. t.  $y_j$  and then setting y = x yields

$$|\nabla_j \phi_T(\tilde{a}; x) - \nabla_j \phi_T(a; x)| \le 2|\nabla_j \nabla G_T(\tilde{a}; x, x)| |\nabla \phi_T(a; x) + \xi|$$

since  $a, \tilde{a} \in \Omega$  are uniformly bounded.

In view of (26), the mixed derivative of  $G_T$  is bounded by  $\lambda^{-1}$  and we obtain

$$|\nabla_j \phi_T(\tilde{a}; x) - \nabla_j \phi_T(a; x)| \le 2\lambda^{-1} |\nabla \phi_T(a; x) + \xi|. \tag{23}$$

Exchanging a and  $\tilde{a}$  in (22) yields

$$\phi_T(a;y) - \phi_T(\tilde{a};y) = \nabla_x G_T(a;y,x) \cdot (\tilde{a}(x) - a(x))(\nabla \phi_T(\tilde{a};x) + \xi). \tag{24}$$

We take the absolute value to obtain

$$|\phi_T(a;0) - \phi_T(\tilde{a};0)| \le 2|\nabla_x G_T(a;0,x)| |\nabla \phi_T(\tilde{a};x) + \xi|.$$

On the right hand side, we plug in (23) to obtain

$$|\phi_T(a;0) - \phi_T(\tilde{a};0)| \le C(d,\lambda)|\nabla_x G_T(a;0,x)||\nabla \phi_T(a;x) + \xi|.$$

Since  $\tilde{a}(x)$  was arbitrary, it follows that

$$\operatorname*{osc}_{a(x)} \phi_T(a;0) \leq C(d,\lambda) |\nabla_x G_T(a;0,x)| |\nabla \phi_T(a;x) + \xi|,$$

which is precisely the claimed identity (21a). Taking the gradient with respect to  $y_j$  in (24) yields

$$\nabla_i \phi_T(a; y) - \nabla_i \phi_T(\tilde{a}; y) = \nabla_{u,i} \nabla_x G_T(a; y, x) \cdot (\tilde{a}(x) - a(x)) (\nabla \phi_T(\tilde{a}; x) + \xi).$$

We take the absolute value and insert (23) to obtain

$$|\nabla_i \phi_T(a; y) - \nabla_i \phi_T(\tilde{a}; y)| \le C(d, \lambda) |\nabla_{y, i} \nabla_x G_T(a; y, x)| |\nabla \phi_T(a; x) + \xi|.$$

and (21b) follows. 
$$\Box$$

In view of (21a) and (21b) it is natural that integrability properties of  $G_T$  are required. Next to quantitative ergodicity, these Green's function estimates are the second key ingredient in our approach. For Theorem 1, which invokes (21b), a standard  $\ell^2$ -energy estimate for  $\nabla \nabla G_T$  suffices, see (26). For Theorem 2, which invokes (21a), some more regularity of the Green's function is required. We need a spatially weighted estimate on the gradient  $\nabla G_T$  that is uniform in  $a \in \Omega$ . To this end, as announced in Section 2.4, we define a weight

$$\omega_q(x) := \begin{cases} (|x|+1)^{2(q-1)} + T^{1-q}(|x|+1)^{4(q-1)} & \text{for } d=2, \\ (|x|+1)^{2d(q-1)} & \text{for } d>2, \end{cases}$$
(25)

for every  $q \ge 1$  and  $T \ge 1$ .

**Lemma 4.** There exists  $q_0 > 1$  only depending on  $\lambda$  and d such that

$$\sum_{x \in \mathbb{Z}^d} |\nabla_x \nabla_{y,j} G_T(x,y)|^2 \le \lambda^{-2}, \quad j = 1, \dots, d,$$
(26)

$$\sum_{x \in \mathbb{Z}^d} |\nabla_x G_T(a; x, 0)|^{2q} \omega_q(x) \le C(d, \lambda) \begin{cases} \log T & \text{for } d = 2, \\ 1 & \text{for } d > 2 \end{cases}$$
 (27)

for all  $1 \leq q \leq q_0$ .

Lemma 4 establishes a weighted  $\ell^{2q}$ -estimate on the gradient  $\nabla G_T$  of the Green's function. For the application, it is crucial that the integrability exponent 2q is larger than 2. The weight is chosen in such a way that the estimate remains valid for the constant coefficient Green's function  $G_T^0(x) := G_T(\mathbb{I}; x, 0)$  (where we use the symbol  $\mathbb{I}$  to denote the identity in  $\mathbb{R}^{d \times d}$ ) whose gradient behaves as

$$|\nabla G_T^0(x)| \le C(d)(|x|+1)^{1-d} \exp\left(-c_0 \frac{|x|+1}{\sqrt{T}}\right)$$
 (28)

for some generic constant  $c_0 > 0$ , which can easily be deduced from the well-known heat kernel bounds on the gradient of the parabolic Green's function (for lack of a better reference, we refer to [15, Theorem 1.1] in the special case of a measure concentrating on  $a(x) = \mathbb{I}$ ) along the lines of [34, Proposition 3.6]. With this bound at hand, the definition of the weight (25) yields

$$\sum_{x \in \mathbb{Z}^d} |\nabla G_T^0(x)|^{2q} \omega_q(x) \le C(d, q) \begin{cases} \log T & \text{for } d = 2, \\ 1 & \text{for } d > 2 \end{cases}$$
 (29)

for all q > 1. Hence, Lemma 4 says that the variable-coefficient Green's function exhibits (on a spatially averaged level) the same decay properties as the constant-coefficient Green's function. In the diagonal, scalar case, Lemma 4 is a consequence of [23, Lemma 2.9] and can also be derived from the weighted estimates on the parabolic Green's function in [20, Theorem 3]. Although the arguments in [23, 20] rely on scalar techniques, Lemma 4 also holds in the case of systems. Indeed, our proof relies only on techniques which are also available for systems. The proof will be split into three parts: First we will provide a simple argument for (26) valid in all dimensions. Then we will prove (27) in d > 2 dimensions. The hardest part is the proof of (27) if d = 2 since this is the critical dimension.

*Proof of* (26). An application of  $\nabla_{y,j}$  to (14) yields the following characterization for  $\nabla_{y,j}G_T(a;\cdot,y)$ 

$$\frac{1}{T} \sum_{x \in \mathbb{Z}^d} \nabla_{y,j} G_T(a; x, y) w(x) + \sum_{x \in \mathbb{Z}^d} \nabla w(x) \cdot a(x) \nabla_x \nabla_{y,j} G_T(a; x, y) = \nabla_j w(y)$$

for all  $w \in \ell^2(\mathbb{Z}^d)$ . Taking  $w(\cdot) := \nabla_{y,j} G_T(\cdot,y) \in \ell^2(\mathbb{Z}^d)$  yields

$$\frac{1}{T} \sum_{x \in \mathbb{Z}^d} |\nabla_{y,j} G_T(x,y)|^2 + \sum_{x \in \mathbb{Z}^d} \nabla_x \nabla_{y,j} G_T(x,y) \cdot a(x) \nabla_x \nabla_{y,j} G_T(x,y) = \nabla_j \nabla_j G_T(y,y),$$

where  $\nabla_j \nabla_j G_T(y,y) = \nabla_{x,j} \nabla_{y,j} G_T(x,y) \big|_{x=y}$ . The first term on the l. h. s. is positive and ellipticity yields

$$\lambda \sum_{x \in \mathbb{Z}^d} |\nabla_x \nabla_{y,j} G_T(x,y)|^2 \le |\nabla_j \nabla_j G_T(y,y)| \le \left(\sum_{x \in \mathbb{Z}^d} |\nabla_x \nabla_{y,j} G_T(x,y)|^2\right)^{\frac{1}{2}}.$$

Thus (26) follows. 
$$\Box$$

Proof of (27) in d > 2 dimensions. Step 1. A priori estimate: We prove

$$|G_T(0,0)| + \sum_x |\nabla G_T(x,0)|^2 \le C(d,\lambda).$$
 (30)

The weak form of (14) with  $\zeta = G_T(\cdot, 0)$  and ellipticity immediately yield

$$0 \le \lambda \sum_{x} |\nabla G_T(x,0)|^2 \le G_T(0,0),$$

in particular  $G_T(0,0) \geq 0$ . Now a Sobolev embedding in d > 2 with constant C(d) yields

$$|G_T(0,0)| \le \left(\sum_x |G_T(x,0)|^{\frac{2d}{d-2}}\right)^{\frac{d-2}{2d}}$$

$$\le C(d) \left(\sum_x |\nabla G_T(x,0)|^2\right)^{\frac{1}{2}} \le C(d,\lambda) |G_T(0,0)|^{\frac{1}{2}}.$$

The Sobolev embedding is readily obtained from its continuum version on  $\mathbb{R}^d$  via a linear interpolation function on a triangulation subordinate to the lattice  $\mathbb{Z}^d$ . Hence  $|G_T(0,0)| \leq C(d,\lambda)$  and (30) follows.

**Step 2**. A bound involving weights: In this step we show that there exists  $\alpha_0(d) > 0$  such that

$$\sum_{x} (|x|+1)^{2\alpha-2} |G_T(x,0)|^2 \le C(d) \sum_{x} (|x|+1)^{2\alpha} |\nabla G_T(x,0)|^2$$
(31)

for all  $0 < \alpha \le \alpha_0$ . (Note that both sides are well-defined for  $G_T$ .) We start by recalling Hardy's inequality in  $\mathbb{R}^d$  if d > 2:

$$\int_{\mathbb{R}^d} \frac{|f|^2}{|x|^2} dx \le \left(\frac{2}{d-2}\right)^2 \int_{\mathbb{R}^d} |\nabla f|^2 dx$$

for all  $f \in H^1(\mathbb{R}^d)$ . A discrete counterpart can be derived by interpolation w. r. t. a triangulation subordinate to the lattice and yields

$$\sum_{x} (|x|+1)^{2\alpha-2} |G_T(x,0)|^2 \le C(d) \sum_{x} |\nabla((|x|+1)^{\alpha} G_T(x,0))|^2.$$
 (32)

The discrete Leibniz rule  $\nabla_i(fg)(x) = f(x+e_i)\nabla_i g(x) + g(x)\nabla_i f(x)$  yields

$$\nabla_i((|x|+1)^{\alpha}G_T(x,0)) = (|x+e_i|+1)^{\alpha}\nabla_iG_T(x,0) + G_T(x,0)\nabla_i(|x|+1)^{\alpha}.$$

By the mean value theorem we obtain the simple inequality  $|a^{\alpha}-b^{\alpha}| \leq \alpha(a^{\alpha-1}+b^{\alpha-1})|a-b|$  for all  $a,b\geq 0$  and we trivially have that

$$\frac{1}{2}(|x|+1) \le |x+e|+1 \le 2(|x|+1).$$

The choice a = |x + e| + 1 and b = |x| + 1 thus yields

$$\nabla_i(|x|+1)^{\alpha} \le 3\alpha(|x|+1)^{\alpha-1}$$

for all  $0 \le \alpha \le 1$ . Summation over i = 1, ..., d and the discrete Leibniz rule above consequently yield

$$\left|\nabla \left( (|x|+1)^{\alpha} G_T(x,0) \right) \right|^2 \le C(d) \left( (|x|+1)^{2\alpha} |\nabla G_T(x,0)|^2 + \alpha (|x|+1)^{2\alpha-2} |G_T(x,0)|^2 \right)$$

for any  $0 \le \alpha \le 1$ . We substitute this estimate in Hardy's inequality (32) and take  $\alpha = \alpha_0(d)$  small enough to absorb the last term into the l. h. s. to obtain (31), i.e.

$$\sum_{x} (|x|+1)^{2\alpha_0-2} |G_T(x,0)|^2 \le C(d) \sum_{x} (|x|+1)^{2\alpha_0} |\nabla G_T(x,0)|^2.$$

**Step 3**. Improvement of Step 1 to include weights: Now we deduce the existence of  $\alpha_0 = \alpha_0(d, \lambda) > 0$  (smaller than d and possibly smaller than  $\alpha_0(d)$  from Step 2) such that

$$\sum_{x} (|x|+1)^{2\alpha_0} |\nabla G_T(x,0)|^2 \le C(d,\lambda).$$
 (33)

To this end, we set  $w(x) = (|x| + 1)^{2\alpha}G_T(x,0)$  and note that

$$\nabla_i w(x) = (|x| + 1)^{2\alpha} \nabla_i G_T(x, 0) + \nabla_i \Big( (|x + e_i| + 1)^{2\alpha} \Big) G_T(x + e_i, 0).$$

Hence, (14) yields (for y = 0):

$$\frac{1}{T} \sum_{x} (|x|+1)^{2\alpha} |G_T(x,0)|^2 + \sum_{x} \sum_{i,j=1}^d G_T(x+e_i,0) \nabla_i \left( (|x+e_i|+1)^{2\alpha} \right) \cdot a_{ij}(x) \nabla_j G_T(x,0) 
+ \sum_{x} (|x|+1)^{2\alpha} \nabla G_T(x,0) \cdot a(x) \nabla G_T(x,0) = G_T(0,0). \quad (34)$$

As in Step 2, we have that

$$\left|\nabla_i \left( (|x|+1)^{2\alpha} \right) \right| \le 4\alpha (|x|+1)^{\alpha-1} (|x+e_i|+1)^{\alpha}.$$

for all  $0 \le \alpha \le 1$  and i = 1, ..., d. Thus (34), ellipticity, and Hölder's inequality yield

$$\lambda \sum_{x} (|x|+1)^{2\alpha} |\nabla G_T(x,0)|^2 \le |G_T(0,0)| +$$

$$C(d)\alpha \left(\sum_{x} |G_T(x,0)|^2 (|x|+1)^{2\alpha-2}\right)^{\frac{1}{2}} \left(\sum_{x} |\nabla G_T(x,0)|^2 (|x|+1)^{2\alpha}\right)^{\frac{1}{2}}.$$

We apply the result of Step 2 with  $\alpha \leq \alpha_0(d)$  and then possibly decrease  $\alpha$  further to absorb the second term on the r. h. s. This is possible for  $\alpha \leq \alpha_0(d, \lambda)$  for some  $\alpha_0(d, \lambda) > 0$ . By Step 1, we conclude (33). By the discrete  $\ell^{2q} - \ell^2$ -inequality  $||f||_{\ell^{2q}(\mathbb{Z}^d)} \leq ||f||_{\ell^2(\mathbb{Z}^d)}$ , it follows that

$$\sum_{x} (|x|+1)^{2q\alpha_0} |\nabla G_T(x,0)|^{2q} \le C(d,\lambda)$$

for all q>1. Hence Lemma 4 holds for d>2 with  $\omega_q$  defined in (25) as long as  $2d(q-1)\leq 2q\alpha_0$ , i.e. we may take  $q_0=\frac{d}{d-\alpha_0}$ .

Proof of (27) in d=2 dimensions. Let us remark that the following proof is valid in all dimensions  $d \geq 2$ . However, if d > 2, we have the simpler proof above. Fix T > 0 and  $a \in \Omega$ . For convenience, we set

$$G(x) := G_T(a; x, 0)$$
 and  $G^0(x) := G_{\frac{T}{x}}(\mathbb{I}; x, 0),$  (35)

where  $\mathbb{I}$  denotes the identity in  $\mathbb{R}^{d\times d}$  and  $\lambda$  denotes the constant of ellipticity from Assumption 2. We first introduce some notation. For  $1 \leq q < \infty$  and  $\gamma > 0$ , we denote by  $\ell^q_{\gamma}$  the space of vector fields  $g: \mathbb{Z}^d \to \mathbb{R}^d$  with

$$||g||_{\ell^q_{\gamma}} := \left(\sum_{x \in \mathbb{Z}^d} |g(x)|^q (|x|+1)^{\gamma}\right)^{\frac{1}{q}} < \infty.$$

Likewise we denote by  $\ell^{2q}_{\omega_q}$  the space of vector fields with

$$||g||_{\ell^{2q}_{\omega q}} := \left(\sum_{x \in \mathbb{Z}^d} |g(x)|^{2q} \omega_q(x)\right)^{\frac{1}{2q}} < \infty,$$

with  $\omega_q$  defined by (25). We write  $\|\mathcal{H}\|_{B(X)}$  for the operator norm of a linear operator  $\mathcal{H}: X \to X$  defined on a normed space X.

**Step 1**. Helmholtz decomposition: We claim that the gradients of the variable coefficient Green's function G and of the constant coefficient Green's function  $G^0$  from (35) are related by

$$(\mathrm{Id} + \mathcal{H}\overline{a})\nabla G = \lambda \nabla G^0 \tag{36}$$

where  $\bar{a} = \lambda a - \mathbb{I}$ ,  $\mathcal{H} := \nabla \mathcal{L}^{-1} \nabla^*$  denotes the modified Helmholtz projection,  $\mathcal{L} := \frac{\lambda}{T} + \nabla^* \nabla$ , and Id denotes the identity operator. Here and in the following, we tacitly identify  $\bar{a}$  with the multiplication operator that maps the vector field  $g : \mathbb{Z}^d \to \mathbb{R}^d$  to the vector field  $(\bar{a}g)(x) := \bar{a}(x)g(x)$ . Moreover, since G is integrable in the sense of Lemma 1, the operators  $\mathcal{L}^{-1}$ , and thus  $\mathcal{H}$  and  $(\mathrm{Id} + \mathcal{H}\bar{a})$  are bounded linear operators on  $\ell^2(\mathbb{Z}^d)$  (resp.  $\ell^2(\mathbb{Z}^d, \mathbb{R}^d)$ ) and the weighted spaces discussed in Step 2 below.

Identity (36) may be seen by appealing to (13) satisfied by G and the equation  $\mathcal{L}G^0 = \delta$  satisfied by  $G^0$ :

$$(\operatorname{Id} + \mathcal{H}\overline{a})\nabla G = \nabla G + \lambda \nabla \mathcal{L}^{-1} \nabla^* a \nabla G - \nabla \mathcal{L}^{-1} \nabla^* \nabla G$$
$$= \nabla G + \lambda \nabla \mathcal{L}^{-1} \left( \delta - \frac{1}{T} G \right) - \nabla \mathcal{L}^{-1} \left( \mathcal{L} - \frac{\lambda}{T} \right) G$$
$$= \lambda \nabla \mathcal{L}^{-1} \delta = \lambda \nabla G^0.$$

Step 2. Invertibility of  $(\operatorname{Id} + \mathcal{H}\overline{a})$  in a weighted space: In this step, we prove that there exists  $q_0 = q_0(d, \lambda) > 1$  such that the operator  $(\operatorname{Id} + \mathcal{H}\overline{a}) : \ell^{2q}_{\omega_q} \to \ell^{2q}_{\omega_q}$  is invertible and

$$\|(\operatorname{Id} + \mathcal{H}\overline{a})\|_{B(\ell^{2q}_{\omega_n})} \le C(d,\lambda) \tag{37}$$

for all  $1 \le q \le q_0$  We split the proof into several sub-steps.

Step 2a. Reduction to an estimate for  $\mathcal{H}$ : We claim that it suffices to prove the following statement. There exists  $q_0 = q_0(\lambda) > 1$  such that

$$\max\left\{\|\mathcal{H}\|_{B(\ell_{2q-2}^{2q})}, \|\mathcal{H}\|_{B(\ell_{4q-4}^{2q})}\right\} \le \frac{2-\lambda}{2(1-\lambda)} \tag{38}$$

for all  $1 \leq q \leq q_0$ .

Our argument is as follows: We only need to show that (38) implies that

$$\|\mathcal{H}\overline{a}\|_{B(\ell_{\omega_q}^{2q})} \le \frac{2-\lambda}{2},\tag{39}$$

since then  $(\mathrm{Id} + \mathcal{H}\overline{a})$  can be inverted by a Neumann-series. Since the  $\|\cdot\|_{B(\ell^{2q}_{\omega_q})}$ -norm is submultiplicative, inequality (39) follows from

$$\|\mathcal{H}\|_{B(\ell_{\omega_q}^{2q})} \le \frac{2-\lambda}{2(1-\lambda)} \quad \text{and} \quad \|\overline{a}\|_{B(\ell_{\omega_q}^{2q})} \le 1-\lambda. \tag{40}$$

We start with the argument for the second inequality in (40). Thanks to (2), we have for all  $a_0 \in \Omega_0$  and  $v \in \mathbb{R}^d$ :

$$|(\lambda a_0 - \mathbb{I})v|^2 = v \cdot ((\lambda a_0 - \mathbb{I})^t (\lambda a_0 - \mathbb{I}))v$$

$$= \lambda^2 |a_0 v|^2 - 2v \cdot \frac{a_0 + a_0^t}{2} v + |v|^2 = \lambda^2 |a_0 v|^2 - 2v \cdot a_0 v + |v|^2$$

$$\stackrel{(2)}{\leq} \lambda^2 |v|^2 - 2\lambda |v|^2 + |v|^2 = (1 - \lambda)^2 |v|^2,$$

which shows (40) by definition of the (spectral) operator norm. Regarding the first inequality in (40), we note that  $\|\cdot\|_{\ell_{\omega_q}^{2q}}^{2q} = \|\cdot\|_{\ell_{2q-2}^{2q}}^{2q} + T^{1-q}\|\cdot\|_{\ell_{4q-4}^{2q}}^{2q}$ , as can been seen by recalling definition (25). Hence,

$$\begin{split} \|\mathcal{H}\|_{B(\ell_{\omega_{q}}^{2q})}^{2q} &= \sup_{\|g\|_{\ell_{\omega_{q}}^{2q}} \le 1} \left( \|\mathcal{H}g\|_{\ell_{2q-2}^{2q}}^{2q} + T^{1-q} \|\mathcal{H}g\|_{\ell_{4q-4}^{2q}}^{2q} \right) \\ &\leq \max \left\{ \|\mathcal{H}\|_{B(\ell_{2q-2}^{2q})}^{2q}, \|\mathcal{H}\|_{B(\ell_{4q-4}^{2q})}^{2q} \right\} \sup_{\|g\|_{\ell_{\omega_{q}}^{2q}} \le 1} \left( \|g\|_{\ell_{2q-2}^{2q}}^{2q} + T^{1-q} \|g\|_{\ell_{4q-4}^{2q}}^{2q} \right) \\ &= \max \left\{ \|\mathcal{H}\|_{B(\ell_{2q-2}^{2q})}^{2q}, \|\mathcal{H}\|_{B(\ell_{4q-4}^{2q})}^{2q} \right\} \stackrel{(38)}{<} \left( \frac{2-\lambda}{2(1-\lambda)} \right)^{2q}, \end{split}$$

and (40) follows.

Step 2b. Proof of (38): A standard energy estimate yields

$$\|\mathcal{H}\|_{B(\ell^2(\mathbb{R}^d,\mathbb{Z}^d))} \le 1. \tag{41}$$

Indeed, given  $g \in [\ell^2(\mathbb{Z}^d)]^d$ , we have that  $\mathcal{H}g = \nabla u$  where u solves  $\frac{\lambda}{T}u + \nabla^*\nabla u = \nabla^*g$ . Testing with u yields  $\|\nabla u\|_{\ell^2(\mathbb{Z}^d)} \leq \|g\|_{\ell^2(\mathbb{Z}^d)}$  which is just another way of writing (41). In the following we prove the desired inequality (38) by complex interpolation of  $B(\ell^2(\mathbb{R}^d,\mathbb{Z}^d)) = B(\ell_0^2)$  with  $B(\ell_\gamma^p)$  for suitable p and  $\gamma$ . In Proposition 1 below (in

Section 4) we prove a Calderón-Zygmund-type estimate for  $\mathcal{H}$  in weighted spaces and obtain

$$\|\mathcal{H}\|_{B(\ell_{\gamma}^p)} < \infty \quad \text{for all } 2 \le p \le \infty \text{ and } 0 \le \gamma < \min\{2(p-1), \frac{1}{2}\}.$$
 (42)

Fix such p and  $\gamma$  and  $0 < \theta < 1$ . A theorem due to Stein and Weiss [7, Theorem 5.5.1] that also holds in the discrete setting yields

$$\|\mathcal{H}\|_{B(\ell_{\gamma'}^p)} \le \|\mathcal{H}\|_{B(\ell_{\gamma}^p)}^{1-\theta} \|\mathcal{H}\|_{B(\ell^p)}^{\theta}, \quad \text{if } \gamma' = (1-\theta)\gamma.$$
 (43)

Likewise the classical Riesz-Thorin theorem [7, Theorem 1.1.1] yields

$$\|\mathcal{H}\|_{B(\ell_{\gamma}^{p'})} \le \|\mathcal{H}\|_{B(\ell_{\gamma}^{p})}^{1-\theta} \|\mathcal{H}\|_{B(\ell_{\gamma}^{2})}^{\theta}, \quad \text{if } \frac{1}{p'} = \frac{1-\theta}{p} + \frac{\theta}{2}.$$
 (44)

In particular, the map  $(p, \gamma) \mapsto \|\mathcal{H}\|_{\mathcal{B}(\ell_{\gamma}^p)}$  is continuous at (2, 0): Given  $\epsilon > 0$ , we use (44) with  $\gamma = 0$  to find p' > 2 such that  $\|\mathcal{H}\|_{\mathcal{B}(\ell_{\gamma'}^p)} \le 1 + \frac{\epsilon}{2}$ . Then we apply (43) to find  $\gamma' > 0$  such that  $\max\{\|\mathcal{H}\|_{\mathcal{B}(\ell_{\gamma'}^p)}, \|\mathcal{H}\|_{\mathcal{B}(\ell_{\gamma'}^p)}\} \le 1 + \epsilon$ . Hence, we have  $\|\mathcal{H}\|_{\mathcal{B}(\ell_{\gamma}^p)} \le 1 + \epsilon$  for the corner points  $(p, \gamma)$  of the square  $[2, p'] \times [0, \gamma']$ . By (44) resp. (43), we may always decrease either p' resp.  $\gamma'$  while achieving the same bound. Consequently we have that  $\|\mathcal{H}\|_{\mathcal{B}(\ell_{\gamma}^p)} \le 1 + \epsilon$  for all  $(p, \gamma) \in [2, p'] \times [0, \gamma']$ . In particular, letting  $\epsilon = \frac{2-\lambda}{2(1-\lambda)} - 1 > 0$ , there exists  $q_0 > 1$  such that  $\|\mathcal{H}\|_{\mathcal{B}(\ell_{2q_0-2}^{2q_0})} \le \frac{2-\lambda}{2(1-\lambda)}$  and the same bound for  $\|\mathcal{H}\|_{\mathcal{B}(\ell_{4q_0-4}^{2q_0})}$ . By monotonicity in the exponent, estimate (38) follows for all  $1 \le q \le q_0$ . This completes the argument of Step 2.

**Step 3**. In this last step, we fix d=2 and derive the bound

$$\sum_{x} |\nabla G(x)|^{2q} \omega_q(x) = \|\nabla G\|_{\ell_{\omega_q}^{2q}}^{2q} \le C(\lambda, q) \log T$$

$$\tag{45}$$

for q and  $\omega_q$  as in Step 2. The relation (36) and the estimate (37) yield

$$\|\nabla G\|_{\ell^{2q}_{\omega_a}} \le C(\lambda) \|\nabla G^0\|_{\ell^{2q}_{\omega_a}}$$

so that it is enough to consider the constant coefficient Green's function whose behaviour is well-known and is given by (cf. (28))

$$|\nabla G^0(x)| \le C(|x|+1)^{-1} \exp\bigg(-\frac{\sqrt{\lambda}|x|}{C\sqrt{T}}\bigg),\,$$

where C is a universal constant. Hence by splitting  $\|\nabla G^0\|_{\ell^{2q}_{\omega_q}}^{2q}$  into its contributions coming from  $|x| \leq \sqrt{T}$  and  $|x| > \sqrt{T}$  and using the definition of the weight  $\omega_q$ , we have

$$\begin{split} \|\nabla G^{0}\|_{\ell_{\omega_{q}}^{2q}}^{2q} &= \sum_{x} |\nabla G^{0}(x)|^{2q} \left( (|x|+1)^{2q-2} + T^{1-q}(|x|+1)^{4q-4} \right) \\ &\leq C \sum_{x} (|x|+1)^{-2q} e^{-\frac{2q\sqrt{\lambda}|x|}{C\sqrt{T}}} \left( (|x|+1)^{2q-2} + T^{1-q}(|x|+1)^{4q-4} \right) \\ &\leq C(\lambda,q) \sum_{|x| \leq \sqrt{T}} (|x|+1)^{-2} + C(\lambda,q) \sum_{|x| > \sqrt{T}} T^{1-q}(|x|+1)^{2q-4} e^{-\frac{2q\sqrt{\lambda}|x|}{C\sqrt{T}}} \\ &\leq C(\lambda,q) \log T + C(\lambda,q) \sum_{|x| > \sqrt{T}} T^{-1} \left( \frac{|x|}{\sqrt{T}} \right)^{2q-4} e^{-\frac{2\sqrt{\lambda}|x|}{C\sqrt{T}}} \\ &\leq C(\lambda,q) \log T + C(\lambda,q). \end{split}$$

### 3.3 Logarithmic Sobolev inequality and spectral gap revisited

The LSI only enters the proof of Theorem 1 in form of the following lemma borrowed from [33].

**Lemma 5** (Lemma 4 in [33]). Let  $\langle \cdot \rangle$  statisfy LSI (8) with constant  $\rho > 0$ . Then we have that

$$\langle |\zeta|^{2p} \rangle^{\frac{1}{2p}} \le C(\delta, p, \rho) \langle |\zeta|^2 \rangle^{\frac{1}{2}} + \delta \left\langle \left( \sum_{x \in \mathbb{Z}^d} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^2 \right)^p \right\rangle^{\frac{1}{2p}}$$
(46)

for any  $\delta > 0$ ,  $1 \le p < \infty$  and  $\zeta \in C_b(\Omega)$ .

This inequality expresses a reverse Jensen inequality and allows to bound high moments of  $\zeta$  to the expense of some control on the oscillations of  $\zeta$ . The difference to SG lies in the fact that the improved integrability properties of LSI allow us to choose  $\delta > 0$  arbitrarily small. In the proof of Theorem 1, we will apply (46) to the random variables  $\zeta = \nabla_i \phi_T(0) + \xi_i$  for  $i = 1, \ldots, d$ . The second moment of  $\nabla_i \phi_T(0) + \xi_i$  will be controlled below, whereas the oscillation was already estimated Lemma 3 and involves the second mixed derivatives of  $G_T$ .

In the proof of Theorem 2, we just require the weaker statement of SG. To be precise, we will use an  $L_{(.)}^{2p}$ -version of SG which is the content of the following lemma.

**Lemma 6** (cf. Lemma 2 in [20]). Let  $\langle \cdot \rangle$  statisfy SG (10) with constant  $\rho > 0$ . Then for arbitrary  $1 \leq p < \infty$  and  $\zeta \in C_b(\Omega)$  it holds that

$$\langle |\zeta - \langle \zeta \rangle|^{2p} \rangle \le C(p, \rho) \langle \left( \sum_{x \in \mathbb{Z}^d} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^2 \right)^p \rangle.$$
 (47)

The proof is a combination of the proofs of [20, Lemma 2] and [33, Lemma 4]. We present it here for the convenience of the reader.

*Proof.* Without loss of generality assume that  $\zeta \in C_b(\Omega)$  satisfies  $\langle \zeta \rangle = 0$ . The triangle inequality and SG (10) yield

$$\begin{split} \left\langle |\zeta|^{2p} \right\rangle &\leq 2 \left\langle \left( |\zeta|^p - \left\langle |\zeta|^p \right\rangle \right)^2 \right\rangle + 2 \left\langle |\zeta|^p \right\rangle^2 \\ &\leq \frac{2}{\rho} \left\langle \sum_x \left( \underset{a(x)}{\operatorname{osc}} |\zeta|^p \right)^2 \right\rangle + 2 \left\langle |\zeta|^{2p} \right\rangle^{\frac{p-2}{p-1}} \left\langle |\zeta|^2 \right\rangle^{\frac{p}{p-1}}. \end{split}$$

By Young's inequality, we may absorb  $\langle |\zeta|^{2p} \rangle$  on the l. h. s. and we obtain that

$$\langle |\zeta|^{2p} \rangle \le \frac{4}{\rho} \left\langle \sum_{x} \left( \underset{a(x)}{\text{osc}} |\zeta|^{p} \right)^{2} \right\rangle + C(p) \left\langle |\zeta|^{2} \right\rangle^{p}.$$
 (48)

We insert SG (10), note  $\langle \zeta \rangle = 0$  and apply Jensen's inequality to obtain that

$$\langle |\zeta|^2 \rangle^p \le \rho^{-p} \left\langle \sum_x \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^2 \right\rangle^p \le \rho^{-p} \left\langle \left( \sum_x \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^2 \right)^p \right\rangle.$$
 (49)

In order to deal with the first term in (48), we note that the elementary inequality  $|t^p - s^p| \le C(p)(t^{p-1}|t - s| + |t - s|^p)$  for all  $t, s \ge 0$  yields for every two coefficient fields  $a, \tilde{a} \in \Omega$ :

$$\left| |\zeta(a)|^p - |\zeta(\tilde{a})|^p \right| \le C(p) \left( |\zeta(a)|^{p-1} |\zeta(a) - \zeta(\tilde{a})| + |\zeta(a) - \zeta(\tilde{a})|^p \right),$$

where we have in addition used the triangle inequality in form of  $|\zeta(a)| - |\zeta(\tilde{a})| \le |\zeta(a) - \zeta(\tilde{a})|$ . Letting  $\tilde{a} \in \Omega$  run over the coefficient fields that coincide with a outside of  $x \in \mathbb{Z}^d$  yields

$$\underset{a(x)}{\operatorname{osc}} |\zeta|^p \le C(p) \left( |\zeta|^{p-1} \underset{a(x)}{\operatorname{osc}} \zeta + \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^p \right)$$

Consequently we obtain

$$\left\langle \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} |\zeta|^{p} \right)^{2} \right\rangle \leq C(p) \left( \left\langle |\zeta|^{2(p-1)} \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^{2} \right\rangle + C(p) \left\langle \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^{2p} \right\rangle \right)$$

$$\leq C(p) \left( \left\langle |\zeta|^{2p} \right\rangle^{\frac{p-1}{p}} \left\langle \left( \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^{2} \right)^{p} \right\rangle^{\frac{1}{p}} + \left\langle \left( \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^{2} \right)^{p} \right\rangle \right)$$

by Hölder's inequality and the discrete  $\ell^2 \subset \ell^{2p}$ -inequality. Inserting this estimate as well as (49) into (48) yields

$$\left\langle |\zeta|^{2p} \right\rangle \leq C(p,\rho) \left( \left\langle |\zeta|^{2p} \right\rangle^{\frac{p-1}{p}} \left\langle \left( \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^{2} \right)^{p} \right\rangle^{\frac{1}{p}} + \left\langle \left( \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} \zeta \right)^{2} \right)^{p} \right\rangle \right).$$

Again, we may absorb the factor  $\langle |\zeta|^{2p} \rangle$  on the l. h. s. using Young's inequality and thus conclude the proof of Lemma 6.

#### 3.4 Proof of Theorem 1

**Step 1**. We claim the following energy estimate:

$$\langle |\nabla \phi_T(0) + \xi|^2 \rangle \le C(\lambda)|\xi|^2.$$
 (50)

To see this, we multiply (1) with  $\phi_T(0)$  and take the expectation:

$$\frac{1}{T} \left\langle |\phi_T(0)|^2 \right\rangle + \left\langle \phi_T(0) \nabla^*(a \nabla \phi_T)(0) \right\rangle = - \left\langle \phi_T(0) \nabla^*(a \xi)(0) \right\rangle.$$

Thanks to the stationarity of  $\langle \cdot \rangle$  and the stationarity of  $\phi_T$ , cf. (20), we have that

$$\langle \phi_T(0) \nabla^* w(x) \rangle = \sum_{i=1}^d \langle \phi_T(0) \big( w_i(x - e_i) - w_i(x) \big) \rangle$$
$$= \sum_{i=1}^d \langle \big( \phi_T(e_i) - \phi_T(0) \big) w_i(x) \rangle = \langle \nabla \phi_T(0) \cdot w(x) \rangle$$

for all stationary vector fields  $w: \mathbb{Z}^d \to \mathbb{R}^d$ . This integration by parts property then yields

$$\frac{1}{T} \left\langle |\phi_T(0)|^2 \right\rangle + \left\langle \nabla \phi_T(0) \cdot a(0) \nabla \phi_T(0) \right\rangle = -\left\langle \nabla \phi_T(0) \cdot a(0) \xi \right\rangle.$$

Since the first term on the left-hand side is non-negative, uniform ellipticity, cf. (2), yields

$$\langle |\nabla \phi_T(0)|^2 \rangle \le \lambda^{-2} |\xi|^2,$$

and (50) follows from the triangle inequality.

#### Step 2. We claim that

$$\left\langle \left( \sum_{x} |\nabla \nabla G_T(0, x)|^2 |\nabla \phi_T(x) + \xi|^2 \right)^p \right\rangle \leq \lambda^{-2p} \langle |\nabla \phi_T(0) + \xi|^{2p} \rangle. \tag{51}$$

We start by applying Hölder's inequality with exponent p in space:

$$\left(\sum_{x} |\nabla \nabla G_T(0, x)|^2 |\nabla \phi_T(x) + \xi|^2\right)^p$$

$$\leq \left(\sum_{x} |\nabla \nabla G_T(0, x)|^2\right)^{p-1} \sum_{x} |\nabla \nabla G_T(0, x)|^2 |\nabla \phi_T(x) + \xi|^{2p}.$$

We now apply  $\langle \cdot \rangle$  to obtain

$$\left\langle \left( \sum_{x} |\nabla \nabla G_T(0, x)|^2 |\nabla \phi_T(x) + \xi|^2 \right)^p \right\rangle$$

$$\leq \left( \sup_{a \in \Omega} \sum_{x} |\nabla \nabla G_T(0, x)|^2 \right)^{p-1} \sum_{x} \langle |\nabla \nabla G_T(0, x)|^2 |\nabla \phi_T(x) + \xi|^{2p} \rangle.$$

At this stage, we appeal to the stationarity of  $G_T$ , cf. (15), the stationarity of  $\nabla \phi_T$ , cf. (20), and the stationarity of  $\langle \cdot \rangle$  in form of

$$\langle |\nabla \nabla G_T(0,x)|^2 |\nabla \phi_T(x) + \xi|^{2p} \rangle = \langle |\nabla \nabla G_T(-x,0)|^2 |\nabla \phi_T(0) + \xi|^{2p} \rangle,$$

which yields

$$\left\langle \left( \sum_{x} |\nabla \nabla G_{T}(0,x)|^{2} |\nabla \phi_{T}(x) + \xi|^{2} \right)^{p} \right\rangle \\
\leq \left( \sup_{a \in \Omega} \sum_{x} |\nabla \nabla G_{T}(0,x)|^{2} \right)^{p-1} \left\langle \sum_{x} |\nabla \nabla G_{T}(-x,0)|^{2} |\nabla \phi_{T}(0) + \xi|^{2p} \right\rangle \\
\leq \left( \sup_{a \in \Omega} \sum_{x} |\nabla \nabla G_{T}(0,x)|^{2} \right)^{p-1} \left( \sup_{a \in \Omega} \sum_{x} |\nabla \nabla G_{T}(x,0)|^{2} \right) \langle |\nabla \phi_{T}(0) + \xi|^{2p} \rangle.$$

We conclude by appealing to symmetry, cf. (16), and (26). Note that the transposed coefficient field  $a^t$  satisfies  $a^t \in \Omega$ .

**Step 3**. Conclusion: The combination of (51) and (21b) yields

$$\left\langle \left( \sum_{x} \left( \underset{a(x)}{\operatorname{osc}} (\nabla_{i} \phi_{T}(0) + \xi_{i}) \right)^{2} \right)^{p} \right\rangle^{\frac{1}{p}} \leq C(d, \lambda) \langle |\nabla \phi_{T}(0) + \xi|^{2p} \rangle^{\frac{1}{p}}$$
 (52)

for i = 1, ..., d. We now appeal to Lemma 5 with  $\zeta = \nabla_i \phi_T(0) + \xi_i$ , i.e.

$$\langle |\nabla_i \phi_T(0) + \xi_i|^{2p} \rangle^{\frac{1}{2p}} \leq C(\delta, p, \rho) \langle |\nabla_i \phi_T(0) + \xi_i|^2 \rangle^{\frac{1}{2}} + \delta \left\langle \left( \sum_{x \in \mathbb{Z}^d} \left( \operatorname{osc}_{a(x)} (\nabla_i \phi_T(0) + \xi_i) \right)^2 \right)^{\frac{1}{2p}} \right\rangle^{\frac{1}{2p}}.$$

On the r. h. s. we insert the estimates (50) and (52) and sum in i = 1, ..., d to obtain (after redefining  $\delta$ )

$$\sum_{i=1}^{d} \langle |\nabla_i \phi_T(0) + \xi_i|^{2p} \rangle^{\frac{1}{2p}} \le C(d, \lambda, \delta, p, \rho) |\xi| + \delta \langle |\nabla \phi_T(0) + \xi|^{2p} \rangle^{\frac{1}{2p}}.$$

By the equivalence of finite-dimensional norms, it follows (again, after redefining  $\delta$ )

$$\langle |\nabla \phi_T(0) + \xi|^{2p} \rangle^{\frac{1}{2p}} \le C(d, \lambda, \delta, p, \rho) |\xi| + \delta \langle |\nabla \phi_T(0) + \xi|^{2p} \rangle^{\frac{1}{2p}}.$$

By choosing  $\delta = \frac{1}{2}$ , we may absorb the second term on the r. h. s. into the l. h. s. which completes the proof.

#### 3.5 Proof of Theorem 2

As a starting point, we apply SG in its *p*-version Lemma 6: We apply this inequality with  $\zeta = \phi_T(0)$ . Since  $\langle \phi_T(0) \rangle = 0$  (as can be seen by taking the expectation of (1) and using the stationarity of  $\langle \cdot \rangle$  and  $\phi_T$ ), estimate (47) yields

$$\langle |\phi_T(0)|^{2p} \rangle \le \frac{1}{\rho} \Big\langle \left( \sum_x \left( \underset{a(x)}{\text{osc }} \phi_T(0) \right)^2 \right)^p \Big\rangle.$$

The oscillation estimate (21a) yields

$$\langle |\phi_T(0)|^{2p} \rangle \le C(d,\lambda,\rho) \Big\langle \bigg( \sum_x |\nabla G_T(0,x)|^2 |\nabla \phi_T(x) + \xi|^2 \bigg)^p \Big\rangle.$$

With the help of Hölder's inequality we can introduce the weight  $\omega_q$  from Lemma 4 and get for the r. h. s.

$$\left\langle \left( \sum_{x} |\nabla G_{T}(0,x)|^{2} |\nabla \phi_{T}(x) + \xi|^{2} \right)^{p} \right\rangle$$

$$\leq \left\langle \left( \sum_{x} |\nabla G_{T}(0,x)|^{2q} \omega_{q}(x) \right)^{p-1} \sum_{x} |\nabla \phi_{T}(x) + \xi|^{2p} \omega_{q}(x)^{-\frac{1}{q-1}} \right\rangle$$

$$\leq \left( \sup_{a \in \Omega} \sum_{x} |\nabla G_{T}(0,x)|^{2q} \omega_{q}(x) \right)^{p-1} \sum_{x} \left\langle |\nabla \phi_{T}(x) + \xi|^{2p} \right\rangle \omega_{q}^{-\frac{1}{q-1}}(x).$$

Due to the stationarity of  $\nabla \phi_T + \xi$  and Lemma 4 we obtain

$$\langle |\phi_T(0)|^{2p} \rangle \le C(d,\lambda,p) \begin{cases} (\log T)^{p-1} \langle |\nabla \phi_T + \xi)(0)|^{2p} \rangle \sum_x \omega_q(x)^{-\frac{1}{q-1}} & \text{for } d = 2, \\ \langle |\nabla \phi_T + \xi)(0)|^{2p} \rangle \sum_x \omega_q(x)^{-\frac{1}{q-1}} & \text{for } d > 2. \end{cases}$$

To conclude in the case of d=2, we simply insert (25) to bound (for  $T\geq 2$ )

$$\sum_{x} \omega_{q}(x)^{-\frac{1}{q-1}} \le C(p) \left( \sum_{|x| \le \sqrt{T}} (|x|+1)^{2} + \sum_{|x| > \sqrt{T}} T(|x|+1)^{-4} \right)$$

$$\le C(p) \left( \log T + \frac{1}{\sqrt{T}} \right) \le C(p) \log T.$$

If d > 2, we find that

$$\sum_{x} \omega_q(x)^{-\frac{1}{q-1}} = \sum_{x} (|x|+1)^{-2d} \le C(d),$$

which finishes the proof.

# 4 A weighted Calderón-Zygmund estimate

In this section we present a discrete Calderón-Zygmund estimate on  $\ell^p$ -spaces with Muckenhoupt weights, which we used in Step 2b of the proof of estimate (27) in Lemma 4 in the case d=2, see (42). Although we require the estimate in this paper only in dimension d=2, we present it here for any dimension  $d\geq 2$  since it may be of independent interest. The proof closely follows [21, Lemma 28]; the difference lies in the inclusion of weighted spaces which requires a bit more effort.

**Proposition 1.** Let T > 0, let  $g : \mathbb{Z}^d \to \mathbb{R}^d$  be a compactly supported function and let  $u \in \ell^2(\mathbb{Z}^d)$  be the unique solution to

$$\frac{1}{T}u + \nabla^* \nabla u = \nabla^* g \quad on \ \mathbb{Z}^d. \tag{53}$$

Then for all  $1 and all <math>0 \le \gamma < \min\{d(p-1), 1/2\}$  we have

$$\sum_{x \in \mathbb{Z}^d} |\nabla u(x)|^p (|x|+1)^{\gamma} \le C(d, p, \gamma) \sum_{x \in \mathbb{Z}^d} |g(x)|^p (|x|+1)^{\gamma}.$$

This proposition is a discrete version of the well-known continuum Calderón-Zygmund estimate with Muckenhoupt weight:

**Proposition 2** (see [39]). Let T > 0, let  $g : \mathbb{R}^d \to \mathbb{R}^d$  be smooth and compactly supported, and let  $u : \mathbb{R}^d \to \mathbb{R}$  be the unique smooth and decaying solution to

$$\frac{1}{T}u - \Delta u = -\nabla \cdot g \quad on \ \mathbb{R}^d.$$

Then for all  $1 and all <math>-d < \gamma < d(p-1)$  we have that

$$\int_{\mathbb{R}^d} |\nabla u(x)|^p |x|^{\gamma} dx \le C(d, p, \gamma) \int_{\mathbb{R}^d} |g(x)|^p |x|^{\gamma} dx.$$

The rest of this section is devoted to the proof of Proposition 1. To simplify the upcoming argument, fix for the remainder of this section two indices  $j, \ell \in \{1, ..., d\}$ . By linearity it suffices to consider instead of (53) the equation

$$\frac{1}{T}u + \nabla^* \nabla u = \nabla_{\ell}^* g \quad \text{on } \mathbb{Z}^d$$
 (54)

for scalar g, and then to prove

$$\sum_{x \in \cap \mathbb{Z}^d} |\nabla_j u(x)|^p (1+|x|)^{\gamma} \le C(d, p, \gamma) \sum_{x \in \cap \mathbb{Z}^d} |g(x)|^p (1+|x|)^{\gamma}.$$
 (55)

The discrete estimate (55) will be obtained from Proposition 2 by a perturbation argument. More precisely, we compare the discrete equation (54) and its continuum version in Fourier space. We denote the Fourier transform on  $\mathbb{R}^d$  by

$$(\mathcal{F}g)(\xi) = (2\pi)^{-d/2} \int_{\mathbb{R}^d} g(x)e^{-i\xi \cdot x} dx, \quad \xi \in \mathbb{R}^d,$$

and for functions defined on the discrete lattice  $\mathbb{Z}^d$  we define the discrete Fourier transform as

$$(\mathcal{F}_{dis}g)(\xi) = (2\pi)^{-d/2} \sum_{x \in \mathbb{Z}^d} g(x)e^{-i\xi \cdot x}, \quad \xi \in \mathbb{R}^d.$$

Note that  $\mathcal{F}_{dis}F$  is  $(-\pi,\pi)^d$ -periodic and that we have the inversion formula

$$(\mathcal{F}^{-1}(\chi \mathcal{F}_{dis}g))(x) = g(x) \quad \text{for all } x \in \mathbb{Z}^d,$$
 (56)

where  $\chi$  denotes the indicator function of the Brillouin zone  $(-\pi,\pi)^d$  which is the unit cell of the Fourier transform on a lattice.

The Fourier multipliers corresponding to (54) and its continuum version are given by

$$\mathfrak{M}_{T}^{cont}(\xi) = \frac{\xi_{j}\xi_{\ell}}{\frac{1}{T} + |\xi|^{2}}, \qquad \mathfrak{M}_{T}(\xi) = \frac{(e^{-i\xi_{j}} - 1)(e^{i\xi_{\ell}} - 1)}{\frac{1}{T} + \sum_{n=1}^{d} |e^{i\xi_{n}} - 1|^{2}}.$$

In particular, (54) reads in Fourier space as

$$\nabla_j u = \mathcal{F}^{-1}(\chi \mathfrak{M}_T \mathcal{F}_{dis} g)$$

and (55) is equivalent to

$$\sum_{x \in \mathbb{Z}^d} |(\mathcal{F}^{-1}(\chi \ \mathfrak{M}_T \mathcal{F}_{dis} g))(x)|^p (|x|+1)^{\gamma} \le C(d, p, \gamma) \sum_{x \in \mathbb{Z}^d} |g(x)|^p (|x|+1)^{\gamma}.$$
 (57)

Finally, we state two auxiliary results that will be used in the subsequent argument and which we prove at the end of this section. The first result shows that the discrete and continuum norms for band-restricted functions are equivalent. For brevity, we set

$$||g||_{\ell^p_{\gamma}} = \left(\sum_{x \in \mathbb{Z}^d} |g(x)|^p (|x|+1)^{\gamma}\right)^{\frac{1}{p}} \quad \text{and} \quad ||g||_{L^p_{\gamma}} = \left(\int_{\mathbb{R}^d} |g(x)|^p |x|^{\gamma} \, dx\right)^{\frac{1}{p}}. \tag{58}$$

Furthermore, we use the notation  $\|\cdot\|_{\ell_{\omega}^{p}}$  (resp.  $\|\cdot\|_{L_{\omega}^{p}}$ ), if  $(|x|+1)^{\gamma}$  (resp.  $|x|^{\gamma}$ ) is replaced by a general weight function  $\omega$ .

**Lemma 7** (Equivalence of discrete and continuous norms). For all L large enough, the  $\ell^p_{\gamma}$ -norm and the  $L^p_{\gamma}$ -norm are equivalent for functions supported on  $[-\frac{1}{L},\frac{1}{L}]^d$  in Fourier space, i.e.

$$\frac{1}{C(d, p, \gamma)} \|g\|_{L^p_{\gamma}} \le \|g\|_{\ell^p_{\gamma}} \le C(d, p, \gamma) \|g\|_{L^p_{\gamma}}$$

for all functions  $g := \mathcal{F}^{-1}(F) : \mathbb{R}^d \to \mathbb{C}$  with F supported on  $[-\frac{1}{L}, \frac{1}{L}]^d$  where we let without loss generality  $\frac{1}{L} < \pi$ .

The second result is a generalization of Young's convolution estimate to weighted spaces.

**Lemma 8** (Young's convolution estimate on weighted spaces). Let  $\omega: \mathbb{Z}^d \to \mathbb{R}$  satisfy

$$\omega(x) \ge 1$$
 and  $\omega(x) \le \omega(y)\omega(x-y)$  for all  $x, y \in \mathbb{Z}^d$ . (59)

Then the estimate

$$||f *_{dis} g||_{\ell_{\omega}^{p}} \le ||f||_{\ell_{\omega}^{q}} ||g||_{\ell_{\omega}^{r}}, \quad 1 + \frac{1}{p} = \frac{1}{q} + \frac{1}{r}$$
 (60)

holds, where  $*_{dis}$  denotes the discrete convolution on  $\mathbb{Z}^d$ :

$$(f *_{dis} g)(x) := \sum_{y \in \mathbb{Z}^d} f(x - y)g(y).$$

The same estimate holds in the continuum case (with  $*_{dis}$  and  $\|\cdot\|_{\ell^p_\omega}$  replaced by the usual convolution \* and  $\|\cdot\|_{L^p_\omega}$ , respectively) as long as  $\omega$  satisfies (59) for all  $x, y \in \mathbb{R}^d$ .

Now, we are ready to start the proof of Proposition 1 in earnest.

Step 1. Fourier multipliers: We claim that the invoked Fourier multipliers satisfy

$$\mathfrak{M}_T - \mathfrak{M}_T^{cont} = \mathfrak{M}_T \mathfrak{M}_T^*, \tag{61}$$

where we define

$$\mathfrak{M}_{T}^{*} := 1 - \frac{1}{h(\xi_{j})h(-\xi_{\ell})} + \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \sum_{k=1}^{d} \frac{|\xi_{k}|^{2}(1 - |h(\xi_{k})|^{2})}{|\xi|^{2}h(\xi_{j})h(-\xi_{\ell})}$$
(62)

and

$$h(z) := \begin{cases} \frac{e^{iz} - 1}{iz} & 0 \neq z \in \mathbb{C}, \\ 1 & z = 0. \end{cases}$$

$$(63)$$

Indeed, (61) is true for  $\xi = 0$ . For  $\xi \neq 0$  the definition of h(z) yields that

$$\begin{split} \mathfrak{M}_{T}^{*} &= 1 - \frac{\mathfrak{M}_{T}^{cont}}{\mathfrak{M}_{T}} \\ &= 1 - \frac{\xi_{j}\xi_{\ell}}{(e^{i\xi_{j}} - 1)(e^{-i\xi_{\ell}} - 1)} - \frac{1}{\frac{1}{T} + |\xi|^{2}} \sum_{k=1}^{d} \frac{\xi_{j}\xi_{\ell}(\frac{1}{T} + |\xi_{k}|^{2} - (\frac{1}{T} + |e^{i\xi_{k}} - 1|^{2}))}{(e^{i\xi_{j}} - 1)(e^{-i\xi_{\ell}} - 1)} \\ &= 1 - \frac{1}{h(\xi_{j})h(-\xi_{\ell})} - \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \sum_{k=1}^{d} \frac{\frac{1}{T} + |\xi_{k}|^{2} - (\frac{1}{T} + |\xi_{k}|^{2}|h(\xi_{k})|^{2})}{|\xi|^{2}h(\xi_{j})h(-\xi_{\ell})} \\ &= 1 - \frac{1}{h(\xi_{j})h(-\xi_{\ell})} + \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \sum_{k=1}^{d} \frac{|\xi_{k}|^{2}(1 - |h(\xi_{k})|^{2})}{|\xi|^{2}h(\xi_{j})h(-\xi_{\ell})}. \end{split}$$

In order to prove uniformity in T (recall that the assertion of Proposition 1 does not involve T), we may split  $\mathfrak{M}_T^*$  into two terms independent of T and a simple prefactor involving  $\frac{1}{T}$ :

$$\mathfrak{M}_{T}^{*} = \mathfrak{M}_{1}^{*} + \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \mathfrak{M}_{2}^{*}, \tag{64}$$

where we have set

$$\mathfrak{M}_{1}^{*} = 1 - \frac{1}{h(\xi_{i})h(-\xi_{\ell})},\tag{65}$$

$$\mathfrak{M}_{2}^{*} = \sum_{k=1}^{d} \frac{|\xi_{k}|^{2} (1 - |h(\xi_{k})|^{2})}{|\xi|^{2} h(\xi_{j}) h(-\xi_{\ell})}.$$
(66)

Step 2. Reduction by separating low and high frequencies: We take a smooth cutoff function  $\eta_1$  that equals one in  $[-1,1]^d$  with compact support in  $(-\pi,\pi)^d$ . We then rescale it to

$$\eta_L(\xi) = \eta_1(L\xi).$$

Using the triangle inequality and  $\chi \eta_L = \eta_L$ , we separate the expression on the left hand side of (57) into low and high frequencies:

$$\|\mathcal{F}^{-1}(\chi \mathfrak{M}_T \mathcal{F}_{dis}g)\|_{\ell^p_{\gamma}} \leq \underbrace{\|\mathcal{F}^{-1}(\eta_L \mathfrak{M}_T \mathcal{F}_{dis}g)\|_{\ell^p_{\gamma}}}_{I} + \underbrace{\|\mathcal{F}^{-1}(\chi(1-\eta_L) \mathfrak{M}_T \mathcal{F}_{dis}g)\|_{\ell^p_{\gamma}}}_{II}.$$

Term I represents low frequencies (treated in Step 4) and term II represents high frequencies (treated in Step 5). Hence, in order to conclude, we only need to prove the following two statements:

(I) For all  $L \geq L_0$  (where  $L_0 \geq 1$  only depends on  $\gamma, p$  and d) we have

$$\|\mathcal{F}^{-1}(\mathfrak{M}_T \eta_L \mathcal{F}_{dis} g)\|_{\ell^p_{\gamma}} \le C(d, \gamma, p) \|g\|_{\ell^p_{\gamma}}. \tag{67}$$

(II) For all  $L \geq 1$  we have

$$\|\mathcal{F}^{-1}(\chi(1-\eta_L)\mathfrak{M}_T\mathcal{F}_{dis}g)\|_{\ell^p_{\gamma}} \le C(d,\gamma,p,L)\|g\|_{\ell^p_{\gamma}}.$$
 (68)

We note that while the constants a-priori depend on the cutoff functions  $\eta_1$  and  $\zeta_1$  (the latter will be introduced in Step 3), both may be constructed in a canonical way only depending on d.

**Step 3**. A bound on the correction  $\mathfrak{M}_T^*$  for low frequencies: This is perhaps the most important ingredient in the proof, as it is here that we truly capture the difference between the discrete and continuous settings. Recall that  $\mathfrak{M}_1^*$  and  $\mathfrak{M}_2^*$  are defined in (65) and (66). In this step we prove that

$$\|\mathcal{F}^{-1}(\mathfrak{M}_{j}^{*}\eta_{L})\|_{\ell_{\gamma}^{1}} \le C(d,\gamma)L^{2\gamma-1}, \quad j=1,2,$$
 (69)

for L large enough.

We start the argument with the observation that h(z), defined in (63), and  $h^{-1}(z)$  are both analytic in the disk  $\{z \in \mathbb{C} : |z| < 2\pi\}$  and we may write

$$\frac{1}{h(z)} = 1 + zr_1(z)$$
 and  $h(z) = 1 + zr_2(z)$ 

with two functions  $r_1, r_2$  which are analytic on the disk  $\{z \in \mathbb{C} : |z| < 2\pi\}$ . The term  $\mathfrak{M}_1^*$ . This term becomes

$$\mathfrak{M}_{1}^{*} = 1 - \frac{1}{h(\xi_{j})h(-\xi_{\ell})} = \xi_{\ell}r_{1}(-\xi_{\ell}) - \xi_{j}r_{1}(\xi_{j}) + \xi_{j}\xi_{\ell}r_{1}(\xi_{j})r_{1}(-\xi_{\ell}),$$

which is a linear combination of terms of the form  $i\xi_m\phi(\xi)$ ,  $m=1,\ldots,d$ , with a (generic) analytic function  $\phi$  on the disk  $\{z\in\mathbb{C}:|z|<2\pi\}$ .

The term  $\mathfrak{M}_2^*$ . Denoting the real part of  $z \in \mathbb{C}$  by  $\operatorname{Re}(z)$ , we compute that

$$\mathfrak{M}_{2}^{*} = \sum_{k=1}^{d} \frac{|\xi_{k}|^{2} (1 - |h(\xi_{k})|^{2})}{|\xi|^{2} h(\xi_{j}) h(-\xi_{\ell})} = \sum_{k=1}^{d} \frac{|\xi_{k}|^{2} (2\xi_{k} \operatorname{Re}(r_{2}(\xi_{k})) + |\xi_{k}|^{2} |r_{2}(\xi_{k})|^{2})}{|\xi|^{2} h(\xi_{j}) h(-\xi_{\ell})},$$

which is a linear combination of terms of the form  $\xi_m \frac{|\xi_n|^2}{|\xi|^2} \phi(\xi)$ ,  $m, n = 1, \ldots, d$ , with a (generic) analytic function  $\phi$  on the disk  $\{z \in \mathbb{C} : |z| < 2\pi\}$ .

Hence our problem reduces to showing that

$$\left\| \mathcal{F}^{-1} \left( i \xi_m \frac{|\xi_n|^2}{|\xi|^2} \phi(\xi) \eta_L \right) \right\|_{\ell^1_{\gamma}} \le C(d, \gamma, \phi) L^{2\gamma - 1} \tag{70}$$

and

$$\left\| \mathcal{F}^{-1} \left( i \xi_m \phi(\xi) \eta_L \right) \right\|_{\ell^1_{\alpha}} \le C(d, \gamma, \phi) L^{2\gamma - 1} \tag{71}$$

for any generic analytic function  $\phi$  on the complex disc of radius  $2\pi$ . For the argument consider the Schwartz functions

$$K_L = \mathcal{F}^{-1}(\phi \eta_L)$$
 and  $\hat{K}_L = \mathcal{F}^{-1}(\phi(\frac{\cdot}{L})\eta_1),$ 

and note that both are related through the scaling:

$$K_L(x) = \frac{1}{L^d} \hat{K}_L(\frac{x}{L}).$$

For what follows it is crucial to note that the family  $\{\hat{K}_L\}_{L\geq 1}$  is equibounded in the space of Schwartz space functions, i.e. for all multi-indices  $\alpha, \beta$  we have

$$\sup_{x} |x^{\alpha} \partial_{x}^{\beta} \hat{K}_{L}(x)| \le C(\phi, \alpha, \beta), \tag{72}$$

where  $x^{\alpha} := \prod_{i=1}^{d} x_i^{\alpha_i}$  and  $\partial_x^{\beta} := \prod_{i=1}^{d} \partial_{x_i}^{\beta_i}$ . We now turn to the argument for (70) and (71). The latter is easily shown, in fact with a slightly better decay rate of  $L^{\gamma-1}$ . Since  $\gamma \geq 0$  and  $L \geq 1$ , we have that

$$(L|y|+1)^{\gamma} = L^{\gamma}(|y|+L^{-1})^{\gamma} \le L^{\gamma}(|y|+1)^{\gamma}, \tag{73}$$

and the definition of  $K_L$  yields

$$\left\| \mathcal{F}^{-1} \left( i \xi_m \phi(\xi) \eta_L \right) \right\|_{\ell_{\gamma}^1} = \sum_{x \in \mathbb{Z}^d} \left| \partial_m K_L(x) \right| \left( |x| + 1 \right)^{\gamma}$$

$$\leq L^{\gamma - 1} \left( L^{-d} \sum_{x \in \frac{1}{L} \mathbb{Z}^d} \left| \partial_m \hat{K}_L(x) \right| \left( |x| + 1 \right)^{\gamma} \right).$$

Thanks to (72) the term in the brackets on the right-hand side is bounded by  $C(d, \gamma, \phi)$  and (71) follows. To show (70), we notice that

$$\mathcal{F}^{-1}\left(\frac{\xi_m}{|\xi|^2}\right) = \frac{(2\pi)^{\frac{d}{2}}}{|S^{d-1}|} \frac{x_m}{|x|^d} \quad \text{as a tempered distribution on } \mathbb{R}^d,$$

where  $|S^{d-1}|$  denotes the surface area of the d-1-dimensional unit sphere  $S^{d-1} \subset \mathbb{R}^d$ . Therefore standard properties of the Fourier transform yield

$$\mathcal{F}^{-1}\left(i\xi_m \frac{\xi_n^2}{|\xi|^2} \phi(\xi) \eta_L\right) = \frac{(2\pi)^{\frac{d}{2}}}{|S^{d-1}|} \partial_n^2 \left(\frac{x_m}{|x|^d} * K_L\right). \tag{74}$$

Next we introduce a spatial cutoff  $\zeta_L$  (as opposed to the frequency cutoff  $\eta_L$ ), defined as follows: first define a smooth cutoff function  $\zeta_1$  for  $\{x \in \mathbb{R}^d : |x| \leq 1\}$  in  $\{x \in \mathbb{R}^d : |x| \leq 2\}$  and its rescaled version

$$\zeta_L(x) = \zeta_1(\frac{x}{L}).$$

By the triangle inequality and since the derivative in (74) may fall on either term in the convolution, for (70) we only need to argue that

$$\sum_{n} \left| \left( \frac{\zeta_L x_m}{|x|^d} * \partial_n^2 K_L \right) (x) \right| (|x| + 1)^{\gamma} \le C(d, \gamma, \phi) L^{2\gamma - 1}$$
(75)

and

$$\sum_{n} \left| \left( \partial_n^2 \frac{(1 - \zeta_L) x_m}{|x|^d} * K_L \right) (x) \right| (|x| + 1)^{\gamma} \le C(d, \gamma, \phi) L^{2\gamma - 1}.$$
 (76)

By definition of the (continuous) convolution, thanks to

$$(|x|+1)^{\gamma} \le (|x-y|+1)^{\gamma}(|y|+1)^{\gamma}$$
 for all  $x, y \in \mathbb{Z}^d, \ \gamma \ge 0$ ,

by a change of variables and (73), we obtain that

$$[l.h.s. of (75)] = \sum_{x \in \mathbb{Z}^d} \left| \int_{\mathbb{R}^d} \frac{\zeta_L(y) y_m}{|y|^d} \partial_n^2 K_L(x-y) \, dy \right| (|x|+1)^{\gamma}$$

$$\leq \sum_{x \in \mathbb{Z}^d} \int_{\mathbb{R}^d} \left| \frac{\zeta_L(y) y_m}{|y|^d} \partial_n^2 K_L(x-y) \right| (|x-y|+1)^{\gamma} (|y|+1)^{\gamma} \, dy$$

$$= \sum_{x \in \frac{1}{L} \mathbb{Z}^d} \int_{\mathbb{R}^d} \left| L \frac{\zeta_1(y) y_m}{|y|^d} L^{-2-d} \partial_n^2 \hat{K}_L(x-y) \right| (L|x-y|+1)^{\gamma} (L|y|+1)^{\gamma} \, dy.$$
(77)

Hence (73) yields

[l.h.s. of (75)]
$$\leq L^{2\gamma-1}L^{-d}\sum_{x\in\frac{1}{L}\mathbb{Z}^d}\int_{\mathbb{R}^d} \left|\frac{\zeta_1(y)y_m(|y|+1)^{\gamma}}{|y|^d}\right| (|x-y|+1)^{\gamma} \left|\partial_n^2 \hat{K}_L(x-y)\right| dy$$

$$\leq L^{2\gamma-1}\int_{|y|\leq 2} |y|^{1-d}(|y|+1)^{\gamma} \left(L^{-d}\sum_{x\in\frac{1}{L}\mathbb{Z}^d} (|x-y|+1)^{\gamma} \left|\partial_n^2 \hat{K}_L(x-y)\right|\right) dy.$$

The Schwartz property (72) yields

$$\left(L^{-d}\sum_{x\in\frac{1}{L}\mathbb{Z}^d}(|x-y|+1)^{\gamma}\left|\partial_n^2\hat{K}_L(x-y)\right|\right)\leq C(d,\gamma,\phi),$$

and thus

[l.h.s. of (75)] 
$$\leq C(\phi)L^{2\gamma-1}\int_{|y|\leq 2}|y|^{1-d}(|y|+1)^{\gamma}\ dy \leq C(d,\gamma,\phi)\,L^{2\gamma-1},$$

which completes the argument for (75). The second term (76) is bounded similarly: by the same triangle inequality and change of variables that allowed us to arrive at (77), we obtain a bound on the l. h. s. of (76) by

$$L^{-1-d} \sum_{x \in \frac{1}{L} \mathbb{Z}^d} \int_{\mathbb{R}^d} \left| \partial_n^2 \frac{(1-\zeta_1(x-y))(x_m-y_m)}{|x-y|^d} \right| (L|x-y|+1)^{\gamma} |\hat{K}_L(y)| (L|y|+1)^{\gamma} dy.$$

We insert (73) again to obtain a bound by

$$L^{2\gamma-1} \frac{1}{L^d} \sum_{x \in \frac{1}{2} \mathbb{Z}^d} \int_{\mathbb{R}^d} \left| \partial_n^2 \frac{(1-\zeta_1(x-y))(x_m-y_m)}{|x-y|^d} \right| (|x-y|+1)^{\gamma} |\hat{K}_L(y)| (|y|+1)^{\gamma} dy.$$

This time, we use that  $\left|\partial_n^2 \left( (1 - \zeta_1(x - y))(x_m - y_m)|x - y|^{-d} \right) \right| (|x - y| + 1)^{\gamma}$  is integrable for large x - y and vanishes for  $|x - y| \le 1$ , to obtain that

$$\frac{1}{L^d} \sum_{x \in \frac{1}{T} \mathbb{Z}^d} \left| \partial_n^2 \frac{(1 - \zeta_1(x - y))(x_m - y_m)}{|x - y|^d} \right| (|x - y| + 1)^{\gamma} \le C(d, \gamma, \phi).$$

Consequently, it remains to bound

$$L^{2\gamma-1} \int_{\mathbb{R}^d} |\hat{K}_L(y)| (|y|+1)^{\gamma} dy,$$

which, thanks to (72), is clearly bounded by  $C(d, \gamma, \phi)L^{2\gamma-1}$ .

Step 4. Low frequencies – proof of (67): We assume that L is large enough, so that we can apply Lemma 7 to deduce the equivalence of the norm  $\ell^p_{\gamma}$  and  $L^p_{\gamma}$ . For brevity we set  $F = \eta_L \mathcal{F}_{dis} g$ . Equation (61) yields

$$\|\mathcal{F}^{-1}(\mathfrak{M}_T F)\|_{\ell^p_{\gamma}} \le \|\mathcal{F}^{-1}(\mathfrak{M}_T^{cont} F)\|_{\ell^p_{\gamma}} + \|\mathcal{F}^{-1}(\mathfrak{M}_T \mathfrak{M}_T^* F)\|_{\ell^p_{\gamma}}.$$
 (78)

With help of the continuum Calderòn-Zygmund estimate, cf. Proposition 2, and the equivalence of discrete and continuous norms, see Lemma 7, we get for the first term:

$$\|\mathcal{F}^{-1}(\mathfrak{M}_T^{cont}F)\|_{L^p_{\alpha}} \le C\|g\|_{\ell^p_{\alpha}}.$$

Hence, we only need to estimate the term  $\mathcal{F}^{-1}(\mathfrak{M}_T\mathfrak{M}_T^*F)$ . First we notice that by definition of F and  $\eta_L$ , we have that  $F = \eta_{L/2}F$ . Since the Fourier transform turns multiplication into convolution, we have

$$\mathcal{F}^{-1}(\mathfrak{M}_{T}\mathfrak{M}_{T}^{*}F) \stackrel{(64)}{=} \mathcal{F}^{-1}\left(\mathfrak{M}_{T}\left(\mathfrak{M}_{T}^{*} + \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}}\mathfrak{M}_{2}^{*}\right)\eta_{\frac{L}{2}}F\right) 
= (2\pi)^{d/2}\left(\mathcal{F}^{-1}\left(\mathfrak{M}_{1}^{*}\eta_{\frac{L}{2}}\right) *_{dis}\mathcal{F}^{-1}(\mathfrak{M}_{T}F) + \mathcal{F}^{-1}\left(\mathfrak{M}_{2}^{*}\eta_{\frac{L}{2}}\right) *_{dis}\mathcal{F}^{-1}\left(\frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}}\mathfrak{M}_{T}F\right)\right).$$
(79)

We estimate the right-hand side using the Young's inequality of Lemma 8. For the first term, we get

$$\|\mathcal{F}^{-1}(\mathfrak{M}_{1}^{*}\eta_{\frac{L}{2}})*_{dis}\mathcal{F}^{-1}(\mathfrak{M}_{T}F)\|_{\ell_{\gamma}^{p}} \leq \|\mathcal{F}^{-1}(\mathfrak{M}_{1}^{*}\eta_{\frac{L}{2}})\|_{\ell_{\gamma}^{1}}\|\mathcal{F}^{-1}(\mathfrak{M}_{T}F)\|_{\ell_{\gamma}^{p}},$$

and likewise for the second term:

$$\left\| \mathcal{F}^{-1} \left( \mathfrak{M}_{2}^{*} \eta_{\frac{L}{2}} \right) *_{dis} \mathcal{F}^{-1} \left( \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \mathfrak{M}_{T} F \right) \right\|_{\ell_{\gamma}^{p}} \leq \left\| \mathcal{F}^{-1} \left( \mathfrak{M}_{2}^{*} \eta_{\frac{L}{2}} \right) \right\|_{\ell_{\gamma}^{1}} \left\| \mathcal{F}^{-1} \left( \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \mathfrak{M}_{T} F \right) \right\|_{\ell_{\gamma}^{p}}.$$

In both cases, the first term is bounded by (69), see Step 3. Hence, we have shown

$$\left\| \mathcal{F}^{-1} \left( \mathfrak{M}_{1}^{*} \eta_{\frac{L}{2}} \right) *_{dis} \mathcal{F}^{-1} \left( \mathfrak{M}_{T} F \right) \right\|_{\ell_{\gamma}^{p}} \leq C L^{2\gamma - 1} \left\| \mathcal{F}^{-1} \left( \mathfrak{M}_{T} F \right) \right\|_{\ell_{\gamma}^{p}}, \tag{80}$$

$$\left\| \mathcal{F}^{-1} \left( \mathfrak{M}_{2}^{*} \eta_{\frac{L}{2}} \right) *_{dis} \mathcal{F}^{-1} \left( \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \mathfrak{M}_{T} F \right) \right\|_{\ell_{\gamma}^{p}} \leq C L^{2\gamma - 1} \left\| \mathcal{F}^{-1} \left( \frac{|\xi|^{2}}{\frac{1}{T} + |\xi|^{2}} \mathfrak{M}_{T} F \right) \right\|_{\ell_{\gamma}^{p}}. \tag{81}$$

We may use the equivalence of norms for band-restricted functions, cf. Lemma 7, and then write the last term as another convolution to obtain that

$$\left\| \mathcal{F}^{-1} \left( \frac{|\xi|^2}{\frac{1}{T} + |\xi|^2} \mathfrak{M}_T F \right) \right\|_{\ell^p_{\gamma}} \leq C \left\| \mathcal{F}^{-1} \left( \frac{|\xi|^2}{\frac{1}{T} + |\xi|^2} \right) * \mathcal{F}^{-1} \left( \mathfrak{M}_T F \right) \right\|_{L^p_{\gamma}}$$

$$\leq C \left\| \mathcal{F}^{-1} \left( \mathfrak{M}_T F \right) \right\|_{L^p_{\gamma}},$$

where for the second inequality we used the continuum Calderón-Zygmund estimate with Muckenhoupt weights for the Fourier-multiplier  $|\xi|^2/(\frac{1}{T}+|\xi|^2)$  which follows from Proposition 2. Combining (79), (80) and (81) and using the equivalence of norms yet again, we arrive at

$$\|\mathcal{F}^{-1}(\mathfrak{M}_{T}\mathfrak{M}_{T}^{*}F)\|_{\ell_{\gamma}^{p}} \leq CL^{2\gamma-1}\|\mathcal{F}^{-1}(\mathfrak{M}_{T}F)\|_{L_{\gamma}^{p}} \leq CL^{2\gamma-1}\|\mathcal{F}^{-1}(\mathfrak{M}_{T}F)\|_{\ell_{\gamma}^{p}}.$$

Hence, for L sufficiently large the right-hand side may be absorbed into the left-hand side of (78), and (67) follows.

**Step 5**. High frequencies – proof of (68): By the weighted convolution estimate of Lemma 8, we have that

$$\|\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi\mathcal{F}_{dis}g)\|_{\ell_{\gamma}^{p}} = \|\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi) *_{dist} \mathcal{F}^{-1}(\chi\mathcal{F}_{dis}g)\|_{\ell_{\gamma}^{p}} \\ \leq \|\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi)\|_{\ell_{\gamma}^{1}} \|\mathcal{F}^{-1}(\chi\mathcal{F}_{dis}g)\|_{\ell_{\gamma}^{p}}.$$

where we haved used that  $\chi^2 = \chi$  by definition. By the Fourier inversion formula (56), the right-hand side equals  $\|\mathcal{F}^{-1}(\mathfrak{M}_T(1-\eta_L)\chi)\|_{\ell^1_{\gamma}}\|g\|_{\ell^p_{\gamma}}$  whereof we just need to estimate the first term. We have that

$$\begin{split} \|\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi)\|_{\ell_{\gamma}^{1}} &= \sum_{x \in \mathbb{Z}^{d}} |\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi)(x)|(1+|x|)^{\gamma} \\ &= \sum_{x \in \mathbb{Z}^{d}} |\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi)(x)|(1+|x|)^{\gamma+2d}(1+|x|)^{-2d} \\ &\leq C \sup_{x \in \mathbb{Z}^{d}} |\mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi)(x)(1+|x|)^{\gamma+2d}|. \end{split}$$

We rewrite this result using the definition of the Fourier transform and integration by parts. Let  $x \in \mathbb{Z}^d$  and let  $\alpha \in \mathbb{N}^d$  be an arbitrary multi-index such that  $|\alpha| \geq \gamma + 2d$ . Then we have that:

$$x^{2\alpha} \mathcal{F}^{-1}(\mathfrak{M}_{T}(1-\eta_{L})\chi)(x) = (2\pi)^{-d} \int_{(-\pi,\pi)^{d}} \mathfrak{M}_{T}(\xi)(1-\eta_{L})(\xi) x^{2\alpha} e^{i\xi \cdot x} d\xi$$

$$= (2\pi)^{-d} \int_{(-\pi,\pi)^{d}} \mathfrak{M}_{T}(\xi)(1-\eta_{L})(\xi) i^{2|\alpha|} \partial_{\xi}^{2\alpha} e^{i\xi \cdot x} d\xi$$

$$= (2\pi)^{-d} \int_{(-\pi,\pi)^{d}} i^{2|\alpha|} \partial_{\xi}^{2\alpha} (\mathfrak{M}_{T}(1-\eta_{L}))(\xi) e^{i\xi \cdot x} d\xi.$$

For the integration by parts when passing from the second to third lines of the last identity, we used that  $\mathfrak{M}_T(\xi)(1-\eta_L(\xi))$  and  $\exp(i\xi \cdot x)$  are  $(-\pi,\pi)^d$ -periodic function of  $\xi$ . It remains to argue that the latter integral is bounded by a constant  $C(L,\alpha)$ . The main difficulty lies in checking that the estimate is uniform in  $T \geq 1$ . Since the integral over the Brillouin zone is finite, it suffices to show that

$$\sup_{\xi \in (-\pi,\pi)^d \setminus (-\frac{1}{L},\frac{1}{L})^d} |\partial_{\xi}^{\alpha} \mathfrak{M}_T(\xi)| \le C(L,\alpha)$$
(82)

for all multi-indices  $\alpha \in \mathbb{N}^d$ . Note that

$$\mathfrak{M}_{T}(\xi) = \frac{\sum_{j=1}^{d} |\exp(i\xi_{j}) - 1|^{2}}{\frac{1}{T} + \sum_{j=1}^{d} |\exp(i\xi_{j}) - 1|^{2}} \mathfrak{M}_{0}(\xi)$$

and  $\mathfrak{M}_0$  is smooth away from the origin so that

$$\sup_{\xi \in (-\pi,\pi)^d \setminus (-\frac{1}{L},\frac{1}{L})^d} |\partial_{\xi}^{\alpha} \mathfrak{M}_0(\xi)| \le C(L,\alpha)$$

for all multi-indices  $\alpha \in \mathbb{N}^d$ . Furthermore, we have that

$$\sup_{\xi \in (-\pi,\pi)^d \setminus (-\frac{1}{L},\frac{1}{L})^d} \frac{1}{\frac{1}{T} + \sum_{j=1}^d |\exp(i\xi_j) - 1|^2} \le C(d,L)$$

and

$$\partial_{\xi}^{\alpha} \left( \frac{\sum_{j=1}^{d} |\exp(i\xi_{j}) - 1|^{2}}{\frac{1}{T} + \sum_{j=1}^{d} |\exp(i\xi_{j}) - 1|^{2}} \right) = \frac{\phi(\xi)}{(\frac{1}{T} + \sum_{j=1}^{d} |\exp(i\xi_{j}) - 1|^{2})^{k}}$$

for some (generic) smooth function  $\phi$  and some  $k \geq 0$ , both depending only on the multi-index  $\alpha$  and d. Hence we have that

$$\sup_{\xi \in (-\pi,\pi)^d \setminus (-\frac{1}{L},\frac{1}{L})^d} \left| \partial_{\xi}^{\alpha} \left( \frac{\sum_{j=1}^d |\exp(i\xi_j) - 1|^2}{\frac{1}{T} + \sum_{j=1}^d |\exp(i\xi_j) - 1|^2} \right) \right| \le C(L,\alpha).$$

Since  $\alpha$  was arbitrary, estimate (82) follows from the Leibniz rule.

Proof of Lemma 8. First we write |f(x-y)g(y)| as

$$|f(x-y)g(y)| = \underbrace{|f(x-y)|^{\frac{q}{p}}|g(y)|^{\frac{r}{p}}}_{I} \underbrace{|f(x-y)|^{1-\frac{q}{p}}}_{II} \underbrace{|g(y)|^{1-\frac{r}{p}}}_{III}$$

and apply a Hölder inequality to the terms I,II and III with exponents  $p,\frac{pq}{p-q},\frac{pr}{p-r}$  to obtain:

$$\sum_{y \in \mathbb{Z}^d} f(x - y) g(y) \le \left( \sum_{y \in \mathbb{Z}^d} |f(x - y)|^q |g(y)|^r \right)^{\frac{1}{p}} \left( \sum_{y \in \mathbb{Z}^d} |f(x - y)|^q \right)^{\frac{1}{q} - \frac{1}{p}} \left( \sum_{y \in \mathbb{Z}^d} |g(y)|^r \right)^{\frac{1}{r} - \frac{1}{p}}.$$

Therefore

$$\sum_{x \in \mathbb{Z}^d} \left| \sum_{y \in \mathbb{Z}^d} f(x - y) g(y) \right|^p w(x) \le \left( \sum_{x, y \in \mathbb{Z}^d} |f(x - y)|^q |g(y)|^r w(x) \right) ||f||_{\ell^q}^{p-q} ||g||_{\ell^r}^{p-r} \\
\le \left( ||f||_{\ell^q_w}^q ||g||_{\ell^r_w}^r \right) ||f||_{\ell^q_w}^{p-q} ||g||_{\ell^r_w}^{p-r} \\
= ||f||_{\ell^{p-q}}^p ||g||_{\ell^r}^p,$$

where in the second inequality we used the assumption (59).

*Proof of Lemma 7.* For convenience we set  $Q := (-\frac{1}{2}, \frac{1}{2})^d$  and without loss of generality we assume that  $L \ge 1$ .

Step 1. We claim that for all  $z \in \mathbb{Z}^d$  and  $1 \le p < \infty$  we have

$$\sup_{x \in (z+Q)} |g(x)| \le C(d,p) ||g||_{L^p(z+Q)}, \tag{83}$$

$$||g||_{L^p(z+Q)} \le C(d,p) \left( |g(z)| + L^{-1} ||g||_{L^p(z+Q)} \right).$$
 (84)

By translation invariance it suffices to consider z = 0. Thanks to the Sobolev embedding of  $W^{n,p}(Q)$  into  $L^{\infty}(Q)$  for n > d, we get

$$\sup_{x \in Q} |g(x)| \le C(d, n, p) \|g\|_{L^p(Q)} + \|\nabla^n g\|_{L^p(Q)}.$$
(85)

We argue that the band restriction implies for all  $n \geq 1$  that

$$\|\nabla^n g\|_{L^p(Q)} \le C(d, n) L^{-n} \|g\|_{L^p(Q)},\tag{86}$$

which combined with (85) and  $L \ge 1$  yields (83).

Estimate (86) can be seen as follows: Recall that  $g = \mathcal{F}^{-1}F$  where F is supported in  $[-\frac{1}{L}, \frac{1}{L}]$ . Let  $\eta_1$  denote a smooth cutoff function that is one in  $[-1, 1]^d$  and compactly supported in  $(-2, 2)^d$ , say. Let  $\phi_1 := \mathcal{F}^{-1}\eta_1$  and note that for all L > 0 we have

$$(\mathcal{F}^{-1}\eta_L)(x) = \phi_L$$
 where  $\eta_L(\xi) := \eta_1(L\xi)$  and  $\phi_L(x) := L^{-d}\phi_1(\frac{x}{L})$ .

In view of the band restriction of F and its definition we have  $g = \mathcal{F}^{-1}F = \mathcal{F}^{-1}(\eta_L F) = (2\pi)^{\frac{d}{2}}\mathcal{F}^{-1}\eta_L * \mathcal{F}^{-1}F = \phi_L * g$ . We thus obtain the representation  $\nabla^n g = \nabla^n(\phi_L * g) = (\nabla^n \phi_L) * g$  with  $\nabla^n \phi_L(x) = L^{-n} \frac{1}{L^d} \nabla^n \phi_1(\frac{x}{L})$ , which yields the inequality

$$\|\nabla^n g\|_{L^p} \le \|\nabla^n \phi_L\|_{L^1} \|g\|_{L^p} = L^{-n} \|\nabla^n \phi_1\|_{L^1} \|g\|_{L^p},$$

and thus the estimate (86), since  $\phi_1$  is a Schwartz function that can be chosen only depending on d.

Estimate (84) may be seen as follows: A simple application of the mean-value theorem yields

$$\left( \int_{Q} |g(x) - g(0)|^{p} dx \right)^{\frac{1}{p}} \le C(d, p) \sup_{x \in Q} |\nabla g(x)|.$$

Then the Sobolev embedding (85) with g replaced by  $\nabla g$  yields

$$\left( \int_{Q} |g(x) - g(0)|^{p} dx \right)^{\frac{1}{p}} \le C(d, n, p) \|\nabla g\|_{L^{p}(Q)} + \|\nabla^{n+1} g\|_{L^{p}(Q)}.$$

Finally, we insert estimate (86) (with n replaced by n+1) to obtain that

$$\left(\int_{Q} |g(x) - g(0)|^{p} dx\right)^{\frac{1}{p}} \le C(d, n, p)(L^{-1} + L^{-(n+1)}) ||g||_{L^{p}(Q)},$$

which easily turns into the desired estimate (84) at z=0.

**Step 2.** We claim that there exists  $L_0 = L_0(d, p)$  such that for all  $L \geq L_0$  and  $z \in \mathbb{Z}^d$  we have

$$\frac{1}{C(d, p, \gamma)} |g(z)|^p (|z| + 1)^{\gamma} \le \int_{z+Q} |g(x)|^p (|x| + 1)^{\gamma} dx \le C(d, p, \gamma) |g(z)|^p (|z| + 1)^{\gamma}.$$
(87)

For the argument first note that for all  $z \in \mathbb{Z}^d$  and  $x \in z + Q$  we have

$$(|z|+1)^{\gamma} \le C(d,\gamma)(|x|+1)^{\gamma}$$
 and  $(|x|+1)^{\gamma} \le C(d,\gamma)(|z|+1)^{\gamma}$ . (88)

Indeed, since  $\max_{y \in Q} |y| + 1 = \frac{1}{2}\sqrt{d} + 1$  we have that

$$(|z|+1)^{\gamma} \le (|x|+|z-x|+1)^{\gamma} \le (|x|+\frac{1}{2}\sqrt{d}+1)^{\gamma} \le (\frac{1}{2}\sqrt{d}+1)^{\gamma}(|x|+1)^{\gamma},$$

and

$$(|x|+1)^{\gamma} \le (|z|+|x-z|+1)^{\gamma} \le (\frac{1}{2}\sqrt{d}+1)^{\gamma}(|z|+1)^{\gamma}.$$

Hence the result (83) of Step 1 yields

$$|g(z)|^p(|z|+1)^\gamma \le \left(\sup_{x \in z+Q} |g(x)|\right)^p (|z|+1)^\gamma \le C(d,p) \int_{z+Q} |g(x)|^p (|z|+1)^\gamma dx$$

Estimate (88) thus yields the desired first inequality

$$|g(z)|^p(|z|+1)^\gamma \le C(d,p,\gamma) \int_{z+Q} |g(x)|^p(|x|+1)^\gamma dx.$$

For the second estimate in (87), we note that, by absorption, (84) implies existence of  $L_0 = L_0(d, p)$  such that

$$\int_{z+Q} |g(x)|^p dx \le C(d,p)|g(z)|^p$$

for all  $L \geq L_0$ . Hence another application of (88) yields as desired

$$\int_{z+Q} |g(x)|^p (|x|+1)^{\gamma} dx \le C(d,\gamma) \int_{z+Q} |g(x)|^p dx \ (|z|+1)^{\gamma} \le C(d,p,\gamma) |g(z)|^p (|z|+1)^{\gamma}$$

for all  $L \geq L_0$ .

**Step 3.** Conclusion: The estimate  $||g||_{L^p_{\gamma}}^p \leq C(d, p, \gamma)||g||_{\ell^p_{\gamma}}^p$  follows from the second part of (87) by summation in  $z \in \mathbb{Z}^d$ . For the opposite inequality, estimate (83) and Hölder's inequality yield

$$\frac{1}{C(d,q)}|g(0)|^p \leq \left(\int_{\mathcal{Q}} |g|^q \, dx\right)^{\frac{p}{q}} \leq \left(\int_{\mathcal{Q}} |g|^p |x|^{\gamma} \, dx\right) \left(\int_{\mathcal{Q}} |x|^{-\frac{q}{p-q}\gamma} \, dx\right)^{\frac{p-q}{p}}$$

for all  $1 \le q < p$ . Thanks to the assumption  $0 \le \gamma < d(p-1)$ , we can find  $1 \le q < p$  such that the second integral on the right-hand side is finite, so that

$$|g(0)|^p \le C(d, p, \gamma) \int_{\Omega} |g(x)|^p |x|^{\gamma} dx.$$
 (89)

(Note that this is the only place where the upper bound on  $\gamma$  is required.) We conclude by (89) and (87) that

$$\begin{split} \|g\|_{\ell_{\gamma}^{p}}^{p} &= \sum_{z \in \mathbb{Z}^{d}} |g(z)|(|z|+1)^{\gamma} = |g(0)| + \sum_{z \in \mathbb{Z}^{d} \setminus \{0\}} |g(z)|^{p} (|z|+1)^{\gamma} \\ &\leq C(d,p,\gamma) \left( \int_{Q} |g(x)|^{p} |x|^{\gamma} \, dx + \int_{\mathbb{R}^{d} \setminus Q} |g(x)|^{p} (|x|+1)^{\gamma} \right) \\ &\leq C(d,p,\gamma) \int_{\mathbb{R}^{d}} |g(x)|^{p} |x|^{\gamma} \, dx, \end{split}$$

where in the last line we have used that  $|x| + 1 \le 3|x|$  for all  $|x| \ge \frac{1}{2}$ .

# A Proof of Lemma 1

Thanks to the shift-invariance  $G_T(a; x, y) = G_T(a(\cdot + y); x - y, 0)$ , it suffices to prove the estimate for y = 0. We set for brevity

$$G(x) := G_T(a; x, 0)$$

and recall that G is the unique solution in  $\ell^2(\mathbb{Z}^d)$  to

$$\frac{1}{T}G + \nabla^*(a\nabla G) = \delta. \tag{90}$$

By discreteness and the standard energy estimate, we have

$$\frac{1}{T}|G(0)|^2 \le \frac{1}{T} \sum_{x} |G(x)|^2 + \lambda \sum_{x} |\nabla G(x)|^2 \le G(0).$$

Hence,  $0 \le G(0) \le T$  and we have that

$$\sum_{x} \left( |G(x)|^2 + |\nabla G(x)|^2 \right) \le C(T, \lambda). \tag{91}$$

Formally we may upgrade (90) to the statement of Lemma 1 by testing the equation with  $e^{\frac{\delta}{2}|x|}G(x)$ . Since that is not an admissible  $\ell^2(\mathbb{Z}^d)$  test function, we appeal to an approximation of the form  $\zeta G$  where

$$\zeta(x) := \eta(x)e^{\delta g(x)},\tag{92}$$

and  $\eta, g: \mathbb{Z}^d \to \mathbb{R}$  are bounded, compactly supported and non-negative functions, and g mimics the behavior of the linearly growing function  $x \mapsto \frac{|x|}{2}$ . The truncation via  $\eta$  and the discrete Leibniz rule introduce error terms. In order to treat these terms in a convenient way, we will appeal to test functions  $\eta$  and g that additionally satisfy the following property:

$$\nabla_i \eta(x) \neq 0 \implies g(x) = g(x + e_i) = 0 \text{ for all } i = 1, \dots, d \text{ and } x \in \mathbb{Z}^d.$$
 (93)

After these remarks we turn to the proof of (91). We first establish a chain rule inequality for test functions in the form of (92) assuming (93). In Step 2 we test (90) by  $G\zeta$ , and finally in Step 3 we conclude by explicitly defining a sequence of test functions approaching  $e^{\frac{\delta}{2}|x|}$ .

**Step 1.** Choice of test functions: For an arbitrary parameter  $R \geq 3$ , say, we first construct the appropriate test functions  $\eta$  and g. Let

(a)  $\eta: \mathbb{R}^d \to \mathbb{R}$  be a smooth function satisfying

$$\eta(x) = \begin{cases} 1 & \text{if } |x| \in [0, R], \\ 0 & \text{if } |x| \in [R+1, \infty), \end{cases} \text{ such that } |\nabla \eta| \le 2,$$

(b) and  $g: \mathbb{R}^d \to \mathbb{R}$  be a smooth function satisfying

$$g(x) = \begin{cases} \frac{x}{2} & \text{if } |x| \in [0, \frac{R}{2}], \\ 0 & \text{if } |x| \in [R-1, \infty), \end{cases} \text{ such that } |\nabla g| \le 2.$$

Furthermore we define  $\zeta$  through (92). By construction  $\eta$  and g satisfy (93) and there exists a constant C = C(d) > 0 independent of R such that

$$\|\nabla \eta\|_{\ell^{\infty}(\mathbb{Z}^d)} + \|\nabla g\|_{\ell^{\infty}(\mathbb{Z}^d)} \le C(d). \tag{94}$$

Thus we have that

$$|\nabla_i \zeta(x)| \le C(d) \Big( \min\{|\zeta(x)|, |\zeta(x+e_i)|\} \delta + 1 \Big), \tag{95}$$

Indeed, this is seen by writing  $|\nabla_i \zeta|$  in the following two equivalent forms: On the one hand, an application of the discrete Leibniz rule

$$\nabla_i(fg)(x) = \nabla_i f(x)g(x) + f(x+e_i)\nabla_i g(x)$$

yields

$$\nabla_{i}\zeta(x) = \eta(x+e_{i})e^{\delta g(x+e_{i})} - \eta(x)e^{\delta g(x)}$$

$$= \eta(x+e_{i})(e^{\delta g(x+e_{i})} - e^{\delta g(x)}) + (\eta(x+e_{i}) - \eta(x))e^{\delta g(x)}$$

$$= \eta(x+e_{i})e^{\delta g(x+e_{i})}(1-e^{-\delta\nabla_{i}g(x)}) + \nabla_{i}\eta(x),$$

since  $(\eta(x+e_i)-\eta(x))e^{\delta g(x)}=\nabla_i\eta(x)$  by (93). On the other hand, a similar calculation yields

$$\nabla_i \zeta(x) = \eta(x) \nabla_i (e^{\delta g(x)}) + \nabla_i \eta(x) e^{\delta g(x+e_i)}$$
$$= \zeta(x) (e^{\delta \nabla_i g(x)} - 1) + \nabla_i \eta(x).$$

Therefore (95) follows from (94).

**Step 2**. Testing the equation with  $\zeta$ : We claim that there exists  $\delta = \delta(d, \lambda, T) > 0$  such that

$$\sum_{x} |\zeta(x)|^2 (|G(x)|^2 + |\nabla G(x)|^2) \le C(d, \lambda, T) \Big( G(0) + \sum_{x} (|G(x)|^2 + |\nabla G(x)|^2) \Big). \tag{96}$$

for all  $R \geq 3$ , say. Our argument is as follows: The discrete Leibniz rule yields

$$|\zeta(x)|^2 \nabla_i G(x) = \nabla_i (\zeta^2 G)(x) - G(x + e_i) \nabla_i (\zeta^2 (x))$$

$$= \nabla_i (\zeta^2 G)(x) - G(x + e_i) \nabla_i \zeta(x) (\zeta(x) + \zeta(x + e_i))$$

$$= \nabla_i (\zeta^2 G)(x) - G(x + e_i) \nabla_i \zeta(x) (2\zeta(x) + \nabla_i \zeta(x)).$$

Together with ellipticity of a, cf. (2), we obtain that

$$\frac{1}{T} \sum_{x} |G(x)|^{2} |\zeta(x)|^{2} + \lambda \sum_{x} |\zeta(x)|^{2} |\nabla G(x)|^{2} 
\leq \frac{1}{T} \sum_{x} |G(x)|^{2} |\zeta(x)|^{2} + \sum_{x} |\zeta(x)|^{2} \nabla G(x) \cdot a(x) \nabla G(x) 
= \frac{1}{T} \sum_{x} |G(x)|^{2} |\zeta(x)|^{2} + \sum_{x} \nabla(\zeta^{2}G)(x) \cdot a(x) \nabla G(x) 
- \sum_{x,i,j} G(x + e_{i}) \nabla_{i} \zeta(x) (2\zeta(x) + \nabla_{i} \zeta(x)) a_{ij}(x) \nabla_{j} G(x).$$

By the defining equation (90) for G, the second-to-last line equals  $G(0)|\zeta(0)|^2 = G(0)$  (for the choice of test function in Step 1). Therefore Young's inequality and  $|a| \le 1$  yield

$$\frac{1}{T} \sum_{x} |G(x)|^{2} |\zeta(x)|^{2} + \lambda \sum_{x} |\zeta(x)|^{2} |\nabla G(x)|^{2} 
\leq G(0) + \frac{1}{2\epsilon} \sum_{x,i} |G(x+e_{i})|^{2} |\nabla_{i}\zeta(x)|^{2} + \epsilon \sum_{x,i} (2|\zeta(x)|^{2} + |\nabla_{i}\zeta(x)|^{2}) |\nabla_{i}G(x)|^{2}$$
(97)

for all  $\epsilon > 0$ . The gradient estimate (95) of the test function  $\zeta$  yields

$$\sum_{x,i} |G(x+e_i)|^2 |\nabla_i \zeta(x)|^2 \le C(d) \left( \delta \sum_x |G(x)|^2 |\zeta(x)|^2 + \sum_x |G(x)|^2 \right),$$

as well as

$$\sum_{x} |\nabla_i \zeta(x)|^2 |\nabla_i G(x)|^2 \le C(d) \left( \delta \sum_{x} |\nabla G(x)|^2 |\zeta(x)|^2 + \sum_{x} |\nabla G(x)|^2 \right).$$

Inserting the last two estimates into (97) yields

$$\frac{1}{T} \sum_{x} |G(x)|^{2} |\zeta(x)|^{2} + \lambda \sum_{x} |\zeta(x)|^{2} |\nabla G(x)|^{2} 
\leq G(0) + \left(\frac{C(d)\delta}{2\epsilon} + 2\epsilon\right) \sum_{x} |\zeta(x)|^{2} \left(|\nabla G(x)|^{2} + |G(x)|^{2}\right) 
+ C(d) \left(\frac{1}{2\epsilon} + \epsilon\right) \sum_{x} \left(|\nabla G(x)|^{2} + |G(x)|^{2}\right)$$

for all  $\epsilon, \delta > 0$ . An appropriate choice of  $\epsilon$  and  $\delta$ , for instance  $\epsilon = \sqrt{\delta}$  with  $\delta = \delta(d, \lambda, T)$  small enough, allows us to absorb the sums involving  $\zeta$  on the left-hand side and we obtain (96).

Step 3. Conclusion: We substitute the definition (92) into (96) and recall the construction of  $\eta$  and g in Step 1 to obtain that

$$\sum_{x \in \mathbb{Z}^d: |x| \leq \frac{R}{2}} (|G(x)|^2 + |\nabla G(x)|^2) e^{\delta(d,\lambda,T)|x|} \leq C(d,\lambda,T) \Big( G(0) + \sum_{x \in \mathbb{Z}^d} (|G(x)|^2 + |\nabla G(x)|^2) \Big).$$

for all  $R \geq 3$ . By (91), the right-hand side is bounded by  $C(d, \lambda, T)$  and therefore the claim follows upon letting  $R \uparrow \infty$ .

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